

# THE SCOPE

2<sup>nd</sup> issue of bi-annual newsletter for SUU Nursing

## SUU Nursing News!

Written by Holly Lundell

### NCLEX update

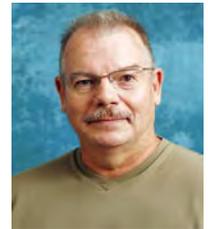
Fall semester's NCLEX pass rate was **89.6%**! That is above the national average, which was our goal. Congratulations class of Fall 2008! We are confident that the other classes can keep the pass rates up. Good luck!

### Good Job 4<sup>th</sup> Level!

Fourth level has gotten the highest scores on ATI tests in Maternal Newborn, Care of the Children, and High Acuity! They hope to do the same on the Comprehensive Predictor, which they will be taking at the end of the month. Then on to a 100% NCLEX-RN! Good Luck!

### Thank You Mike!

We are sad to announce that Professor Mike Burton will no longer be teaching at SUU after the Spring 2009 semester. He taught Care of Adults, Pharmacology, and clinical for levels two and four. He is such a great teacher and we all really appreciate his effort and all he did for each of the students. We will miss you Mike!



### Professor Spotlight- Rebecca Rasmusson

Written by: Rebecca Rasmusson

Edited by: Holly Lundell

Becky grew up in Scottsdale Arizona. She got her ADN from BYU in 1979, and then worked in Phoenix for a year. After that she moved to SLC and worked at LDS Hospital and then Primary Children's Hospital. She worked in the NICU for 3 years at Primary Children's. Later on she went back to school at the U of U and got her BSN. In 1985 she married Russell Rasmusson and moved to Beaver Utah. She worked as a nurse at Beaver Valley Hospital for 14 years. During that time she did L/D, ER, Med/Surg. and LTC. She also did a stint as Director of Home Health in Milford. In 1992 she went back to BYU and got her MSN in 1995. Becky worked as a Family Nurse Practitioner at Beaver Valley Hospital and also Parowan Medical Clinic. During that time she also drove over the mountain to Richfield and taught Maternal/Newborn Nursing at SVATC (Snow College South). In 2006 she took a position at SUU as a Nursing Instructor for the Family Course. She has 2 children, Mindy 18 and Spencer 15.



"Becky is an awesome teacher. She made sure we knew all the information we needed to know, while keeping it fun and interesting at the same time. I never wanted to miss her class. Thank you Becky!"

-Holly Lundell

"Becky is a really good teacher. I learned a lot in her class. She's the bomb!"

-Kristen Buckner

### INDEX

News.....	page 1
Professor Spotlight.....	page 1
Level 1 Update.....	page 2
Level 2 Update.....	page 2
Level 3 Update.....	page 2
Level 4 Update.....	page 3
RN to BSN Update.....	page 3

Editors: Holly Lundell & Reggie Gillins  
Supervising Faculty: Donna Lister  
Staff Editor: Vikki Robertson

# Level Updates

Edited by: Reggie Gillins & Holly Lundell

## Level One

Written by: John Zingelman

Level one student's are excited to be a part of the SUU nursing program. All the long hours put in to class work, service and work experience to fulfill the needed requirements to become one of the elite has paid off.

The first semester of the nursing program is a roller coaster. We thought that our pre-requisite classes took all our time, nursing school is a full time job. We have class. We have lab. We have clinical and endless hours spent studying. We know the sacrifice will not only pay off for us, but will also benefit those that we will serve as nurses.

We are beginning to understand the importance of organizing and prioritizing. We have chosen John Zingelman to be our class president.

Our memories as a class are beginning to grow. We will never forget how it felt to stand



together as a class and state our pledge. We want to thank all those who participated in the pledge ceremony. We will remember the words spoken that day and carry them with us through school and throughout our practice.

We also want to thank all our professors for their time and effort, and look forward to working with the entire faculty in the future.

## Level Two

Written by: Dawn Wiltshire & Jamie Robbins

Level two has been an eye opener. We thought last semester was hard and now we are



wishing we could go back!

Clinical has been wonderful! It's nice to actually be able to give total care to our patients, including passing meds and IVs!

We appreciate all the time our clinical instructors have put in to make us better nurses. Labs give us the opportunity to learn hands on. We know that the skills we learn in these labs will better enable us to care for our patients in the clinical setting.

Overall we are ecstatic to have made it through level two and can't wait to be where the level fours are right now!

## Level Three

Written by: Sadie Pendleton

Level three students are excited to be in the next to last semester before we graduate. The majority of have been excited to learn about maternal nursing and child development.



We have been busy this semester. We held a community wide pregnancy conference for women who are pregnant, thinking of becoming pregnant, or already pregnant. We discussed common issues associated with pregnancy. We also had speakers on incontinence and breastfeeding come. We had a great turn out and those who came had a good experience. We want to thank all those who attended and participated to make this a great event.

On the 17<sup>th</sup> of April we participated in the relay for life event. This is where we ran/walked for 24 hours straight to earn money for breast cancer. We appreciated the opportunity to be involved for such a great cause. We will remember this event and try to be involved in more events like this in the future in order to advance the health profession.

On the 25<sup>th</sup> of April we held Mash Bash, a community wide event to raise money for scholarships, benefitting nursing students. At this event, we had a 5k in the morning with a health fair at Cedar City's Main Street Park throughout the day.

There was an obstacle course and hospital bed race (Army ROTC took 1<sup>st</sup> Place this year)!

This semester has allowed us to continue to grow into the important calling as nurses, and has brought us closer together as a class. We want to thank all those who have helped us along the way.

### Level Four

Written by: Megan Bliss

High acuity clinical this semester was awesome! We had the opportunity to create our own schedule and we had many, many options to choose from. I had the opportunity to do three shifts up at Utah Valley Medical Center in two of the ICU's. The nurses were very accommodating and so willing to go above and beyond to teach and provide learning experiences. My understanding of High Acuity nursing expanded so much during those three shifts! We are very lucky, as a program, to have the vast

resources available to us to learn and grow. Even



though we have to travel for a lot of them, we are given the opportunity to take advantage of varying experiences.

We have all seen the lungs and hearts in the cadaver labs during our anatomy classes. However, Aja James, High Acuity Instructor, takes learning to a whole new level when she uses animal lungs and hearts to teach us. The difference between the two situations is with Aja, she incubates the hearts/lungs to show us exactly what happens to the little alveoli when they are inflated. We don't get that experience in the cadaver labs! It was a great experience!

### RN to BSN

Written by: Caralee Lyon

Edited by: Reggie Gillins

This has been a very busy year for our RN to BSN class as we have tried to balance family, work, school, travel and homework!!! Many of our classes to complete their degrees while family responsibilities.

We have had a great semester activities was the day that Aja brought able to see them be inflated. That was for the feel of the lungs and what they

Many of us attended the day at where we had a great time spending up on the hill.



class are trying to finish up extra they work full-time and balance

probably one of our favorite the lamb lungs to lab and we were amazing. No one was prepared would look like.

the legislature for Donnas' class finding out about what happens

Good news has come our way as Yvonne discovered that she is expecting twins. We are all so happy for her and want to take turns babysitting when the babies get here All of our prayers are with her as she embarks on her journey. Cade also got engaged and is planning a June 13<sup>th</sup> wedding.

Now we are anxiously looking forward to graduation – with relief and a deep sense of accomplishment that we are actually prepared to graduate. Most of us intend on keeping the current jobs that we already have.

Our class would like to express our deep gratitude to the faculty for their wisdom, understanding and help they have offered along our journey. Graduation felt so far away a year ago and now we are here!!! Yeah!!! Congratulations to all the graduating RN students from us. We love being RN's and feel happy that more are joining our ranks.

Visit the alumni and students blog at <http://suustudentnurse.blogspot.com/>



**Department of Nursing-Fundraising and Development**

Name \_\_\_\_\_ Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Year Graduated \_\_\_\_\_

Does Your Employer Match Contributions? Yes  No

Check Enclosed  Cash Enclosed

Card Type  Visa  MasterCard  Discover Card No. \_\_\_\_\_

3- Digit Security Code \_\_\_\_\_ Expires \_\_\_\_\_ Signature \_\_\_\_\_

**DONATION OPTIONS**

**DONATION AMOUNT**

Scholarship Fund\* \$ \_\_\_\_\_

Graduation Fund \$ \_\_\_\_\_

Training Equipment \$ \_\_\_\_\_

**\*All money donated to support nursing scholarships WILL go towards scholarships for Nursing Students.**

**Please send this form to:**

**Southern Utah University, Department of Nursing, 351 W. University Blvd., GCO05, Cedar City, UT 84720**

SUU Department of Nursing  
351 W. University Blvd. – GC 005  
Cedar City, UT 84720