



SUUSA S.B. 004

Bill: Creating a Canvas Course of Mental Health Resources

SPONSOR: Madi Fristrup Education Senator

CO-SPONSOR: Amanda Walton HSS Senator

AUTHORS: Abbie Jacobsen VP of Academics

WHEREAS: The Southern Utah University Student Association sees that students need education on mental health resources that are readily available to them.

WHEREAS: The Southern Utah University Student Association is committed to creating sustainable solutions to elevating mental health resources already accessible to students on campus.

WHEREAS: The Southern Utah University Student Association is dedicated to supporting CAPS, CAST, The Health and Wellness Center, and other on-campus organizations committed to helping students have the resources they need in times of mental health crisis.

THEREFORE BE IT RESOLVED: The Southern Utah University Student Association will partner with the Office of Online Teaching and Learning, CAPS, CAST, and The Health and Wellness Center, to create a Canvas course containing materials to help students manage their mental health.

LET IT BE FURTHER RESOLVED: This Mental Health Canvas course will contain information on wellness self-help, Title IX Mental Health Resources, connection and involvement, and contact information for CAST members, Health and Wellness Peers, CAPS counselors.

LET IT BE FURTHER RESOLVED: That this bill is in support of helping students maintain healthy mental habits and connect with needed resources.

Student Body President, Nouman Kante:

A handwritten signature in blue ink, appearing to read 'Nouman Kante', is written over a horizontal line.