

June 24, 2016

## **NOTICE TO ENROLLEES IN THE SOUTHERN UTAH UNIVERSITY SELF-FUNDED EMPLOYEE MEDICAL BENEFIT PLANS**

***This notice is required by federal law. There is no change in the mental health or substance use disorder benefits under the University's plan for the Plan Year from July 1, 2016 – June 30, 2017.***

Dear SUU Employee:

This is to notify you that Southern Utah University (SUU), a Utah state government agency, has elected to exempt the Southern Utah University Self-Funded Employee Medical Benefit Plans from certain requirements federal law imposes upon group health plans. Federal law allows the plan sponsor of a self-funded, non-federal governmental plan the right to exempt the plan in whole, or in part, from certain requirements. SUU has elected to exempt the Southern Utah University Employee Medical plans from protections against having benefits for mental health and substance use disorders be subject to more restrictions than apply to medical and surgical benefits covered by the plan, commonly referred to under the Mental Health Parity and Addiction Equity Act.

This exemption will not affect or alter existing coverage for mental health or substance use disorder services and these plan benefits will remain the same for the 2016-2017 plan year. This election may be renewed for subsequent plan years.