

**Bachelor of Science in Human Nutrition-Allied Health Emphasis
Worksheet & Pre-Requisites —2017-18**

Course #	Course title	CR	Off'd	Pre-Requisites
HUMAN NUTRITION CORE				
NFS 1020	Scientific Foundations of Human Nutrition	3	F/S/Su	
NFS 2020	Nutrition in the Life Cycle	3	F/S	NFS 1020
NFS 3020	Nutrition as Related to Fitness & Sports	3	F/S	NFS 1020
NFS 4020	Advanced Human Nutrition	3	S	NFS 1020, 2020, CHEM 1210/1220 BIOL 2420 rec'd,
NFS 4990	Senior Seminar in Nutrition	1	F/S	NFS 3020 & One of 3040, 4040 or 4480
CHEM 1220/1225	Principles of Chemistry II/Lab	4/1	S/Su	CHEM 1210/1215
AND SELECT 3 OF THE FOLLOWING				
NFS 3040	Nutrition Assessment	3	F/S	NFS 1020 & NFS 2020
NFS 4040	Nutrition Communication and Counseling	3	F/S	NFS 1020 & NFS 2020
NFS 4050	Nutrition and Diet Therapy	3	F/S	NFS 1020 & NFS 2020, CHEM 1210/1215
NFS 4480	Community Nutrition	3	F/S	
Restrictive Electives	Select 23 credits from below			
BIOL 1610/1615	General Biology I/Lab	3/1	F/S	
BIOL 1620/1625	General Biology II/Lab	3/1	F/S	BIOL 1610/1615
BIOL 2060/2065	Introductory Microbiology	3/1	F/S/*	BIOL 1610/1615
BIOL 2320/2325	Human Anatomy/Lab	3/1	F/S/*	
BIOL 2420/2425	Human Physiology/Lab	3/1	F/S/*	BIOL 1610/1615
BIOL 3050	Biomedical Ethics	2	S	
BIOL 3060/3065	Genetics/Lab	3/1	Spring	BIOL 1620/25 & CHEM 1110 OR 1210
CHEM 2310/2315	Organic Chemistry I/Lab	4/1	F/Su	CHEM 1220/1225
CHEM 2320/2325	Organic Chemistry II/Lab	4/1	S/Su	CHEM 2310/2315
CHEM 4110	Biochemistry I	4	F	CHEM 2320/2325 & BIOL 1620/1625
CHEM 4120	Biochemistry II	4	S	CHEM 4110
MATH 1040	Statistics	4	F/S/Su	MATH 1010 or Math ACT 21 or higher
NFS 1240/1245	Introductory to Food Preparation/Lab	2/1	S	
NFS 4200/4205	Food Science/Lab	3/2	F	NFS 1240/1245 & CHEM 1210, 1220
NFS 4850	Undergraduate Research	1-5		Instructor permission, 2 UD NFS courses
PE 3070	Exercise Physiology	3	F/S	BIOL 1020 or 2420
PHYS 2010/2015	College Physics I/Lab	4/1	F	MATH 1060
PHYS 2020/2025	College Physics II/Lab	4/1	S	PHYS 2010/2015
SOC 4100	Sociology of Health & Medicine	3		
One of the following not used above may be used also				
NFS 3040	Nutrition Assessment	3	F/S	NFS 1020 & NFS 2020
NFS 4040	Nutrition Communication and Counseling	3	F/S	NFS 1020 & NFS 2020
NFS 4050	Nutrition and Diet Therapy	3	F/S	NFS 1020 & NFS 2020, CHEM 1210/1215
NFS 4480	Community Nutrition	3	F/S	
Open Electives	To total 120			
Upper Division Electives	To total 40	22-24		
GENERAL EDUCATION				
ENGL 1010	Intro to Academic Writing	3	F/S/Su	
ENGL 2010	Intermediate Writing	3	F/S/Su	ENGL 1010 or ACT of 29+
MATH 1050	College Algebra	4	F/S/Su	MATH 1010
American Institution		3	F/S/Su	
LM 1010	Information Literacy	1	F/S/Su	
CSIS 1000	Intro to Computer Applications	3	F/S/Su	
FINE ARTS:		3	F/S/Su	
HUMANITIES		3	F/S/Su	
SOC SCIENCE		3	F/S/Su	
LIFE SCIENCE		4	F/S	
PHYSICAL SCIENCE	CHEM 1210/1215	5	F/S	MATH 1050

* = Summer as needed