You asked to feel the Direct Effect of your Wellness achievements, in your wallet, so T-Fit, the holistic Wellness program for the employees of SUU, created TRACKER! — a points-based system to help you earn a **$75 CASH REWARD**. Within each Challenge Period, you can receive points in three fun categories of Wellness:

- **The Challenge**
- **Physical Activity**
- **Programming & Events**

Enter “MY SUU” portal and visit the T-Fit TRACKER! link to instantly open Your TRACKER! ACCOUNT.

GET SOME EXTRA PAY WHEN YOU PLAY

When you achieve a certain level of participation, T-Fit pays you 75 extra bucks!

T-Fit strives to support employees in achieving their highest potential for well-being in their life and health, including physically, emotionally, intellectually, spiritually, nutritionally, occupationally, financially, and socially.

CONTACT Renee Ballenger, Wellness Coordinator, with any questions about all that’s happening in Your T-Fit!

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