



4-Year Academic Plan: Physical Education Teaching/Coaching with Secondary Teaching Licensure

The following is a **sample** outline demonstrating 4-year completion of this bachelor's degree. Each student's reality will vary slightly, as this plan does not include transfer work, Advanced Placement (AP), or concurrent enrollment credits. Math and English placement will be based on the student's ACT/SAT scores. **PLEASE NOTE:** The following plan assumes students are prepared to take the Math course listed. If prerequisites are required, additional semesters may be required to complete degree.

*While every effort has been made to align this sample with departmental offerings and recommendations, **this is a GUIDE ONLY.** Please meet with your academic advisor and consult DegreeWorks for specifics*

<p>1st Year Fall (14 credits) ENGL 1010 Intro to Academic Writing (3) LM 1010 Information Literacy (1) PE 1830 Fund. of Individ./Team Sports I (2) BIOL 1020/1025 Human Biology w/ Lab (4) PE 1098 Wellness Dynamics (3) EDGE 1010 EDGE Project Introduction (1)</p>	<p>1st Year Spring (15 credits) ENGL 2010 Intermediate Writing (3) MATH 1030 Contemporary Mathematics* (4) Humanities Knowledge Area (3) PE 3050 Motor Learning (3) PE 1870 Fund. of Individ./Team Sports II (2)</p>
<p>2nd Year Fall (16 credits) CSIS 1000 Intro to Computers (3) American Institutions Course (3) PE Coaching Elective* (2) PE 3080/3085 Ath. Training/Sports Med w/ Lab (4) PE 1305 Intermediate Swimming (1) EDUC 3000 Prin. of Teaching & Learning (3)</p>	<p>2nd Year Spring (16 credits) Physical Science Knowledge Area w/Lab (4) Fine Arts Knowledge Area (3) PE 3070/3075 Exercise Physiology w/ Lab (4) PE Coaching Elective* (2) EDUC 3200 Educational Psychology (3) →Apply for Admission into COED Teaching Program</p>
<p>3rd Year Fall (16 credits) PE 4740 Coaching Leadership & Administration (3) PE 4710 Evaluation in Physical Education (3) PE 4900 Methods of Teaching Secondary PE (3) PE 4750 Psycho-Social Aspects in Athletics (3) SPED 3030 Educating Exceptional Students (3) EDGE 30XX EDGE Project Proposal* (1)</p>	<p>3rd Year Spring (16 credits) PE 3060/3065 Biomechanics w/ Lab (4) PE 4010/4015 Meth. Strength Conditioning w/Lab (4) PE 1820 Teaching Rhythm and Fitness (1) SCED 3720 Content Area Literacy/Common Core (3) SCED 3400 Educating Diverse Populations (3) PE 1543 Ad. First Aid/CPR** (1) →Apply for "block" (SCED 3570 & 3590) →Take Praxis Content Exam and PLT 7-12 Test</p>
<p>4th Year Fall (16 credits) PE 3090 Adaptive Physical Education (3) EDUC 3180 Educational Decision Making (3) SCED 3570 Sec Classroom Management (3) SCED 3590 Planning, Delivery and Assessment (3) Elective (2) EDGE 40XX Program Completion* (1)</p>	<p>4th Year Spring (12 credits) SCED 4520 Practicum/Induction Seminar (2) SCED 4980 Secondary Student Teaching (8) PE 4980 PE Student Teaching (2)</p>

Color Key:

General Education Courses (green)

Major-required courses that also fulfill GE requirement (purple)

EDGE Program Courses (orange)

Major Courses (black)

Electives/minor/etc. (red)

Required classes for Secondary Education Licensure (blue)

Other Notes:

- (*) See catalog for available options
- (**) Must take class or have current card at time of graduation
- Secondary education majors must be admitted to Teacher Education program. See an education advisor for admission requirements.