This application contains the following:

- Level 1 Peer Position Description
- Timeline
- Fall 2015/Spring 2016 Schedule
- Level 1 Peer Applications due **June 14th through August 14th, 2015**
- Level 1 Peer Applications due **December 8th – January 6th, 2016**

Please return completed interest form to:

Nikki Gwin
Prevention Specialist, Alcohol, and other Drug Education
Sharwan Smith Student Center, Mentoring Center, ST117 *or* email it to gwinn@suu.edu
Office #: (435)865-8435 Cell #: (435)327-1987
Position Title:
Level 1 Peer Health Educator

Goal:
The R.E.A.L. Peer Health Educators work in conjunction with the Counseling and Psychological Services office to create a presence on campus that links the community with the message of positive decision-making, and empowers the students to make a difference on campus through social and educational initiatives.

Primary Function:
Under the direct supervision of Nikki Gwin the SUU Prevention Specialist, Alcohol and Other Drug (AOD) Education, the Level 1 Peer Health Educator will:

- Assist in developing and implementing educational and social programs geared towards education of mental health, physical health, sexual health, healthy decision making skills, depression and suicide prevention, as well as alcohol and other drug issues.
- Assist in wellness campaigns/event overseen by Level 2 Peers and in partnership with various university departments, including Residence Life, SUU Student Activities, Athletics, Counseling and Psychological Services, and the Center for Women and Families.
- Become well versed on wellness and health related topics, including: alcohol and other drug use/abuse, nicotine use, healthy relationships (communication, abstinence, verbal/physical abuse, rape), and personal/mental health (body image, eating disorders, depression, suicide, etc.)
- Serve as a University role model and advocate for responsible and healthy lifestyle choices.

Qualifications:
- Must be a registered Southern Utah University student.

- Must be a role model for responsible and healthy lifestyle choices and enthusiastic about educating peers on wellness issues.

- Must possess strong verbal skills and the desire to present information to peers.

- Must demonstrate the ability to work with individuals and groups.

Duties and Responsibilities:
- Attend all mandatory trainings and meetings.
- Register and attend the University 1020: REAL Peer Training during fall or spring semesters.
- Develop and implement outreach programs and workshops that educate the Southern Utah University community about AOD and health related issues as they relate to college students.
- Assist Level 2 peers in the facilitation of educational and social and wellness presentations and events.
- All other duties as assigned by the Peer Advisor and Level 2 Peers.
TIMELINE FOR Level 1 R.E.A.L. PEER HEALTH EDUCATORS

June 14th - August 14th, 2015: Level 1 Peer Applications due.

August 20th, 2015: Invitation email sent to selected level 1 peers with Commitment Contract.

August 23rd, 2015: First PHE Meeting @ 8 p.m. in ST117 (across from SUU Cafeteria). Signed contracts due to Nikki Gwin - the Prevention Specialist/Peer Advisor.

Fall 2015 – Spring 2016 Semester Schedule:

Campaigns:
Mental Health Awareness: September
Addictions Week: October
Great American SmokeOut: November
Impaired Driving: December
Health Body Image: January
Sexual Responsibility Week: February
Safe Spring Break: March
De-Stress Day: April

Late Night Events: Dates TBA
Casino Night
Game Night
Murder Mystery
Scary Movie Night
*Brainstorming additional events/ideas throughout the semester.

Expectations for R.E.A.L. Peer Health Educators:
- Attend all dates with a smiley face 😊.
- Plan, implement, and assist with four campaigns a semester.
- Plan, implement, and assist with four late night events a semester.
- Assist Level 2 peers with at least 2 presentations a semester.
- Actively participate as a member; fulfill tasks/PHE hours as assigned.

E.E.R. Credit: For all new incoming freshmen who are required to earn their EER credits, the R.E.A.L. Peer Program is a great option for earning those credits. SUU’s Experiential Education Requirement (EER) is based on established experiential education pedagogy and best practices. The design and execution of the requirement affords students hands-on opportunities to gain practical experience while achieving a deep and rich understanding of the process of researching, planning, proposing, completing, and reflecting on a rigorous academic experience. These are skills transferable to any professional life. See chapter 14 in your SUU academic catalog for more information.
Southern Utah University
R.E.A.L. Peer Health Educator Application

Part I: Personal Information

Name: ________________________________________________________________________________

Last    First    MI

T-number: _________________________________________ Date of Birth: ___________

SUU Mailing Address: ________________________________________________________________
_______________________________________________________________________________________

Summer/Permanent Address: _____________________________________________________________

EMAIL ADDRESSES:   1)     2)

Home/SUU Housing Phone Number: _______________________________________________________________

Cell Number: ______________________________________________________________________________________

College: ___________________________ Major: _____________________________

Present College Level: __________________ Graduation Date: ___________________

Part II: Additional Questions

1. What are common college student attitudes or issues that you would like to see challenged? What are some ways that you would challenge these attitudes/issues?

2. How comfortable are you speaking to students about issues such as sexual health, eating disorders, suicide, relationship/dating violence, substance abuse, etc.?

3. Being a Peer Health Educator is a challenge itself, and requires a significant commitment. Do you feel you can truly commit your time and energy to the Peer Program? What other commitments do you have?

4. Are you able to commit to weekly meetings? Are you free next semester on Tuesdays, 8pm-9pm. *Please attach your school and work schedule to this application.*

5. After reviewing the Position Description and R.E.A.L. Peer Expectations/Requirements are you willing to commit to these and/or have any conflicts or questions?

6. Please tell us why you should be chosen as a new member of R.E.A.L. Peers.

*(Please feel free to use an additional piece of paper or the back of this application to write your responses).*