# 4-Year Academic Plan: Human Nutrition Pre-Dietetics, B.S.

The following is a sample outline demonstrating 4-year completion of this bachelor’s degree. Each student’s reality will vary slightly, as this plan does not include transfer work, Advanced Placement (AP), or concurrent enrollment credits. Math and English placement will be based on the student’s ACT/SAT scores. **PLEASE NOTE:** The following plan assumes students are prepared to take the Math course listed. If prerequisites are required, additional semesters may be required to complete degree.

While every effort has been made to align this sample with departmental offerings and recommendations, this is a GUIDE ONLY. Please meet with your academic advisor and consult DegreeWorks for specifics.

## 1st Year Fall (16 credits)
- NFS 1020 Scientific Fnd/Human Nutrition (3)
- MATH 1050 College Algebra (4)
- ENGL 1010 Intro to Academic Writing (3)
- UNIV 1010 EDGE Program Introduction (1)
- UNIV 2010 Uni. Orientation & Passport (1)
- NFS Restricted Elective** (4)

## 1st Year Spring (14 credits)
- NFS 1240/1241 Culinary Arts/Lab (3)
- NFS 2020 Nutrition in the Life Cycle (3)
- ENGL 2010 Intermediate Writing (3)
- LM 1010 Information Literacy (1)
- NFS Restricted Elective** (4)

## 2nd Year Fall (15 credits)
- CHEM 1210/1215 Principles of Chemistry I/Lab (5)
- NFS 3020 Nutrition/Fitness and Sports (3)
- CSIS 1000 Computer Literacy (3)
- NFS Restricted Elective (4)

## 2nd Year Spring (14 credits)
- CHEM 1220/1225 Principles of Chemistry II/Lab (5)
- NFS 3030 Nutrition and Diet Therapy* (3)
- American Institutions Course (3)
- NFS Restricted Elective** (3)

## 3rd Year Fall (15 credits)
- NFS 4200/4210 Food Science/Lab (5)
- NFS 4030 Nutrition Assessment* (3)
- Fine Arts Knowledge Area (3)
- UNIV 3925 EDGE Project Proposal* (1)
- Upper Division Electives (3)

## 3rd Year Spring (15 credits)
- Social and Behavioral Sciences Knowledge Area (3)
- Humanities Knowledge Area (3)
- Upper Division Electives (6)
- Electives (3)

## 4th Year Fall (16 credits)
- NFS 4480 Community Nutrition* (3)
- NFS 4990 Senior Seminar (1)
- UNIV 4925 EDGE Program Completion* (1)
- Upper Division Electives (3)
- Electives (8)

## 4th Year Spring (15 credits)
- NFS 4020 Advanced Human Nutrition (3)
- Upper Division Electives (5)
- Electives (7)

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**Color Key:**
- General Education Courses (green)
- Major-required courses that also fulfill GE requirement (purple)
- Major Courses (black)
- Electives/minor/etc. (red)
- EDGE Program Courses (orange)

**Other Notes:**
- (*) indicates other available options—see catalog
- (**) see catalog for list of approved courses