



4-Year Academic Plan: Exercise Science with Occupational Therapy Prereqs.

The following is a **sample** outline demonstrating 4-year completion of this bachelor's degree. Each student's reality will vary slightly, as this plan does not include transfer work, Advanced Placement (AP), or concurrent enrollment credits. Math and English placement will be based on the student's ACT/SAT scores. **PLEASE NOTE:** The following plan assumes students are prepared to take the Math course listed. If prerequisites are required, additional semesters may be required to complete degree.

*While every effort has been made to align this sample with departmental offerings and recommendations, **this is a GUIDE ONLY.** Please meet with your academic advisor and consult DegreeWorks for specifics*

<p>1st Year Fall (15 credits)</p> <p>ENGL 1010 Intro to Academic Writing (3) PE 1098 Wellness Dynamics (3) American Institutions (3) MATH 1040 Statistics* (4) SUU 1000 Becoming an Engaged Learner (2)</p>	<p>1st Year Spring (15 credits)</p> <p>ENGL 2010 Intermediate Writing (3) INFO 1010 Information Literacy (1) BIOL 1610/1615 General Biology w/ Lab* (4) PE 3050 Motor Learning (3) PE 1543 Adv. First Aid/CPR*** (1) FLHD 1500 Human Development thru Lifespan (3)</p>
<p>2nd Year Fall (15 credits)</p> <p>Fine Arts (3) Physical Science (3) BIOL 2320/2325 Human Anatomy w/ Lab* (4) PSY 1010 General Psychology (3) PE 2100 Medical Terminology (2)</p>	<p>2nd Year Spring (14 credits)</p> <p>Humanities (3) BIOL 2420/2425 Human Physiology w/ Lab* (4) PE 3060/3065 Biomechanics w/ Lab (4) PSY 4310 Abnormal Psychology (3)</p>
<p>3rd Year Fall (17 credits)</p> <p>PE 3070/3075 Exercise Physiology w/ Lab (4) PE 4020 Research Meth. & Stats. In Ex. Sci. (3) ART 2410 Painting I* (3) ANTH 1010 Cultural Anthropology (3) EDGE 3XXX EDGE Project Proposal** (1)</p>	<p>3rd Year Spring (14 credits)</p> <p>PE 3080/3085 Athl. Training/Sports Med. w/ Lab (4) PE Core Elective** (3) SOC 1010 Intro to Sociology (3) Elective (3) EDGE 4XXX EDGE Program Completion** (1)</p>
<p>4th Year Fall (14 credits)</p> <p>PE 4010 Meth. of Sports Conditioning (3) PE 4040 Exercise Testing & Prescription (3) PE Core Elective** (3) Elective (3) Elective (3)</p>	<p>4th Year Spring (14 credits)</p> <p>PE 4030/4035 Clinical Appl. of Ex Sci w/ Lab (4) PE Core Elective** (3) Elective (3) Elective (3) Elective (3)</p>

Color Key:

General Education Courses (green)

Major requirements that also fulfill GE requirement (purple)

EDGE Program Courses (orange)

Major Courses (black)

Electives/minor/post-grad pre-reqs (red)

Other Notes:

- (*) Other Biology options available—students MUST speak with advisor prior to choosing BIOL courses to ensure proper sequence is selected
- (**) see catalog for available options
- (***) Must take class or have current card at graduation
- Students interested in Grad School or a Sports Medicine field will replace “free electives” with graduate school prerequisite courses. Please work with an advisor.