



## 4-Year Academic Plan: Physical Education Teaching/Coaching – Coaching Emphasis

The following is a **sample** outline demonstrating 4-year completion of this bachelor's degree. Each student's reality will vary slightly, as this plan does not include transfer work, Advanced Placement (AP), or concurrent enrollment credits. Math and English placement will be based on the student's ACT/SAT scores. **PLEASE NOTE:** The following plan assumes students are prepared to take the Math course listed. If prerequisites are required, additional semesters may be required to complete degree.

*While every effort has been made to align this sample with departmental offerings and recommendations, **this is a GUIDE ONLY.** Please meet with your academic advisor and consult DegreeWorks for specifics*

<p><b>1<sup>st</sup> Year Fall (14-15) credits</b></p> <p>ENGL 1010 Intro to Academic Writing (3)  MATH GE (1030, 1040, 1050, 2000 or 1210) (3/4)  PE 1830 Fund. of Individ./Team Sports I (2)  BIOL 1020/1025 Human Biology w/ Lab** (4)  PE 2000 Intro to PE Coach/Teach (2)</p>	<p><b>1<sup>st</sup> Year Spring (14 credits)</b></p> <p>ENGL 2010 Intermediate Writing (3)  INFO 1010 Information Literacy (1)  NFS 1020 Fund. of Human Nutrition (3)  PE 1870 Fund. of Individ./Team Sports II (2)  PE 1098 Wellness Dynamics (3)  PE Coaching Elective** (2)</p>
<p><b>2<sup>nd</sup> Year Fall (15 credits)</b></p> <p>American Institutions Knowledge Area (3)  Humanities Knowledge Area (3)  KIN 3060/3065 Biomechanics w/ Lab (4)  PE Coaching Elective** (2)  KIN 3050 Motor Learning (3)</p>	<p><b>2<sup>nd</sup> Year Spring (15 credits)</b></p> <p>Physical Science Knowledge Area (3)  Fine Arts Knowledge Area (3)  KIN 3070/3075 Exercise Physiology w/ Lab (4)  PE 4740 Coaching Leadership &amp; Administration (3)  PE Coaching Elective** (2)</p>
<p><b>3<sup>rd</sup> Year Fall (16 credits)</b></p> <p>PE 4900 Methods of Teaching Secondary PE (3)  KIN 3080/3085 Ath. Training/Sports Med w/ Lab (4)  PE 4750 Psycho-Social Aspects in Athletics (3)  COMM 4507 Sport Admin/Mgmt (3)  Elective (3)</p>	<p><b>3<sup>rd</sup> Year Spring (13 credits)</b></p> <p>KIN 4010 Meth. Strength Conditioning (3)  PE 3090 Adaptive Physical Education (3)  PE 1543 Ad. First Aid/CPR** (1)  KIN 4070 Advanced Exercise Phys (3)  Elective (3)</p>
<p><b>4<sup>th</sup> Year Fall (15 credits)</b></p> <p>PE 4710 Evaluation in Physical Education (3)  PE 4860 PE Practicum (3)  PSY 1010 Intro to Psychology (3)  Elective (3)  Elective (3)</p>	<p><b>4<sup>th</sup> Year Spring (15 credits)</b></p> <p>PSY 4330 Theories of Learning (3)  NFS 3020 Sports Nutrition (3)  SOC 3270 Sociology of Sports (3)  Elective (3)  Elective (3)</p>

### Color Key:

General Education Courses (green)

Major-required courses that also fulfill GE requirement (purple)

Major Courses (black)

Electives/minor/etc. (red)

Required classes for Secondary Education Licensure (blue)

### Other Notes:

(\*) Must take class or have current card at time of graduation

(\*\*) see catalog for available options