# 4-Year Academic Plan: Human Nutrition
## Allied Health Emphasis, B.S.

The following is a sample outline demonstrating 4-year completion of this bachelor’s degree. Each student’s reality will vary slightly, as this plan does not include transfer work, Advanced Placement (AP), or concurrent enrollment credits. Math and English placement will be based on the student’s ACT/SAT scores. **PLEASE NOTE:** The following plan assumes students are prepared to take the Math course listed. If prerequisites are required, additional semesters may be required to complete degree.

*While every effort has been made to align this sample with departmental offerings and recommendations, **this is a GUIDE ONLY.** Please meet with your academic advisor and consult DegreeWorks for specifics.*

### 1st Year Fall (16 credits)
- NFS 1020 Scientific Fnd/Human Nutrition (3)
- MATH 1050 College Algebra (4)
- ENGL 1010 Intro to Academic Writing (3)
- CSIS 1000 Computer Literacy (3)
- UNIV 1010 EDGE Program Introduction (1)
- NFS Restricted Elective** (4)

### 1st Year Spring (14 credits)
- NFS 2020 Nutrition in the Life Cycle (3)
- ENGL 2010 Intermediate Writing (3)
- CSIS 1000 Computer Literacy (3)
- LM 1010 Information Literacy (1)
- NFS Restricted Elective** (4)

### 2nd Year Fall (15 credits)
- CHEM 1210/1215 Principles of Chemistry I/Lab (5)
- NFS 3020 Nutrition/Fitness and Sports (3)
- American Institutions Course (3)
- NFS Restricted Elective** (4)

### 2nd Year Spring (15 credits)
- CHEM 1220/1225 Principles of Chemistry II/Lab (5)
- NFS 3030 Nutrition and Diet Therapy* (3)
- Humanities Knowledge Area (3)
- NFS Restricted Elective** (4)

### 3rd Year Fall (15 credits)
- NFS 4030 Nutrition Assessment* (3)
- Fine Arts Knowledge Area (3)
- NFS Restricted Elective** (4)
- Upper Division Electives (4)
- UNIV 3925 EDGE Project Proposal* (1)

### 3rd Year Spring (15 credits)
- NFS 4480 Community Nutrition* (3)
- NFS 4020 Advanced Human Nutrition (3)
- Social and Behavioral Sciences Knowledge Area (3)
- NFS Restricted Elective** (3)
- Upper Division Electives (9)

### 4th Year Fall (15 credits)
- NFS 4480 Community Nutrition* (3)
- NFS 4990 Senior Seminar (1)
- UNIV 4925 EDGE Program Completion* (1)
- Upper Division Electives (6)
- Electives (4)

### 4th Year Spring (15 credits)
- NFS 4020 Advanced Human Nutrition (3)
- NFS 4990 Senior Seminar (1)
- Upper Division Electives (3)
- Electives (9)

**Color Key:**
- General Education Courses (green)
- Major-required courses that also fulfill GE requirement (purple)
- Major Courses (black)
- Electives/minor/etc. (red)
- EDGE Program Courses (orange)

**Other Notes:**
- (*) indicates other available options—see catalog
- (**) See catalog for list of approved courses