

SOUTHERN UTAH UNIVERSITY
College of Science
Department of Agriculture & Nutrition Science
Bachelor of Science Degree in Human Nutrition

THIS IS NOT A COMPOSITE MAJOR; A MINOR IS REQUIRED. (Suggested minors are Chemistry or Biology)

See appropriate SUU catalog for General Education requirements.						
Required General Education course:						
**	NFS	1020	Scientific Foundations of Human Nutrition	FSM	3	To be taken freshman year. A minimum grade of 'C'.
**	MATH	1050	College Algebra	FSM	4	A minimum grade of 'C'
**	CHEM	1210/15	Chemical Principles I/Lab	FM	5	Two years of H.S. algebra or Math 1050, or H.S. Chemistry.
Human Nutrition Core:						
				Semester	Credits	Prerequisites
	NFS	1240/41	Culinary Arts/Lab	S	3	
	NFS	2020	Nutrition in the Lifecycle	FSM	3	NFS 1020
	NFS	3020	Nutrition as Related to Fitness and Sports	FS	3	NFS 1020
	NFS	4020	Advanced Human Nutrition	S	3	NFS 1020, 2020, CHEM 1120/1125 or CHEM 1220/1225. Recommended BIOL 2420/2425
	NFS	4200/10	Food Science/Lab	F	5	NFS 1240/1241, CHEM 1110/1115 and CHEM 1120/1125 or CHEM 1210/1215 and CHEM 1220/1225
	NFS	4480	Community Nutrition	F	3	NFS 1020, 2020
	NFS	4850	Undergraduate Research	FS	2	NFS 2020 (register for 1 credit fall and 1 credit spring)
	NFS	4950	Senior Seminar	F	1	NFS 2020 and senior status
Sub-Total					23	
Electives: Select a minimum of 18 hours from the following list; credits cannot be duplicated in a minor						
**	BIOL	1610/15	General Biology I/Lab	FS	4	High School biology and chemistry courses, or an ACT Science score of 23, or C- or above in BIOL 1010 and CHEM 1010 or BIOL 1620
**	BIOL	1620/25	General Biology II/ Lab	FSM	4	BIOL 1610/1615
**	BIOL	2060/65	Microbiology/Lab	FSM	4	
**	BIOL	2320/25	Human Anatomy/Lab	FSM	4	
**	BIOL	2420/25	Human Physiology/Lab	FSM	4	BIOL 1610/1615
	BIOL	3050	Biomedical Ethics	S	2	
**	CHEM	1210/15	Chemical Principles I/Lab	FM	5	Two years of H.S. algebra or Math 1050, or H.S. Chemistry.
	CHEM	1220/25	Chemical Principles II/Lab	SM	5	A minimum grade of 'C' in CHEM 1210
	CHEM	2310/15	Organic Chemistry I/Lab	FM	5	A minimum grade of 'C' in CHEM 1210
**	CHEM	2320/25	Organic Chemistry II/Lab	SM	5	A minimum grade of 'C' in CHEM 1220
**	CHEM	4110	Biochemistry I	F	4	A minimum grade of 'C' in CHEM 2320 and BIOL 1610/1615 or 1620/1625
	CHEM	4120	Biochemistry II	S	4	A minimum grade of 'C' in CHEM 4110
**	MATH	1040	Introduction to Statistics	FSM	4	A Math ACT of 23, a grade of C or better in MATH 1010 or equiv., fundamental computer skills recommended
	PE	3070	Exercise Physiology	FS	3	BIOL 2420/2425
	SOC	4100	Sociology of Health & Medicine	S (every other)	3	SOC 1010 or SOC 1020
Sub-Total					18	
TOTAL					41	

NOTE: A minimum grade of "C" is required in the core and specialization classes, a minimum of 40 upper division credits are required for BA/BS degrees, and a minimum of 12 hours math or science.

** Courses that may be taken as GE

► Please consult with either an advisor or appropriate faculty member. Those students considering graduate school, an R.D. program, or any additional nutrition courses should enroll in the higher-level CHEM classes.