

SUU MASTER OF Nutrition & Dietetics

Dietetic Program Portfolio Experience Options

For SUU's MS/DPD program, a minimum of 5 different experiences, totaling 50 hours, is required.

5 Experiences – Requirements:

1 experience: Job shadow a Dietitian

2 experiences: Nutrition

2 experiences: Nutrition or Non-Nutrition

- All experiences need to be relatable to the dietetics program/profession
- Hours do not need to be equally divided
- All experiences are for students to arrange
- Complete experiences that you are passionate about or interested in

Nutrition and Other Non-Nutrition Experiences

The following are **ideas** for your portfolio; there are more options than listed below. You do not have to have experiences from each category.

SUU Opportunities:

- Bread & Soup Night and HOPE Pantry hopepantry@suu.edu OR suu.edu/cec/hope-pantry.html
- STEM - stem@suu.edu – possible funding available for education of K-12 students
- Science Olympiad wmgcosevents@suu.edu
- Science Fair - <https://www.suu.edu/cose/fair/judges.html>
- The Nest – Athlete Fueling Station - alyssadavis@suu.edu
- Chartwells Catering - Anthony.Lazenby@compass-usa.com
- Other Leadership and Community volunteer service opportunities available at the SUU's Community Engagement Center <https://www.suu.edu/cec/>
- Utah Health Scholars - <https://www.suu.edu/ruralhealth/rhs/>

Community:

- Diabetes Camp
- Lunch in the Park (SUU's Utah Health Scholars program)
- Summer School lunch
- Soup Kitchen
- Food Bank
- USU Extension Services/4-H
- Food Pantry
- Head Start
- Aging Services
- Community Agriculture

SUU MASTER OF **Nutrition & Dietetics**

- WIC
- Experiences with diverse populations
- American Heart/Diabetes/Cancer Associations

Clinical:

- Job Shadowing of Dietitian – **Required**
- Diet Tech or Dietary Aid
- Patient care: CNA, physical/occupational therapy aid

Food Service:

- Restaurant
- Catering
- Meal Service, Long Term Care and Assisted Living Facilities
- School Lunch or Child Nutrition Program
- University Dining Services

Other:

- Teaching Assistants
- Research
- Church Volunteer Service
- Study/Living Abroad
- Leadership Experiences in work/clubs/organizations
- Managing of Staff or Organizations
- Human Resources
- Customer Care
- Certifications
- Professional Memberships
- Professional conferences, symposiums and workshops
- Sports and extracurricular activities (competitive teams, clubs, organizations within university or community – Non-high school)
- Honors and Awards - (Such as a special distinction for work done, including Dean's List and memberships in honor societies, trophies, medals - Non-high school)
- Volunteer work in an underprivileged/diverse community
- Government: FDA, USDA, WHO
- Americorp Program – voluntary civil society program supported by the U.S. federal government engaging adults in public service work with a goal of "helping others and meeting critical needs in the community." <https://www.suu.edu/cec/amicorps.html>
- Peace Corps- The **Peace Corps** is a **volunteer** program run by the United States government. Its official mission is to provide social and economic development services. Has nutrition components. Peacecorps.gov