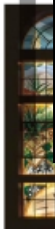


# International Student Guide



## **Contents:**

1. Welcome and Important Contacts (p. 2)
2. Information on Southern Utah University and Cedar City, Utah (p. 3)
3. Leisure (p. 6)
3. Important Dates and Deadlines (p. 7)
4. Accommodations (p. 8)
5. Estimated Costs (p. 9)
6. Course Organization and Grading System (p. 10)
7. Programs and Degrees (p. 11)
8. Application and Registration procedures (p. 14)
9. Useful Information from A to Z (p. 15)
10. Forms (p. 18)
  - Application for Exchange
  - Housing Application

Dear student,

Welcome to Southern Utah University! We're happy and excited that you've decided to study with us. To prepare for your study at SUU, we encourage you to read this guide and follow its advice. This will make your transition easier and your stay more enjoyable!

We want you to have the best experience possible while you are here, and we will do our best to accommodate your needs. While we can't promise everything will be perfect, we believe if you are well-prepared for your stay and have the right attitude, you will make new friends, have a lot of fun and gain insight into yourself, your education, and our global world, just as other international students who've come before you have.

Please contact us if you have any questions or concerns that weren't addressed in this manual.

We look forward to seeing you soon!

SUU Office of International Programs

## **Important Contacts:**

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Director of International Programs  
Phone: 1-435-586-1995  
Fax: 1-435-865-8087  
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Tessa McNeel  
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Email: mcneelt@suu.edu

Address:  
HCC 103  
Southern Utah University  
351 W. University Blvd.  
Cedar City, UT 84720  
USA

Websites:

International Students-	<a href="http://www.suu.edu/scps/studyabroad/international.html">www.suu.edu/scps/studyabroad/international.html</a>
General SUU Information-	<a href="http://www.suu.edu">www.suu.edu</a>
Class Schedules-	<a href="http://www.suu.edu/curstu">www.suu.edu/curstu</a> and click on "class schedules"
Information on Cedar City-	<a href="http://www.cedarcity.org">www.cedarcity.org</a>

## About Southern Utah University and Cedar City, Utah

Southern Utah University is a comprehensive public institution established in 1898. It provides approximately 7000 students with an undergraduate liberal education in the arts, humanities and sciences, as well as in the professional fields of teacher education, business, nursing, and applied engineering. SUU also has master's degrees in accounting, business, communication, education, fine arts, and forensic science. An extensive continuing education program is also offered. For additional information about the University, please visit its web site: [www.suu.edu](http://www.suu.edu).

The 130-acre campus has 74 buildings, including ivy-covered Old Main, constructed in 1898, and a number of modern classroom, business, special events, and student center buildings.

From the time of its founding, SUU has placed students first by featuring personalized and participative classes, combined with competent, qualified and supportive faculty, staff and administration. Our classes are small in number, which enable our faculty to offer students individual attention and allow each student the opportunity to fully participate in discussions and activities. We've received national recognition from Consumer Reports and the Princeton Review as a top quality university for both value and education, and most of our programs have been nationally and some internationally accredited by the most prestigious accreditation agencies.

SUU in Cedar City is located in the heart of Southern Utah, within a few hours drive of several national parks, including the Grand Canyon, Zion National Park, and Bryce Canyon National Park. Our location is ideal for outdoor sports and activities, including hiking, biking, snowboarding and just about anything else you can think of to do outside.

SUU and Cedar City host a variety of cultural activities. We are home to the Tony-Award-Winning Utah Shakespearean Festival where you can take in Shakespearean plays, musicals, comedies and tragedies all during the summer and fall. Throughout the year you can enjoy concerts by orchestras and choirs, participate in fairs and community events and join other SUU students in the variety of campus activities offered by the student association.

If you get the urge to travel, we are just a 2 ½ hours drive from Las Vegas, Nevada and a 3 ½ hours drive from Salt Lake City, Utah where the 2002 winter Olympics were held. There is also a regional airport that serves as an affordable gateway to travel all over the nation.

## How to Get to Cedar City

**By Air:** The easiest way to get to Cedar City is to fly directly here, either from Las Vegas, Nevada or Phoenix, Arizona. We can pick you up from the airport and drive you directly to your lodgings. Let us know the day and time of your arrival, and your flight number. Flights DEPART daily from Phoenix at 8:45 and 11:45, and DEPART Las Vegas daily at 9:30 and 18:15.

## Campus Information

Most departments and offices on campus are open Monday-Friday from 8:00 AM – 5:00 PM.

The Library is open:   Monday-Thursday from 7:00 AM – 11:00 PM  
                                  Friday from 7:00 AM – 7:00 PM  
                                  Saturday from 11:00 AM – 7:00 PM  
                                  Sunday from 2:00 PM – 10:00 PM

Upon your arrival (or as soon as possible after, in the case of a late arrival), the Office of International Programs will conduct an orientation session with you. Among other information, you will be given a tour of campus and shown where your classes will be held. Depending on your program of study, all your classes may be held in one building, or spread around in different buildings on campus.

During your orientation, you will be taken to get your SUU computer login and personal email address. With this, you will be able to use any student computer on campus. You will also need your login if you plan to use your laptop here and access the SUU wireless and/or high speed wired internet connection. If you live on campus, you will be able to access both connections directly from your room. Otherwise, you will have to be at the library or a computer lab.

Laptops and personal computers ARE NOT required for you to study at SUU. However, if you would like to bring one you can.

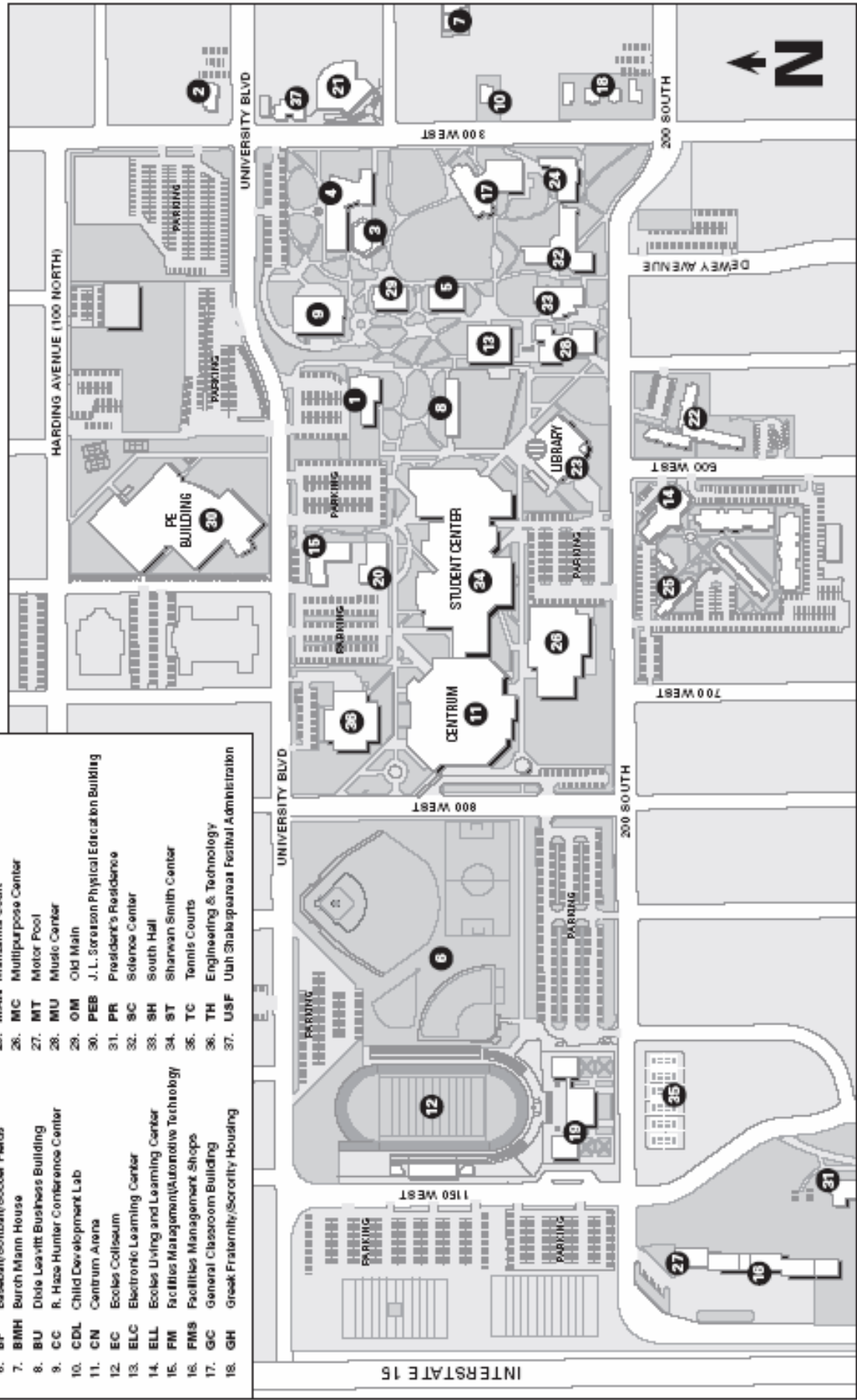
Please check your emails daily or as often as possible. Your family will want to know you're ok and your professors may email you at times with updates on assignments or changes in deadlines.

# SUJ SOUTHERN UTAH UNIVERSITY

C A M P U S M A P

## CAMPUS BUILDINGS

- |  |   |
|--|---|
| 1. AD Administration Building  | 19. HC J.D. & Allice C. Harris Center               |
| 2. AL J. Reuben Clark, Jr. Alumni House                                    | 20. HP Heat Plant                                   |
| 3. AM Adam's Memorial Theatre  | 21. JT Randall L. Jones Theatre                     |
| 4. AU Auditorium   | 22. JU Juniper Hall                                 |
| 5. BC R.C. Braithwaite Liberal Arts Center & Braithwaite Fine Arts Gallery | 23. LIB Gerald R. Sherratt Library                  |
| 6. BF Baseball/Soccer Fields   | 24. L8 Life Science                                 |
| 7. BMH Burch Mann House  | 25. MAN Manzanita Court                             |
| 8. BU Dixie Leavitt Business Building                                      | 26. MC Multipurpose Center                          |
| 9. CC R. Haze Hunter Conference Center                                     | 27. MT Motor Pool                                   |
| 10. CDL Child Development Lab  | 28. MU Music Center                                 |
| 11. CN Centrum Arena   | 28. OM Old Main                                     |
| 12. EC Eccles Coliseum   | 30. PEB J.L. Sorenson Physical Education Building   |
| 13. ELC Electronic Learning Center   | 31. PR President's Residence                        |
| 14. ELL Eccles Living and Learning Center                                  | 32. SC Science Center                               |
| 15. FM Facilities Management/Automotive Technology                         | 33. SH South Hall                                   |
| 16. FMS Facilities Management Shops  | 34. ST Sharwan Smith Center                         |
| 17. GC General Classroom Building  | 35. TC Tennis Courts                                |
| 18. GH Greek Fraternity/Sorority Housing                                   | 36. TH Engineering & Technology                     |
|  | 37. USF Utah State Opera at Festival Administration |



## **Leisure**

### **Outdoor Recreation:**

SUU has an Outdoor Recreation Center on campus which sets up a lot of activities in the areas around Cedar City. These include camping trips, rock-climbing, hikes, rappelling, star-gazing, and many others. The Outdoor Recreation Center also rents equipment for small fees so you and some friends can venture out on your own.

For more information, visit [www.suu.edu/ss/outdoors](http://www.suu.edu/ss/outdoors)

If snowboarding or skiing is your thing, then Brian Head ski resort is just 45 minutes away. We are also within hours of several national parks, including Zion and Bryce Canyon National Parks and the Grand Canyon.

If you want to stay a little closer to home, SUU has outdoor tennis courts, soccer fields, baseball fields, an outdoor track, and big grassy areas around campus where you can always find students playing Ultimate Frisbee or some other game.

Cedar City also offers a variety of outdoor activities. If you enjoy golf, we have a beautiful course on the north side of town. We also have several parks where you can go and relax, and walking and biking trails that take you to beautiful areas in and outside of town.

### **Indoor Activities:**

SUU holds a number of student activities every month, and these are a great way to make new friends and have some fun. The student association is in charge of most activities, which range from dances, a Mardi Gras party, movie nights, and performances by local bands. To find what kinds of activities are happening each week, just look around campus where they are always advertised on bulletin boards, or at [www.suu.edu/suusa](http://www.suu.edu/suusa) and click on “upcoming activities”.

If you enjoy athletic activities, our state-of-the-art physical education building has it all: Raquetball/Squash courts, basketball courts, an indoor track, a gym, and an Olympic-sized swimming pool. As an SUU student, you can use all the facilities for free with the exception of the gym, so take advantage of this building. It’s here for you!

Cedar City offers students activities such as bowling, dancing, and art events. There are concerts and plays every month of the year, whether on-campus or off. Cedar City hosts the Tony-Award-Winning Utah Shakespearean Festival, which you won’t want to miss if you come during the fall semester. There are also a variety of restaurants for every taste, shopping outlets, and if you crave even more variety, St. George, Utah is just 45 minutes away. There are two movie theaters where you can always see the newest releases.

### **Nearby Attractions:**

Las Vegas, Nevada is just a 2 ½ hour drive from Cedar City. Salt Lake City, Utah where the 2002 Winter Olympics were held is a 3 ½ hour drive. You can also get anywhere pretty quickly from our regional airport, which flies to Las Vegas and Salt Lake City daily.

## **Important Dates and Deadlines**

### **Application Deadlines:**

Fall semester- March 15

Spring semester- October 15

### **Housing Application Deadlines:**

Fall semester- March 15

Spring semester- October 15

### **Semesters Begin:**

2007 Fall semester- August 27

2008 Spring semester- January 7

We recommend that you come at least three days before the semester begins (preferably 1 week before) in order to get settled into your accommodations and to resolve any problems that might arise before you begin classes.

### **Final Exams:**

2007 Fall semester: December 11-14

2008 Spring semester: April 29-May 2

### **Semesters End:**

2007 Fall semester- December 14

2008 Spring semester- May 2

### **Vacations and Breaks:**

#### 2007 Fall semester:

Labor Day- September 3

Harvest Holiday- October 22

Thanksgiving- November 21-23

#### 2008 Spring semester:

Martin Luther King Jr. Day- January 21

Presidents' Day- February 18

Spring Break- March 17-21

Good Friday- March 21

Easter recess- March 24

You can check the dates for the beginning and ends of the semesters and all school breaks at [www.suu.edu/academics/calendar.html](http://www.suu.edu/academics/calendar.html)

## Accommodations

You have a few choices concerning accommodations. By far the most popular and easiest for international students is on-campus housing. The location is ideal: just across the street from the library, half a block from a bus stop, and near the center of campus. There are also special social activities specifically for students who live on campus, including dinners and various parties.

One of the greatest benefits of living on campus is you will only be required to sign a semester-long contract if you are not planning to stay the whole academic year. Most apartments off campus require you to sign a year contract, and you are responsible for selling the second portion of that contract to some other student, or you must pay rent for that semester even though you won't be living there.

If you are staying in SUU housing, after we've received your housing application you must call the housing department to pay a \$200 deposit. The phone number for housing is (435)586-7966. Off-campus housing may require a different deposit amount.

**Note:** The Office of International Programs has some bedding and dishes available to international students. If you don't wish to use ours, you can either bring or buy your own bedding. You will **NEED** to bring or buy your own towels. Prices at Walmart are about \$5.00 for pillows, \$30-\$60 for a full set of sheets and a blanket, and \$2-\$5.00 for towels.

SUU has three kinds of accommodation available for international students:

- **Eccles Living & Learning Center** is a state-of-the-art, apartment-style facility that provides residents with the latest in on-campus living accommodations. Each air-conditioned apartment is 1500 square feet and has a full kitchen with dishwasher, mounted microwave, all major appliances, and furnished eat-in area. A centrally located, extra large living room comes furnished with a beautiful sofa, loveseat, chair, and coffee table. On either side of the living area are two full bathrooms with double-sink vanities located outside each bathroom.
  - o **Price:** shared room- \$1,320/ semester  
private room- \$1,670/ semester  
large private room- \$1,750/semester
- **Ponderosa Terrace** is furnished 3 to 4 bedroom apartments - each bedroom being an oversized, private room. Residents share the bathroom, living room, and kitchen. The kitchen is furnished with a full-size refrigerator, range, microwave and table with four chairs. Each bedroom has one extra long twin (39" x 80") bed, desk, dresser, and a double wardrobe closet.
  - o **Price:** private room- \$1,625/ semester
- **Juniper Hall** is dormitory-style lodgings. You can have either a private or shared room. There are community bathrooms on each floor and a community living room on the first floor. If you live here, you must purchase a meal plan from SUU, as there are no kitchens.
  - o **Price:** shared room- \$870/ semester  
private room- \$1,220/ semester

For more information about on-campus housing, visit [www.suu.edu/ss/housing](http://www.suu.edu/ss/housing)

The Office of International Programs is here to help you find housing. If you think you'd prefer to live off-campus, let us know and we will begin looking for accommodations for you. Apartments are available off-campus for prices anywhere from \$650/semester shared to \$2,100/semester private

## Estimated Costs

SUU requires international exchange students to have and provide proof that they have at least \$1,000 for every month that they are here. You may need more or less, depending on your lifestyle and living arrangements.

### Course Fees:

It is important to know that some courses you may take will have fees associated with them. These range from \$4-\$60. SUU cannot waive these fees as they are imposed by each individual department. You can check what fees may be associated with your classes when you pick them from the online course schedule. As an example, most business courses have an \$11 fee associated with them. Some engineering courses have a \$15 fee associated with them. **YOU MUST PAY THESE COURSE FEES UPON YOUR ARRIVAL.**

### Gym Pass:

As an SUU student, you have the privilege of using certain on-campus gym facilities. In our new, state-of-the-art physical education building you can play squash, racquetball, and basketball, run the indoor elevated track or swim in the Olympic-sized pool. However, if you would like the use of the gym, with weight machines, free weights, treadmills, stairclimbers, etc., you will need to purchase a semester pass for \$60.

SUU also has a number of intramural sports activities where anyone can participate. They are announced on bulletin boards around campus and in the physical education building.

### Meal Plans:

Some students choose to purchase a meal plan from SUU, which enables you to eat in the on-campus cafeteria. A variety of plans are available, and you can purchase them upon your arrival.

Plan	Price/semester	Flex money
5 Meals/Week:*	\$757	-
7 Meals/Week:*	\$967	\$50 included
10 Meals/Week:	\$1,190	\$75 included
15 Meals/Week:	\$1,311	\$100 included
19 Meals/Week:	\$1,551	\$125 included

You can also purchase meals in the cafeteria without purchasing a meal plan. There are also a couple of fast-food restaurants and stores where you can buy food on campus.

### Semester Costs:

Housing-	\$910-\$1,750 on campus \$650-\$2,100 off campus
Course fees-	\$0-\$100 depending on your courses. Most students pay around \$30-\$70/semester
Books and supplies-	\$100-\$300
Gym pass (if desired)-	\$60
Meal plan (if desired)-	\$757-\$1,551

**Monthly Costs:**

Food (w/out meal plan)-	\$125-\$300
Bus pass-	\$27 for 30 rides
Utilities (some apartments)-	\$10-\$50
Leisure-	\$25-\$250

**Course Organization and Grading System****Course Organization:**

At the first or second class of each semester, each of your professors will hand out a detailed course syllabus, which will detail the goals and objectives of the course, the assignments and all deadlines (although these are subject to change).

Your grades will be based upon your coursework over the semester, any exams you take during the semester, and your final examinations. Each professor divides how much each assignment and examination will be worth differently, but they will always outline it in their syllabus.

**Grading System:**

SUU gives letter grades which consist of:

A, A-	= Excellent
B+, B, B-	= Above Average
C+, C, C-	= Average
D+, D, D-	= Below Average
F	= Fail

These are the grades that will show up on your transcript at the end of your study. If you wish to contest your grade, you must contact the professor directly. If you are worried about your grade at any time during the semester, please contact your professor. Most are very willing to work with students in order for them to be successful. You can also get help in the tutoring labs on campus for free.

At the completion of your study, **YOU MUST REQUEST YOUR TRANSCRIPTS** be sent to your school directly from the SUU Registrar's Office. Transcript requests should be done at [www.suu.edu/ss/registrar/verification.html](http://www.suu.edu/ss/registrar/verification.html)

## **Programs and Degrees**

SUU has six colleges with seven graduate degree programs and 70 undergraduate degree programs.

### **Graduate Programs:**

Master of Accountancy  
Master of Business Administration  
Master of Education  
Master of Fine Arts in Arts Administration  
Master of Professional Communication  
Master of Science in Forensic Science  
Master of Social Work (University of Utah degree at SUU)

### **Undergraduate Programs:**

#### Business:

Accounting  
Business Education  
Economics  
Finance  
Hotel, Resort and Hospitality Management  
Management  
Marketing

#### Computing, Integrated Engineering & Technology:

Computer Science  
Computer Science-Forensic Science  
Computer Science-Geographic Information Systems  
Construction Management  
Engineering Technology-CAD/CAM  
Engineering Technology-Electronics  
Engineering Technology-Geographic Information Systems  
Information Systems  
Integrated Engineering  
Mathematics-Pure Mathematics Emphasis  
Mathematics-Education Emphasis  
Mathematics-Actuarial Science Emphasis  
Mathematics-Bioinformatics Emphasis  
Technology Education

#### Education:

Athletic Training  
Elementary Education  
Family and Consumer Sciences-Early Childhood Development Emphasis  
Family and Consumer Sciences Education  
Family and Consumer Sciences-Interior Design Emphasis  
Physical Education-Teaching/Coaching Emphasis  
Physical Education-Exercise Science Emphasis  
Outdoor Recreation in Parks and Tourism  
Special Education

Humanities and Social Sciences:

Communication- Advertising Emphasis  
Communication- Broadcasting Emphasis  
Communication- Interpersonal Communication Emphasis  
Communication- Public Relations Emphasis  
Criminal Justice  
Criminal Justice- Forensic Science Emphasis  
English- Literature Emphasis  
English- Teaching Emphasis  
English- Creative Writing Emphasis  
French  
German  
History  
Political Science  
Psychology  
Sociology  
Social Sciences  
Spanish

Performing and Visual Arts:

Acting/Directing  
Ceramics/3-D  
Dance Performance  
Dance Education  
Design/Technical Theater  
Drawing/Painting  
Graphic Design  
Illustration  
Music Performance  
Music Education  
Secondary Art Education  
Theater Education  
Visual Arts

Science:

Agricultural Science and Industry  
Biology- Botany Emphasis  
Biology- Teaching Emphasis  
Biology- Forensics Emphasis  
Biology- Zoology Emphasis  
Chemistry- Professional Emphasis  
Chemistry- Health Care Emphasis  
Chemistry- Teaching Emphasis  
Chemistry- Forensic Emphasis  
Geography  
Geology- Professional Emphasis  
Geology- Earth Science Emphasis

Physical Science- Teaching Emphasis  
Nursing  
Nutrition and Food Science

**To see a full list of classes for a particular semester**, go to [www.suu.edu/curstu](http://www.suu.edu/curstu) and click on “class schedules”. Clicking on the name of a particular class will give you more information about the class, including any fees associated with it. Clicking on “View Catalog Entry” for a class will give you its description.

During the first week of school, students are able to add or drop classes. However, there is a drop fee of \$2.00. If you need to change classes, please get the new ones approved at your university first! We will be happy to help you with any changes you need to make to your schedule.

## Application Procedures

The very first thing you should do if you wish to study at Southern Utah University is to CONTACT YOUR INTERNATIONAL OFFICE. They can help get you started with the process, including approval from your home university, and will contact us to let us know of your interest.

After this, you will need to send us your application materials which can be found at the end of this manual and online at [www.suu.edu/scps/studyabroad/international.html](http://www.suu.edu/scps/studyabroad/international.html). We will need your application and housing application as soon as possible. In order for your application to be considered complete, and for us to issue you the documents needed to obtain your J-1 student visa, **we will need all of the following:**

- Application form
- Transcripts
- A letter of support from your university stating that you understand English well enough to take classes
- Proof of financial support indicating that you have at least \$1,000 for every month you plan to attend SUU (\$4,000 for one semester, \$8,000 for two). This can be shown with an original bank statement.

Before the official application deadline, we will also need to receive the following from you:

- Proof of health insurance, valid in the United States. If you don't have one, we have a list of some providers you can use.
- A list of the classes you wish to take at SUU approved by your university. You must be enrolled for at least 12 SUU credits during the semester.
- You must pay a \$55 application to the SUU admissions office. You can do this by contacting Trudy Smith at (435) 586-7744 or [smith@suu.edu](mailto:smith@suu.edu).
- After we've received your housing application, you must call the housing office and pay a \$200 deposit. The housing office phone number is (435) 586-7966.

You can fax these documents to us at 1-435-865-8087 in order to expedite the process, then ALSO send them via mail to:

Office of International Programs  
HCC 103  
Southern Utah University  
351 W. University Blvd.  
Cedar City, UT 84720  
USA

After we receive the first four items listed above, we will issue you your J-1 visa documents. We will send them by regular mail unless you request them to be sent by FedEx, in which case there will be a \$50 fee.

After we send your documents, you will need to contact your nearest American consulate/embassy through their website and pay the \$100 SEVIS fee. After that they will invite you for an interview and issue you your visa. Your International Programs advisor may help you with this process.

When you send us the classes you wish to take, please list at least three extra and indicate which classes are top priority. We will do our best to register you for the classes you most wish to take, but we cannot guarantee you a spot in all of them. Some classes require pre-requisites in order for you to be able to take them, and others might be full. We will let you know which classes we were able to register you for.

## **Useful Information from A to Z**

**Alcohol-** SUU is an alcohol-free campus. No alcoholic beverage of any kind is allowed on campus or in campus housing.

**ATM-** There is an ATM in the student center on campus that you can access, as well as several around the city.

**Bank-** It is highly recommended that you open a bank account upon your arrival in Cedar City. The Office of International Programs can help you with this.

**Bedding-** The Office of International Programs has some bedding available for international students. If you don't wish to use it, you must either bring or buy your own bedding. The Office of International Programs can help you with this.

**Bikes-** If you wish to purchase a bike, inexpensive ones are available at Walmart. Bikes are a great way to get around Cedar City and there are places to park your bike all around campus and at campus housing.

**Books-** You will have to purchase all your school books, and the easiest way to do so is at the SUU bookstore after your arrival. You can also purchase books online from websites such as Amazon.com or Half.com, but there is no guarantee how quickly the books will arrive. It is up to you to decide how you wish to purchase your books. They generally will cost you from \$100- \$300 per semester.

**Buses-** Cedar City has a bus network that will take you to all major areas in the city. Each ride is \$1.00, or you can purchase 30 rides for \$27. There is a bus stop on the north side of campus. We can provide you with a map and schedule when you arrive.

**Churches-** There are a number of different churches for different faiths in Cedar City. Contact the Office of International Programs for help in finding a place of worship.

**Cinemas-** Cedar City has two nice movie theaters that play daily beginning at 4:00. During some weekends and movie premiers there are discounted movies at midnight.

**Climate-** Cedar City has four distinct seasons and all kinds of weather. Bring clothes that will work with sun and heat, rain, snow and cold, and wind.

**Computers-** You are not required to bring a computer to SUU, although it will only be beneficial to you. There are several computer labs around campus, including in the Library, for student use.

**Dates-** Dates in the United States are usually written in the following format: month, day, year. For example, January 12, 2007 would be written either as 01-12-2007 or 01/12/07

**Dishes-** The Office of International Programs has some dishes available to international students. You can also purchase your own for very cheap.

**Dry-cleaning-** If you need to have anything dry cleaned, there are several dry-cleaners throughout Cedar City. If you need help finding one, contact the Office of International Programs.

**Electricity-** American and European outlets and voltage are different, so you will need a converter and adapter if you plan to bring any electronic devices or appliances.

**Emergency Services-** If you are ever in an emergency situation and have access to a phone, call the number “911”. This phone number is specifically for emergencies of any kind. If you must go to a physician, you will usually be required to pay at the time of service, so make sure you have a credit card with enough money to cover your expenses.

**Identity Card-** When you arrive, we will take you to get your SUU student identity card. This card will allow you to get into campus sporting events, the physical education facilities, and other student events for free.

**Insurance-** You must have insurance for the duration of your stay at SUU. If you don’t have your own, we can give you a list of providers for you to choose from.

**Linen-** The Office of International Programs has some bedding available for international students. If you don’t wish to use it, you must either bring or buy your own bedding. The Office of International Programs can help you with this.

**Medical Care-** If you are not experiencing an emergency, the SUU Wellness Center is available on campus. They can help you with most of your medical needs, both physical and mental. Cedar City also has an excellent hospital, a number of specialists in every field, dentists, eye doctors, and chiropractors. Remember to have your health insurance documents with you when you go to see a doctor. You may be required to pay at the time of service and then be reimbursed by your insurance provider.

**Pharmacy-** There are many pharmacies in Cedar City, so you will have no problem finding one. If you need help, contact the Office of International Programs.

**Printers and Photocopiers-** The SUU library has a printing and copying lab where you can get black & white and color prints and photocopies. At the beginning of each semester, students are given 200 black & white printing credits that they can use at any of the campus computer labs. You can purchase more if you need to.

There are also a few print shops around town where you can purchase prints and copies.

**Post Office-** There is a full-service post office on campus that can help you with all of your postal needs. Cedar City also has a post office in the city center.

**Shopping-** There are several clothing stores in Cedar City, dollar stores, and specialty stores all over town. You can buy most products you will need at the local Walmart. If you wish for a greater variety in your shopping, 45 minutes away is St. George, with a mall and a number of outlet stores catering to every need and desire.

**Smoking-** It is forbidden to smoke in any buildings in Utah due to the Utah Clean Air Act. However, you can smoke outside, but you must be at least 15 feet (about 5 meters) away from any campus building.

**Taxi-** There is a taxi service available in Cedar City, but you must call ahead since the company is very small.

**Telephone-** Most international students choose to bring their cell phones with them and simply purchase a new SIM card. If you live on campus, your apartment or dormitory will come with a phone already in place that you can use to make local calls and receive calls from anywhere without charge.

The cheapest way to make international calls is with a phone card, which can be purchased online. The best place we've found is [www.masterbell.com](http://www.masterbell.com)

**Time-** Utah is on Mountain Standard Time

**Tutoring-** If you need extra help with a class, free tutoring is available in the on-campus tutoring labs.

**Visa-** You are required to obtain a J-1 student visa in order to study for a semester or year at SUU