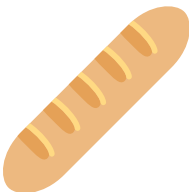
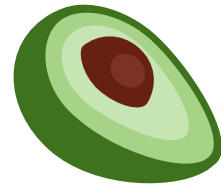
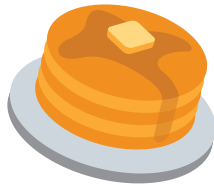
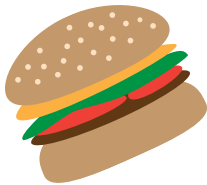
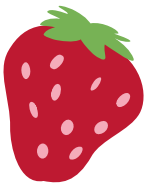


# How to Eat and Not Go Broke

- Make a budget for groceries and a separate budget for eating out.
- Plan what you want to eat ahead of time.
- Don't shop when hungry!
- Get food you are excited to eat.
- Plan for snacks!
- This is the zombie apocalypse-we don't need any fancy food or things. We just need to survive!
- Visit the Financial Wellness Department for more advice!



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