

Dear Parents,

It's that time of year again when everyone seems to get sick. In order to help prevent spreading all these not-so-fun germs, please help us by reading and following the indicators below:

Temp of 99 degrees or more
Nausea, vomiting, or severe stomach pain
Diarrhea, frequent, loose or watery stools
Earache
Sore throat, acute cold or persistent cough
Head or body lice
Red, inflamed or infected eye(s) (i.e. Pink eye, etc)
Swollen glands around the jaws, eyes or neck
Skin rashes or sores
Any skin lesion in the weeping stage
Unusual drowsiness or tiredness
Persistent, green or yellow nasal discharge
Any other symptoms suggesting acute illness



If your child shows any of these signs or symptoms during class, you will be notified to take your child home. If a parent cannot be reached, the child will rest away from the other children until someone can come to take the child home.

If a child has been diagnosed with a serious communicable illness, please notify the teachers so that they can communicate this to the other parents.

We hope that by following these signs and symptoms and keeping your sick child at home, we can stop the spread of viruses and illness to other families.

Thanks for helping us stay healthy!



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Health Services Manager
SUU Head Start