

THE SCOPE

IN THIS ISSUE

Faculty Spotlight

Level Updates

*Pinning
Ceremony*

Alumni Day

*Student Nurse's
Association*

*Tips and Tricks for
Nursing School*

WELCOME TO SUU NURSING

We are proud to introduce our newest professors, Assistant Professor of Nursing, Sharon Ford MSN, RN and Assistant Professor of Nursing, Lauren Traveller DNP, APRN, FNP-C.

Sharon Ford

"I am Professor Sharon Ford. I earned my RN from Weber State on the SUU campus program in 2005. I took a semester off and came back to SUU for my RN to BSN, which by then was a SUU program. I graduated with my BSN in 2007. Then life took a few turns before I was able to get my MSN in nursing education from Western Governors University, graduating in June 2017. I applied to SUU, and was able to

secure a teaching position in the nursing department. So in a sense, I have come home. I am a SUU alumni that has come home to be a faculty member. My favorite hobbies include horseback riding, reading, and family history. I am a pilot and love to fly in my Piper Cherokee 180. I also like to travel when I find the time."



Lauren Traveller



"I am a family nurse practitioner with additional specialization in clinical forensics. Originally from Las Vegas (though I have also lived in Southern Utah before), completed my BSN through Touro University Nevada and my DNP through the University of Tennessee Health Science Center in Memphis. I have worked in A LOT of different settings, with one of my favorites being corrections.

When I'm not working (I am usually working (haha)). The other stuff I enjoy is reading, learning new things, being active, traveling, and exploring the world of food (eating it, cooking it, reading about it). I have always loved teaching and mentoring so I am very excited to be a SUU professor!"

LEVEL UPDATES

Level One



"The SUU Nursing Class of 2019 is off to an exciting start. The students have incorporated the tough change in schedule very well and balanced it neatly with their work lives. Our class has also organized a beautiful pledge ceremony that was successfully conducted on October 16th. The class as a whole is an enthusiastic bunch that supports one another and looks forward to the next 3 levels of nursing and their nursing careers." - Harsh Kansagra

"This semester definitely lives up to its reputation! The good news is we have all survived. Our class grew by two this semester and we are so happy to have new class mates! We have all become good friends. We have had the opportunity to expand both our knowledge of medicine as well as our understanding of what it means to be a nurse. We cannot wait for the next adventure in level 3!" - Carrie Holt

Level Two



Level Three



"This semester has made a lot of the females baby hungry while never wanting to have kids and all of the males glad they are not females. Our professors have done a wonderful job in teaching and molding us! We have a pretty phenomenal line up of teachers, and we are really grateful for the experience we have gotten so far in Level 3." - Madison Chappell

"Our class is excited as we are beginning to apply to new graduate nursing positions. We are enjoying our final semester here at Southern Utah University, completing our preceptorship and high acuity clinicals. We want to thank our amazing instructors for all their support and encouragement as we prepare to enter into the professional world." - Jaycie Smith

Level Four



RN to BSN

RN to BSN is a completion nursing program offered by SUU. This program enables RNs that do not have a bachelor's degree in nursing to complete the schooling necessary to do so. Here is an update from the current RNs in the program:

"This semester we are taking public health, geriatric nursing, and health assessment. We've done clinicals at the Beaver County jail, senior games, marathons, school nursing, etc." - Taylor DeLaura

ALUMNI DAY

"The Southern Utah University (SUU) Department of Nursing's Alumni Day was Friday, October 6th, 2017. Alumni Day was an amazing opportunity for nursing alumni to gather as friends for an evening. It was a night full of good food, even better company, games, candy, bounce houses, balloon art, and good weather. This was all made possible by the SUU Nursing staff as well as a committee of 4th level nursing students. Their goal was to provide a family friendly event where nursing alumni could sit back and relax while chatting with fellow alumni, while their kids had fun activities to do as well. From the laughing, constant chatter, smiling faces, and the buzz of excitement found on the lawn just outside the Skaggs building, their goal had become a reality."

- Dave and Esther Walker, 4th level committee members

PINNING CEREMONY

The pinning ceremony committee has been planning the upcoming pinning ceremony for the Class of Fall 2017. It is going to be held on Friday, December 15, 2017, at 3 pm in the Randall L. Jones Theatre. The pinning ceremony is a traditional event in which newly graduated nurses are pinned by a RN/nursing faculty. The committee is still fine tuning other details, but one can be assured that this year's pinning ceremony will be the best one yet.

STUDENT NURSE'S ASSOCIATION

SNA Win's Homecoming Parade Float 3rd Year in a Row



Each year SUU clubs put together floats for the homecoming parade, and compete for the title of 'Best Float'. This year marks the third year in a row SNA has taken the title. The title of this year's SNA float was Storybook Hospital.

Here is what SNA President Kasen Buoy had to say:

"A lot of pressure was placed on our shoulders this year to keep the winning streak going for SUUSNA and the homecoming float competition.

After hearing about the theme of homecoming, we knew we would have a lot of great ideas on the table. After ideas were exchanged, and budget determined, we knew what needed to be done. The float itself took a total of four long SUUSNA meetings, one Sunday, and then one early morning on float day. It was worth every minute. Once all of the finishing touches were in place, we were ready to go and get in line. Its funny how so many hours of hard work, planning, and disagreement can drift away in just a 10 minute walk down University Blvd. then it's all over. It was worth every minute."



TIPS FOR NURSING SCHOOL

Plan for breaks!! If you just go go go you'll burn yourself out! Always try and give yourself one day a week for yourself and then work really hard for the other 6. - Hannah Smith

My biggest advice/suggestion would be to listen to Aaron Rodgers and... RELAX! It'll all work out, don't stress about it. - Landon Croteau

DON'T FORGET TO STILL SPEND TIME WITH THE ONES YOU LOVE. SCHOOL IS TEMPORARY; FAMILY AND FRIENDS ARE NOT -SAVANNAH LORENZ

Don't forget that everyone studies and learns differently. Some things will work for you and some won't. Find what works and stick with it! Also, don't forget to breathe. This is school, not life! -Shelby Olsen

DUE TOMORROW DOES NOT MEAN DO TOMORROW. SCHEDULE TIME WISELY AND SCHOOL GETS MUCH EASIER. -KAYLAN ANDERSON

PRIORITIZE YOUR LIFE. FOCUS ON ACCOMPLISHING YOUR SHORT AND LONG TERM GOALS AND FIND WAYS TO HAVE FUN DOING IT. BE POSITIVE AND OPTIMISTIC IN THE FACE OF SCARY OR UNENJOYABLE TIMES. BE CONFIDENT IN WHAT YOU CAN DO, NOT WHAT YOU CAN'T. YOU CAN DO THIS, YOU CAN BE A NURSE! - ESTHER WALKER