



4-Year Academic Plan for Human Nutrition/Pre-Dietetics, B.S.

The following is a **sample** outline demonstrating 4-year completion of this bachelor's degree. Each student's reality will vary slightly, as this plan does not include transfer work, Advanced Placement (AP), or concurrent enrollment credits. Math and English placement will be based on the student's ACT/SAT scores. **PLEASE NOTE:** The following plan assumes students are prepared to take the Math course listed. If prerequisites are required, additional semesters may be required to complete degree.

This is a **GUIDE ONLY**. Please meet with your academic advisor and consult DegreeWorks for specifics.

<p>1st Year Fall (16 credits) NFS 1020 Scientific Fnd/Human Nutrition (3) MATH 1050 College Algebra (4) ENGL 1010 Intro to Academic Writing (3) EDGE 1010 Project Introduction (1) UNIV 1020 Strategies for Success (STEM) (1) NFS Restricted Elective (4)</p>	<p>1st Year Spring (14 credits) NFS 2020 Nutrition in the Life Cycle (3) American Institutions (3) ENGL 2010 Intermediate Writing (3) LM 1010 Information Literacy (1) NFS Restricted Elective (4)</p>
<p>2nd Year Fall (15 credits) CHEM 1210/1215 Principles of Chemistry I/Lab (5) NFS 3020 Nutrition/Fitness and Sports (3) CSIS 1000 Computer Literacy (3) NFS Restricted Elective (4)</p>	<p>2nd Year Spring (15 credits) NFS 1240/1245 Culinary Arts/Lab (3) CHEM 1220/1225 Principles of Chemistry II/Lab (5) NFS 3040 Nutrition Assessment* (3) NFS Restricted Elective (3) EDGE 30XX Project Proposal* (1)</p>
<p>3rd Year Fall (15 credits) NFS 4200/4205 Food Science/Lab (chem first) (5) NFS 4480 Community Nutrition* (3) Fine Arts Knowledge Area (3) EDGE 40XX Program Completion* (1) Upper Division Elective (3)</p>	<p>3rd Year Spring (15 credits) Social and Behavioral Sciences Knowledge Area (3) Humanities Knowledge Area (3) Upper Division Elective (6) NFS 4040 Nutrition and Comm counseling (3)</p>
<p>4th Year Fall (15 credits) NFS 3030 Nutrition and Diet Therapy* (3) NFS 4990 Senior Seminar (1) Upper Division Elective (3) Elective (8)</p>	<p>4th Year Spring (15 credits) NFS 4020 Advanced Human Nutrition (3) Upper Division Elective (5) Elective (7)</p>

Color Key:

General Education Courses (green)

Major-required courses that also fulfill GE requirement (purple)

Major Courses (black)

Electives/minor/etc. (red)

EDGE Program Courses (orange)

Other Notes:

➤ (*) indicates other available options—see catalog