

THE SCOPE

Spring 2013

Bi-annual Newsletter for SUU Nursing

Editors: Janci Hoyt, Stephanie Goodwin &
Jaclyn Waters



NCLEX-RN Update:

Congratulations to the Class of Fall 2012! They had a 95% pass rate on the NCLEX-RN. This is a huge accomplishment. We are proud of them and wish them the best of luck in their future career as nurses.

Spot light: Professor Claudia Kreipl



As one of our professors gets ready to retire at the end of spring 2013, we wanted to reflect her accomplishments and let her know she will be missed. Many students will all testify of how great of a teacher she is and how she loved all of her students. She was always interested in what we were working on and would be willing to help however she could.

We asked Professor Kreipl to expound on some of her accomplishments and duties she held while working with the SUU Department of Nursing.

I am very grateful to have had the opportunity to be a part of the nursing faculty at SUU. I have arranged clinical instruction in Care of the Family, instructing student nurses on providing healthcare to clients in situations involving childbearing/rearing family. I also taught a course that focuses on nursing concepts basic to mental health and wellness across the lifespan, mental illnesses, therapeutic relationships, family dynamics, crisis intervention, coping with acute and chronic illness and stress management. I have assisted in the Capstone clinical course preparing the student for the role of BSN. My most valuable experience has been working with some of the most professional and caring faculty I have ever known. Working at SUU has been an incredible blessing and opportunity that I will never forget. Thank you, Thank you, Thank you to all the wonderful student nurses to be and ones that are now nurses who will someday, most likely take care of me.

SUU Student Nurses Association Officers Spring 2013:

Faculty Advisor: Shelley Sanderson

President: Lisa Walters & Ashley Tycksen

Vice President: Marie Harvey

Secretary: Jacqueline Kent-Marvick

LEVEL UPDATES:

Level 1

By: Jacqueline Marie Kent-Marvick

The rookie class (Fall of '14) hit the ground running. Only problem: seven weeks into this marathon, and it's still a sprint! We finished our clinical rotation at Kolob.

We asked the second-levelers, "When is this going to let up a little?" And they said, "It just gets tougher!"

The group consensus was that we had bonded with the residents at Kolob and that we will miss them.

We went to the third level students, and they said, "Hey! You think you've got it rough-wait'll you get to level 3!"

Our stint at Valley View Medical Center has begun auspiciously, and we're excited. This is a generally close-knit group, with plenty of class clowns, and we're having fun. The class pledge for our March 4th Professional Pledge Ceremony reflects the spirit of our class pretty well.



Level 2

By: Samantha Dischbein

Hello from the Level Two Nursing Students! We have reached mid-term and are having so much fun! Half of the class is performing clinical rotation on the Med-Surg floors at Dixie Regional, while the other half are participating in "field trip" clinical rotations. These field trips include clinical experiences at Same Day Surgery at DRMC and VVMC, Behavioral Med at DRMC, and Iron County Home Health, to name a few. Pharmacology and Med-Surg courses are busy as always! In Theory & Research, the class is researching the time and cost differences between an associates versus a bachelor's degrees in nursing, with the hopes of publishing the findings in a peer reviewed journal. Heart surgeries, EKG strips, and therapeutic communication! The semester has been great so far.



Sometimes I inspire my patients, more often they inspire me.

LEVEL UPDATES:

Level 3

By: Alisha Graf

We have been super busy this semester! Katie Hunter headed up this year's annual blood drive for American Red Cross. We all came together and made it a huge success. In fact, we even had to turn people away because we had met and exceeded our goal.

Relay for life is another big project we have taken on. We have our team put together and are currently working on fundraising efforts. Amy Manis, Katie Hiatt, and Katrina Baird headed up the fundraising effort by putting together a 5K fun run with the proceeds going to Relay for Life. Luckily our level is always supportive of each other and is always eager to lend a helping hand. We look forward to participating in Relay for Life in April. Level three is a great place to be and we are always up to the next challenge.



Level 4

By: Breanne Butterfield

The past two years have flown by and we are graduating! Throughout these years our class has been able to become close and create life-long friendships. This semester we have been given the chance to enhance our clinical abilities through our preceptor experience. We have been learning about attaining nursing leadership qualities with Professor Tipton and gaining knowledge about political issues in nursing with Professor Lister. We have also been cramming knowledge about high acuity into our brains with Aja! This semester has been a blast and we are ready to become professional nurses!

We are looking forward to obtaining an Advanced Cardiovascular Life Support (ACLS), Pediatric Emergency Assessment, Recognition, and Stabilization (PEARS) certifications and also a 12-lead EKG class. Thank you to the entire faculty that has helped us along the path of nursing school. We are grateful for them shaping us into professional, knowledgeable and accomplished nurses!



RN to BSN

By: Tia Talbot

We are almost done. We started our BSN program in May of 2012. We are all anxious to get done with this degree, but have loved this program and the amazing Professors of SUU. We are all working RNs who range in our clinical experience from the OR to ICU, rehabilitation to nursing homes, and cardiac floors to medical floor and even oncology specialties. This last semester, most of us joined Professor Lister at the State Capitol and had a great experience. We are finishing our critical care clinical with Professor James. Since we all come from different areas of work, we have enjoyed the collaboration that this program encourages. We have had the opportunity to not only learn from the Professors but our peers! I don't think graduation can come soon enough, though!

Current Events & Activities:

5K & 1-Mile Fun Run:

By: Tina Cox

Third level nursing students hosted their first 5K and 1-mile fun run on March 23rd at the Canyon Park! It was a St. Patrick's Day theme where we encouraged all runners to dress up in St. Patrick's Day attire. Every runner received a T-shirt and we gave out 11 different prizes for each age group and best dress. First-place prize was a one-night stay at a condo and two ski or snowboard rentals at Brian head resort! Other prizes included more snowboarding passes, a massage, gift cards, and spirit gym passes. We had a great turn out for our first race with around 35 runners. Overall, we raised \$650! All proceeds will go towards the 3rd Level Nursing Student's pinning ceremony and Relay for Life. Thank you to everyone that helped out with this event!

Graduation and Pinning Ceremony

By: Jaclyn Waters

Graduation is coming fast! It is going to be a busy weekend for the graduates, friends, and family members involved. On Friday, May 3 at 9:00 a.m. level four nursing students will be having their pinning ceremony. Family and friends of the graduates are invited. After the pinning ceremony, the processional line up will begin at 11:00 a.m. At 12:00 p.m. there will be the Commencement Ceremony for all graduates in the Centrum Arena. On Saturday, May 4 the College of Science and Engineering students will receive their diplomas also located in the Centrum Arena. The graduates are all excited for these upcoming events.

Closing Social

By: Jaclyn Waters

The closing social for all nursing students will be held on Thursday, April 25 at 6:00 pm. It will be at 3-peaks where Dutch oven, s'mores, and games will be provided. This is an opportunity for all the nursing students to have one last get together before the semester comes to a close. The SUUSNA board and board members have worked hard on planning and getting this activity arranged. They are hoping for a good turn out.

Relay for Life

By: Jared Black & Lisa Walters

For Relay for Life we have undertaken several fundraising projects. On April 19-20 we will have a booth selling pulled pork dinner, drinks, and snacks. The theme this year is "Be a Hero" and SUU Nursing will specifically be using *Robin Hood* as our inspiration and our booth will be Sherwood Forest. We are excited about all of our plans and look forward to having a lot of fun!

- Jared Black

Relay for life is going to be great this year. The walking starts at 6pm and will go until that next morning around 6 am. We would love everyone to come out and support us in helping raise money to cure cancer.

- Lisa Walters

Humanitarian Trip

By: Katie Hunter

The SUU Nursing students are planning their first, of what they hope to be an annual, humanitarian service trip to Belize from June 1st-9th, 2013. There will be 12 students, 1 SUU graduate and 2 faculty attending this trip. The nursing students hope to gain a great cultural experience while also serving the people of Belize. They will be able to practice all of their current nursing skills in both rural and urban areas. Those traveling have been working hard to raise funds for the trip. They have hosted a fundraiser at McDonald's, a rummage sale, a drawing with many different prizes, and will be hosting a bake sale at Wal-Mart on Saturday, April 13th. Their goal is to raise \$20,000 by May 1st. As the time nears for us to travel, we are becoming more excited to embark on this adventure and to serve and get to know some of the people of Belize.

Celebration of Southern Utah Nurses

By: Dani Curtis

On February 28th SUU nursing students hosted the Celebration for Southern Utah Nurses. Level 4 nursing students worked with department chair Donna Lister to plan the celebration. Nurses working in Southern Utah were honored for excellence in each of their fields of nursing. The chosen nurses were presented with their awards at a banquet where level 1 and level 4 nursing students conducted and served.

