

## 4-Year Academic Plan: Human Nutrition/Allied Health, B.S.

The following is a sample outline demonstrating 4-year completion of this bachelor's degree. Each student's reality will vary slightly, as this plan does not include transfer work, Advanced Placement (AP), or concurrent enrollment credits. Math and English placement will be based on the student's ACT/SAT scores. PLEASE NOTE: The following plan assumes students are prepared to take the Math course listed. If prerequisites are required, additional semesters may be required to complete degree.

This is a **GUIDE ONLY**. Please meet with your academic advisor and consult DegreeWorks for specifics.

1st Year Fall (15 credits)					1st Year Spring (14 credits)				
NFS	1020	Scientific Fnd/ Human Nutrition	3	F/S	NFS	2020	Nutrition in the Life Cycle	3	F/S
MATH	1050	College Algebra	4	F/S/Su	ENGL	2010	Intermediate Writing	3	F/S/Su
EDGE	1010	Program Intro.	1	F/S/Su	CSIS	1000	Computer Literacy	3	F/S/Su
ENGL	1010	Intro. to Academic Writing	3	F/S/Su	LM	1010	Information Literacy	1	F/S/Su
XXXX	XXXX	*NFS Restricted Elective	4		XXXX	XXXX	*NFS Restricted Elective	4	
2nd Year Fall (15 credits)					2nd Year Spring (15 credits)				
NFS	3020	Nutrition/Fitness and Sports	3	F/S	CHEM	1220/25	General Chemistry II/Lab	5	F/S
CHEM	1210/15	General Chemistry I/Lab	5	F/S	NFS	3040	*Nutrition Assessment	3	F/S
XXXX	XXXX	American Institutions GE	3	F/S/Su	XXXX	XXXX	Humanities GE	3	F/S/Su
XXXX	XXXX	*NFS Restricted Elective	4		XXXX	XXXX	*NFS Restricted Elective	4	
3rd Year Fall (15 credits)					3rd Year Spring (15 credits)				
NFS	4480	*Community Nutrition	3	F/S	XXXX	XXXX	Soc. and Behavioral Science GE	3	F/S/Su
XXXX	XXXX	Fine Arts GE	3	F/S/Su	XXXX	XXXX	*NFS Restricted Elective	3	
XXXX	XXXX	*NFS Restricted Elective	4		XXXX	XXXX	Upper Division Elective	9	
EDGE	3XXX	*Project Proposal	1	F/S/Su					
XXXX	XXXX	Upper Division Elective	4						
4th Year Fall (15 credits)					4th Year Spring (15 credits)				
NFS	4050	*Nutrition and Diet Therapy	3	F/S	NFS	4020	Advanced Human Nutrition	3	F/S
NFS	4990	Senior Seminar	1	F/S	NFS	4040	Nutrition Comm and Counseling	3	F/S
EDGE	4XXX	*Program Completion	1	F/S/Su	XXXX	XXXX	Upper Division Elective	3	
XXXX	XXXX	Upper Division Elective	6		XXXX	XXXX	Elective	6	
XXXX	XXXX	Elective	4						

**Color Key:**

General Education Courses (green)

EDGE Program Courses (orange)

Major-required courses that also fulfill GE requirement (purple)

Major Courses (black)

Electives/minor/etc. (red)

**Other Notes:**

- (\*) See catalog for more options