

4-Year Academic Plan: Human Nutrition/Allied Health, B.S.

The following is a sample outline demonstrating 4-year completion of this bachelor's degree. Each student's reality will vary slightly, as this plan does not include transfer work, Advanced Placement (AP), or concurrent enrollment credits. Math and English placement will be based on the student's ACT/SAT scores. PLEASE NOTE: The following plan assumes students are prepared to take the Math course listed. If prerequisites are required, additional semesters may be required to complete degree.

This is a **GUIDE ONLY**. Please meet with your academic advisor and consult DegreeWorks for specifics.

1st Year Fall (14 credits)					1st Year Spring (15 credits)				
NFS	1020	Scientific Fnd/ Human Nutrition	3	F/S/Su	NFS	2020	Nutrition in the Life Cycle	3	F/S/Su
MATH	1050	College Algebra	4	F/S/Su	ENGL	1010	Intro to Academic Writing	3	F/S/Su
XXX	XXXX	Soc. and Behavioral Science GE	3	F/S/Su	XXX	XXXX	Elective	5	F/S/Su
XXXX	XXXX	*NFS Restricted Elective	4		XXXX	XXXX	*NFS Restricted Elective	4	
2nd Year Fall (16 credits)					2nd Year Spring (15 credits)				
NFS	3020	Nutrition/Fitness and Sports	3	F/S/Su	CHEM	1220/25	General Chemistry II/Lab	5	F/S/Su
CHEM	1210/15	General Chemistry I/Lab	5	F/S	NFS	3040	*Nutrition Assessment	3	F/S
ENG	2010	Intermediate writing	3	F/S/Su	XXXX	XXXX	Humanities GE	3	F/S/Su
INFO	1010	Information Literacy	1	F/S/Su	XXXX	XXXX	*NFS Restricted Elective	4	
XXXX	XXXX	*NFS Restricted Elective	4						
3rd Year Fall (14 credits)					3rd Year Spring (16 credits)				
NFS	4050	Nutrition and Diet Therapy	3	F/S	XXXX	XXXX	Elective	3	
XXXX	XXXX	Fine Arts GE	3	F/S/Su	XXXX	XXXX	*NFS Restricted Elective	3	
XXXX	XXXX	*NFS Restricted Elective	4		XXXX	XXXX	Upper Division Elective	4	
XXXX	XXXX	Upper Division Elective	4		XXXX	XXXX	Elective	6	
4th Year Fall (14 credits)					4th Year Spring (16 credits)				
NFS	4480	*Community Nutrition	3	F/S	NFS	4020	Advanced Human Nutrition	3	S/Su**
XXXX	XXXX	Elective	5		NFS	4040	*Nutrition Comm and Counseling	3	F/S
XXXX	XXXX	Upper Division Elective	6		NFS	4990	Senior Seminar	1	F/S
					XXXX	XXXX	(UD) Elective if needed	9	

Color Key:

General Education Courses (green)

Major-required courses that also fulfill GE requirement (purple)

Major Courses (black)

Electives/minor/etc. (red)

Other Notes:

- (*) See catalog for more options
- (***) As needed