



4-Year Academic Plan: Physical Education Coaching (Not licensing to teach)

The following is a **sample** outline demonstrating 4-year completion of this bachelor's degree. Each student's reality will vary slightly, as this plan does not include transfer work, Advanced Placement (AP), or concurrent enrollment credits. Math and English placement will be based on the student's ACT/SAT scores. **PLEASE NOTE:** The following plan assumes students are prepared to take the Math course listed. If prerequisites are required, additional semesters may be required to complete degree.

*While every effort has been made to align this sample with departmental offerings and recommendations, **this is a GUIDE ONLY.** Please meet with your academic advisor and consult DegreeWorks for specifics*

<p>1st Year Fall (15 credits) ENGL 1010 Intro to Academic Writing (3) Humanities Knowledge Area (3) BIOL 1020/1025 Human Biology w/ Lab (4) PE 1098 Wellness Dynamics (3) PE 1830 Fund. of Individ./Team Sports I (2)</p>	<p>1st Year Spring (14 credits) ENGL 2010 Intermediate Writing (3) LM 1010 Information Literacy (1) MATH 1030 Contemporary Mathematics* (4) PE 3050 Motor Learning (3) PE 1870 Fund. of Individ./Team Sports II (2) EDGE 1010 EDGE Project Introduction (1)</p>
<p>2nd Year Fall (15 credits) CSIS 1000 Intro to Computers (3) American Institutions Course (3) PE 3070/3075 Exercise Physiology w/ Lab (4) PE Coaching Elective* (2) Free Electives (3)</p>	<p>2nd Year Spring (15 credits) Physical Science Knowledge Area (3) Fine Arts Knowledge Area (3) PE 3060/3065 Biomechanics w/ Lab (4) PE Coaching Elective* (2) Free Electives (3)</p>
<p>3rd Year Fall (14 credits) PE 4740 Coaching Leadership & Administration (3) PE 4710 Evaluation in Physical Education (3) PE 4900 Methods of Teaching Secondary PE (3) PE 1305 Intermediate Swimming (1) EDGE 30XX EDGE Project Proposal* (1) Free Electives (3)</p>	<p>3rd Year Spring (15 credits) PE 3080/3085 Ath. Training/Sports Med w/ Lab (4) PE 4010/4015 Meth. Strength Conditioning w/ Lab (4) PE 1820 Teaching Rhythm and Fitness (1) Free Electives (6)</p>
<p>4th Year Fall (16 credits) PE 3090 Adaptive Physical Education (3) PE 4750 Psycho-Social Aspects in Athletics (3) Free Electives (9) EDGE 40XX Program Completion* (1)</p>	<p>4th Year Spring (16 credits) Free Upper Division Elective (5) Free Electives (10) PE 1543 Ad. First Aid/CPR** (1)</p>

Color Key:

General Education Courses (green)

Major-required courses that also fulfill GE requirement (purple)

EDGE Program Courses (orange)

Major Courses (black)

Electives/minor/etc. (red)

Other Notes:

➤ (*) see catalog for available options

➤ (**) Must take class or have current card at time of graduation