

# SOUTHERN UTAH UNIVERSITY

Walter Maxwell Gibson College of Science & Engineering

## Human Nutrition Minor

updated 3/21/2017

### Nutrition Requirements: 17-18 Credits)

- NFS 2020 Nutrition in the Life Cycle (3) (F/S)  
*Pre-req: C or better in NFS 1020*
- NFS 3020 Nutrition/Fitness and Sports (3) (F/S)  
*Pre-req: C or better in NFS 1020*
- NFS 4020 Advanced Human Nutrition (3) (S)  
*Pre-req: NFS 2020 & CHEM 1110/1115, CHEM 1120/1125,  
or CHEM 1210/1215, CHEM 1220/1225*
- Select one of the following four courses:**
- NFS 3040 Nutrition Assessment (3) (F/S)  
*Pre-req: NFS 2020*
- NFS 4040 Nutri. Communication & Counseling (3) (F/S)  
*Pre-req: NFS 2020*
- NFS 4050 Nutrition and Diet Therapy (3) (F/S)  
*Pre-req: NFS 2020 and CHEM 1210/1215*
- NFS 4480 Community Nutrition (3) (F/S)  
*Pre-req: Instructor Permission*
- Select one of the following class and lab:**
- CHEM 1120/1125 Elementary Organic Bio-Chem/Lab  
(5) (F/S/M) *Pre-req: C or better in CHEM 1110*  
OR
- CHEM 1220/1225 Principles of Chem. II/Lab (5) (S/M)  
*Pre-req: C or better in CHEM 1210/1215*

### ADDITIONAL INFORMATION

**Students are strongly encouraged to consult their advisor before selecting coursework, including electives.**

**Students must complete their major coursework with a C grade or above.**

**A minor is not required**

**Courses over 10 years old will not be accepted.**

**Students must have 120 total credits/40 upper-division credits to graduate.**

**Pre-Requisites and the semester that courses are offered are subject to change. Please check the current catalog for updates.**

**NOTE:** NFS 1020 and CHEM 1110/1115 or CHEM 1210/1215 Must be taken

*Recommended Electives: BIOL 2420/2425 & BIOL 2060/2065*

**F:** Fall courses

**S:** Spring courses

**M:** Maymester/Summer courses