

# The Life Connection - Employee Assistance Program

*The Life Connection (TLC) Program is available free of charge to all Southern Utah University employees and their household members.*

## The Life Connection (TLC) Includes:

**The Employee Assistance Program (EAP)** offers free access to professional, confidential counseling. EAP Features Include:

- 3 EAP Sessions Per Issue, Per Year
- Entire Household of Employee is Eligible to use Program
- Masters Level Clinicians
- In Person or Telephonic Counseling Available
- Free to Employees and Household Members
- Confidential, Employer is never notified when employee uses Program
- Call **800-280-3782** to open an EAP Case

**Telephonic Consultations** are available to members and their household to access professionals in the following areas:

- Legal Consultation
- Financial Consultation
- Daily Living
- Child Care
- Elder Care

**Online Work-Life Resources** are available by visiting:

- Visit [www.bhoptions.com](http://www.bhoptions.com)
- Select "Online Work-Life Resources"
- Enter Company Code **SUU**

Employees can call BHO at **800-280-3782** 24 hours a day, 7 days per week to arrange for confidential counseling, request a telephonic consultation, and receive assistance with online resources.



BEHAVIORAL HEALTHCARE OPTIONS, INC.<sup>SM</sup>