

2023 / 2024

ANNUAL REPORT

COLLEGE OF HEALTH SCIENCES

Visit our website:

https://www.suu.edu/healthsciences/

Contact us:

COHS@suu.edu

Location:

PEB 218

Table of Contents

Year in Reviewp.3
Message from the Dean
COHS In the Newsp.4
COHS Advisory Board, Student Senator + Student Advisory Committee
<u>AGNS</u>
Guymon is awarded LA Stoddart Scholarship
Livestock and Heritage Day Parade Recap
 Winward recognized as "Collaborator of the Year"
 Nutrition Faculty contribute at the annual FNCE in Denver
 Diet Education and Awareness & Fall 2024 Dietetics Program
<u>KOR</u>
 MSSCP faculty and students contribute at annual NSCA, Earn Recognition
 Exercise Science faculty and students attend annual SWACSM meetings
 SUU earns "Exercise is Medicine" recognition at ACSM conference
 M.A.T. students are regional Quiz Bowl Champions, compete at nationals
 MSSCP student research is published
 KOR faculty attend National ACSM Conference, student presents
 ORPT faculty visit Vermejo, ORPT students help with National Park Survey
<u>NURS</u>
 Nursing Pledging Ceremony
 Best Online Degree Program & College of Distinction
 3rd Quarter NCLEX Results hit 100%!
 Recognition for RN-to-BSN Program as a Top-Ranked Nursing Department
 Dr. Suzie Campbell publishes on innovative teaching method
Dr. Donna Lister receives "Award of Excellence" from Intermountain Health
 Professors receive SUU National Society of Leadership & Success recognitions
 Nursing student Brooklyn Clayton publishes research
College Highlightsp.18
AY 23-24 Faculty and Staffp.27
Agriculture and Nutrition Science
Kinesiology and Outdoor Recreation
Student Success Advisors
 Nursing
• COHS
 Accomplishments: Scholarship and Service Activities
Enrollment and Class Size Datap.33
COHS Agendas & Reportsp.37
0

AY 2023-24 YEAR IN REVIEW

MESSAGE FROM THE DEAN



Greetings friends of COHS,

Academic Year 2023-2024 was memorably in a variety of different ways, and has been filled with significant events and accomplishments, thanks to our dedicated faculty, staff, students, and alumni.

So what was achieved in COHS this year?

I. Updated COHS Strategic Plan (2024-2030)

- Sincere "thanks" to the COHS Strategic Planning Task Force that led the collaborative effort to update the <u>COHS strategic plan</u> and synchronize it with <u>SUU's new strategic plan</u>. This process has provided a clear direction for COHS's future (*Special thanks to task force chair Anne Smith).
- II. New Programs = Master of Science in Dietetics & Nursing Health Professions-to-BS established
 - Sincere "thanks" to all faculty and staff who helped develop, finalize, and launch these programs
- III. New Student Research Event Established = COHS Scholarship Symposium (December 2023)
- Sincere "thanks" to research methods instructors who integrated the event into their Fall courses
- IV. New Faculty = Corrine Johnson (NUR) & staff Cherisha Lister (NUR) joined COHS in 2024 New Faculty Suzanne Young (AGNS) & Justin Deblauw (KOR) will join COHS in Fall 2024
 - Welcome new colleagues! Sincere "thanks" to faculty and staff who served on search committees
- V. New Donors = providing mini-travel scholarships to support students presenting at conferences
- Sincere "thanks" to Katie Kamachi in Advancement for her efforts in cultivating donor relations
- VI. COHS student awarded prestigious SUU Board of Trustees Scholarship for 2nd year in a row!
- Congratulations to Joseph Clinger AGNS Spring 2024 recipient!
- VII. Two COHS Faculty/Staff socials were hosted to continue to strengthen relationships and culture
- VIII. 2nd Annual COHS 5K "Fun Run" was hosted by the COHS Student Advisory Committee
- \$3,000+ in net proceeds raised to support student-based initiatives in COHS

X. Annual COHS Convocation was hosted on Friday, April 26

- The celebration of over 300 graduating students from COHS academic programs was memorable! Congratulations to all 2023-2024 graduates! Best wishes in your next chapter of professional life and please keep in touch with COHS, Alumni Relations, & Career Services into the future.
- IX. New leadership opportunities for COHS faculty and staff coming in Academic Year 2024-25
 - New COHS Business Manager = Ms. Katie Murray
 - New Associate Dean = Dr. Kelly Goonan
 - New Nursing Department Chair = Dr. Suzie Campbell
 - New MSSCP Program Director = Dr. Marcus Lawrence
 - New Nursing Graduate Programs director = Dr. Selwyn Layton

Sincerely, J. Tony Oliver - Dean

AY 2023-2024 COHS Advisory Board

Sincere "thanks" to members of the COHS Advisory Board for their service and contributions to COHS during the 2023-2024 academic year. Under the leadership of Chair Paul Roelandt, the Board generously established the **COHS Advisory Board** Scholarship during the academic year, and met twice on campus during the year. We look forward to working with these dedicated discipline experts during the 2024-2025 academic year.



Board Chair - ORPT



Pre-Physical Therapy











Exercise Science

Artis Grady Nutrition

Ashlee Humphries Athletic Training



Jeff Rudy PE Teaching/Coaching



Dave Staheli Agriculture



AY 2023-2024 Student Advisory Committee COHS Student Senator



Mrs. Brooklyn Henderson provided dedicated service to COHS during the 2023-2024 academic year, serving as lead chair of the COHS student advisory committee, and also acquiring much needed funding for COHS student initiatives via SUUSA.



Blythe AustinHuman Nutrition



Elizabeth Brown
ORPT



Mitchell Bunn KOR



Coldir CoxNursing



Natalie Flores
Pre-Nursing



Dean GoebelHuman Nutrition



Kayla Horton MAT, KOR



Bryson HumphriesAgriculture

AGRICULTURE

During the Fall 2023 and Spring 2024 semesters the Agriculture Department has achieved remarkable milestones, earned consistent recognition, and actively engaged in school events and community initiatives. We celebrate the outstanding contributions of our exceptional faculty, staff, and students!

Guymon is awarded LA Stoddart Scholarship

Hal Guymon, a senior from Huntington, Utah, is pursuing a degree in Range Management. The State of Utah Society for Range Management established the L.A. Stoddart Scholarship in 1974 in honor of the late Dr. Stoddart, a distinguished researcher, scholar, and former head of the Range Science Department at UTU. This cash scholarship is granted annually to only three exceptional range management students in the entire state of Utah. Receiving the L.A. Stoddart Scholarship is a huge accomplishment for **Guymon**, and he is honored to have been chosen among the many talented students in Utah., this marks the second consecutive year that an SUU range student has received this prestigious award. Guymon's passion for range management began at a young age. He knew that he wanted to turn his love for the outdoors into a career that would allow him to make a difference in the world. Now, as a senior at Southern Utah University, he has excelled in his studies and has proven himself to be a dedicated and talented student. He plans to use the scholarship to further his education and gain valuable experience in the field of range management. **Guymon** is grateful to his professors at SUU for their support and guidance throughout his academic journey.



(L-R) Jeff Barnes, Hal Guymon



Livestock and Heritage Day Parade

The Livestock and Heritage Festival Parade was hosted on Saturday, October 28th, 2023. The Agriculture club is involved every year, and this year had about 30 Ag Club members participating. Lots of preparation goes into these events taking into account the livestock transported, tended to, prepared to walk, etc. "The Heritage Festival is always a success for our program, it helps promote our club and shows our importance at SUU." (**Bryson Humphries**, **President of the Ag Club**). About 50 Texas Longhorns, horses, and 1,000 sheep participate in the parade down Main Street. The sheep are a historic symbol for the area, and the main reason for the parade, therefore they are rewarded with treats at the end.

Collaborator of the Year

On January 3rd **Dean Winward** was presented the "Enterprise & Iron Conservation District Partner of the Year" award. Named as Collaborator of the Year, **Winward** was recognized at an awards banquet at Milt's Stage Stop, and was given a jacket. A combined effort was made between the Agriculture program's faculty; **Lee Wood**, **Chad Gasser**, and **Mitch Greer**; past and present students, several of who are now serving on the E&I board, and SUU's farm manager **Morgan Christensen** and assistant



Dean WinwardProfessor

manager **Andy Heaton**. Some collaborative work that has been done by **Dean** includes helping with the Conservation Tree and Shrub Program. Congratulations **Professor Winward** In the Agriculture industry, there was a need for a more efficient way to irrigate, and so the SUU farm was able to conduct research on the Low Elevation Spray Application (LESA) systems. These efficient studies in 2018 led to more than 2,000 acres of alfalfa fields in the Cedar Valley to be converted with the help of E&I Conservation District & the Water District acquiring funds from the Utah Legislature to make this happen. The next step was dedicating a program to converting traditional pivot nozzles to high-efficiency LESA nozzles that research shows can achieve 95 percent efficiency. Utah State University and Southern Utah University are currently collaborating in a research study to determine the most water-efficient ways to irrigate agricultural land in Utah. With Cedar Valley farmers as one of the main focuses, this research is happening locally on the SUU Farm along with several other locations in Utah.











NUTRITION

The Nutrition Programs have had amazing opportunities to attend prestigious conferences and actively promote awareness of nutrition. Our dedicated faculty, staff, and students consistently demonstrate exceptional commitment and innovation in their work, and we know there are more great things to come!

Nutrition at FNCE

Celesta Lyman and Temi Ibiyemi attended the Food and Nutrition Conference & Expo (FNCE) in Denver, Colorado October 7th-10th. With up to 13,000 attendees, this conference is focused on the newest nutrition research and practices. Lyman and Ibiyemi were able to participate in a wide variety of sessions, with topics such as leadership, eliminating biased language, the disease of obesity, food as medicine, binge eating disorder, pediatric trauma, and eating disorders in male athletes. Lyman has since been able to implement the information learned in the sessions to her Nutrition Counseling, Nutrition Assessment, Dietetic Professionalism, and Nutrition Foundation courses. Ibiyemi is a member of the Academy of Nutrition and Dietetics and hence was invited to attend the conference. He presented a poster that focused on the objective and subjective measurements of fruits and vegetables using new technology - the veggie meter device.



Celesta LymanProfessor



Temi Ibiyemi Professor

Diet Education and Awareness

On March 5th **Elizabeth "Lizz" Hill**, along with other Nutrition faculty, presented at the 2nd Employee Wellness seminar. **Lizz** presented on the beneficial effects of a Mediterranean eating style (diet) for both mental health and physical well-being. She effectively highlighted the key components of a Mediterranean eating style including the food pyramid, suggested health benefits and meal ideas.



Elizabeth HillProfessor

Fall 2024 Dietetics Program

Congratulations to the first cohort of the MS Dietetics Program! Left: **Professor Davis**, Hunter Torgersen, **Professor Lyman** (Program Director), Emma Sager, Margie Hammon, **Professor Hill**, **Professor Nickerson**, Ashly Carlson, Addisyn Mikkelson, Linzy Ballard, Ellie Busher, (not pictured - Kaitlyn Peterson).



Faculty Farm Tour

On March 14th Nutrition Faculty **Temi Ibiyemi**, **Celesta Lyman**, **Hannah Nickerson**, **Alyssa Davis**, and **Donna Kroff** toured the SUU Farm with **Lee Wood** as their guide.





Food Science Field Trip

On March 20th students in the **Nutrition Food Science class** were able to travel to Richfield, UT to tour the new feed processing and meat packing plant center, Utah Beef Producers. The tour was timed perfectly with course content focusing on processing meat (covered the day before), and witnessing the beef processing process from the arrival of the cattle to the aging of the meat. Three Nutrition Faculty, nine Nutrition students, and four honorary guests attended the tour given by Henry Barlow. Learning about not only the process but the respect, purpose and sacrifice for the animals in completing the process in a humane way were priorities of the trip.





KINESIOLOGY & OUTDOOR REC

Kinesiology & Outdoor Recreation programs thrived during the 2023 Fall and 2024 Spring semesters. Faculty, staff, and students alike excelled as they participated in prestigious conferences, competed with success in Quiz Bowls, achieved notable publications, and earned well-deserved recognitions for their programs. We look forward to witnessing more outstanding achievements ahead.

MSSCP at NSCA

Dr. Marcus Lawrence, accompanied by six Master's of Science in Sports Conditioning and Performance (MSSCP) students, attended the National Strength and Conditioning Association (NSCA) Annual Meeting in Las Vegas, Nevada from July 12-15, 2023. Four students - **Ogochukwu (Emma) Nwachukwu, Noah Staheli, Emily Wilson**, and **Augustine Agyei** - presented their Master's theses. Additionally, two current MSSCP students, **Jim Healis** and **Shaya Piccini**, attended the conference to gain further insight into the strength and conditioning discipline and network with industry professionals. Notably, the MSSCP program was recognized by NSCA as an Education Recognition Program (ERP).



MSSCP Earns NSCA Recognition

The National Strength and Conditioning Association (**NSCA**) Education Recognition Program (**ERP**) is considered the world's premier organization committed to advancing the strength and conditioning discipline. SUU is honored to be a recognized and distinguished regional academic institution with strength and conditioning curricula in undergraduate and graduate programs that meet the educational guidelines endorsed by the NSCA. As the only institution in the state of Utah to be recognized in this manner we strive in the **College of Health Sciences**

to continue to uphold and exceed the expectations and standards of the NSCA ERP for the Masters of Sports Conditioning & Performance academic program (MSSCP).



Exercise Science at SWACSM

Seven undergraduate Exercise Science students, two MSSCP graduate students, **Dr. Julie Taylor**, **Dr. Jeff Cowley**, and **Dr. Marcus Lawrence** attended the Southwest Chapter of the American College of Sports Medicine Conference (SWACSM) in Costa Mesa, California on October 27-28. They attended lectures about exercise and physical activity guidelines, and how to apply them at SUU and in the region.





"Exercise is Medicine" Recognition Earned

SUU has been recognized by the American College of Sports Medicine's Exercise is Medicine (EIM) Program for creating a culture of wellness on Campus with Silver level recognition. Our amazing SUU EIM-OC Leadership Team Marcus Lawrence (EIM Supervisor), Merrill Funk (Health Fitness Expert), and Mark Siemon (Healthcare Expert) were invited to the EIM recognition ceremony during the ACSM's 2024 Annual Meeting in Boston, MA in June. SUU is honored to be one of only 145 universities and colleges around the world to be recognized for these efforts to create a culture of exercise and wellness on a university/college campus.



M.A.T. Students are Quiz Bowl Champions

In March a group of students enrolled in the Master of Athletic

Training program (MAT) participated in a student quiz bowl competition at the annual Rocky Mountain Athletic Trainers Association's (RMATA) clinical symposium in Provo, UT. Eight teams representing MAT programs from universities in Utah (SUU, UofU, BYU, WSU, and UT), Colorado (CSU), Arizona (NAU) and New Mexico (UNM) participated in the quiz bowl. SUU finished first overall in team scoring as well as finishing first, second and third as individual students. Three SUU students were awarded a trip to New Orleans, LA to participate in the national student quiz bowl at the annual National Athletic Trainers' Clinical Symposium in June. They will represent the RMATA district and compete against other teams representing the other districts in the country.



M.A.T. Students Compete in National Quiz Bowl

On June 26, 2024 the National Quiz Bowl competition (Jeopardy Style) took place in New Orleans, LA as part of the 75th National Athletic Trainers' Association Clinical Symposia and AT Expo. There were 3-person teams from 11 of the NATA districts that competed. SUU's team did great and came in 7th place overall, after correctly answering the "final jeopardy question". **Autumn Johnson**, presented a poster from her published abstract, entitled "*The Effect of Isopropyl Alcohol vs. Exfoliating Soap and Water on Skin Impedance*". Her research project was mentored by **Dr. Cody Bremner**. **Kayla Horton** presented a poster from her published abstract, entitled "*Incidence of Achilles Tendon Ruptures and Associated Factors in Women's Artistic Gymnastics*". Her research project was mentored by **Dr. Amanda Hawkes**.

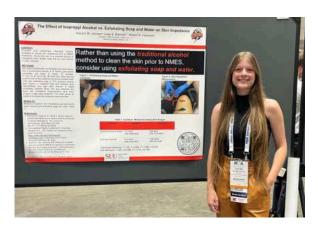


Above L-R: Maddie Whittemann Anna Walker, Rachel Smith



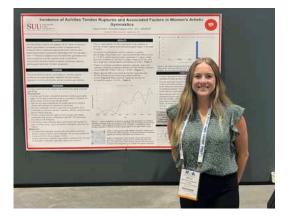
Above: Kayla Horton & Autumn Johnson

On Right: **Autumn Johnson** with her poster.





Above L-R: **Kayla Horton, Autumn Johnson, Anna Walker, Rachel Smith, Maddie Whittemann**



Above: **Kayla Horton** with her poster.

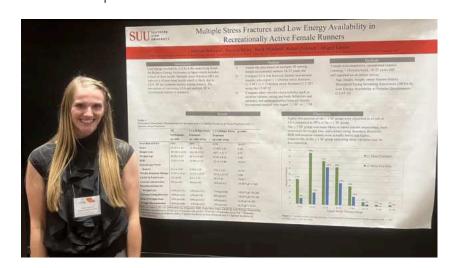
MSSCP Students' Research is Published

- Ogochuckwu (Emma) Nwachukwu's thesis was published in the International Journal
 of Exercise Science in January 2024, and was entitled "Effects of Supramaximal Anderson
 Quart-quats as a Potentiating Stimulus on Discus Performance in Division I Throwers: A Pilot
 Study"
- **Katie Crawley** (MSSCP graduate), had her thesis published in the Journal of Strength and Conditioning Research in January 2024, and was entitled "Effect of Extreme Volume-Load Differences for a Single Unilateral Exercise During In-Season Resistance Training on Measures of Bilateral Strength, Power, and Speed in Collegiate American Football Players"
- **LeighAnne Taylor Paulson** presented her thesis at the Southwest Chapter of American College of Sports Medicine (SWACSM) annual meeting as part of the Graduate Student Research Competition (as one of only six graduate student participants across all of SWACSM) in October 2023. Her presentation/thesis was entitled "*Physical function in young and older adult active pickleball players*". LeighAnne was also recently accepted in the BYU's PhD program (in Exercise Science) for the Fall 2024 semester.
- **Jim Healis** has submitted a proposal for a national presentation at the NSCA National Conference in July 2024. His thesis is entitled "Trends in American Female Youth Weightlifting Performance from 2015 to 2023".
- **Malorie Wilwand** presented her thesis at the SWACSM annual meeting and will also be presenting at the national ACSM Conference in May 2024. Her final paper will be submitted for publication. She examined the incidence of stress fractures and low energy availability in recreational female runners. She was also accepted into the BYU PhD program in Exercise Science for Fall 2024.

KOR Student & Faculty Attend ACSM Conference

The SUU College of Health Sciences was represented well at the 2024 American College of Sport Medicine Annual Conference held in Boston, Massachusetts from May 28-31, 2024. **Dr. Merrill Funk** attended the conference with faculty member **Suzanne Young** and incoming faculty member **Justin DeBlauw**. **Malorie Wilward** presented the results from her Master's

Thesis, "Multiple Stress Fractures in Female Recreational Runners At Risk of Low Energy Availability". Over 4,000 people attended the conference in-person with thousands of abstracts presented. SUU was also recognized as a Silver Campus for the Exercise is Medicine – On Campus initiative which advocates for increased physical activity and exercise in university campus communities.



Vermejo Visit

Dr. Kelly Goonan (KOR) and Dr. AJ Templeton (Hotel, Resort, and Hospitality Management) visited the Vermejo Ranch, a Ted Turner Reserve property in New Mexico April 11-14, 2024 to meet their management team and learn more about internship and employment opportunities for SUU students and graduates in ORPT and HRHM. Vermejo encompasses 550,000 acres in Northern New Mexico and provides a high-end guest experience with the goal of connecting people to nature. The visit included gourmet meals featuring produce grown at the property and game meats like antelope and venison; an array of activities including fly fishing and visiting historic Catskill kilns; tours of the accommodations; and an introduction to the many conservation efforts at the property, like stream restoration and native species reintroductions. The quality and culture of Vermejo resort was impressive. The resort invests in their staff by offering opportunities for professional growth, time to pursue interests and resources to develop strengths. SUU is excited to build this partnership and host staff from Vermejo on campus to meet and interact with students during the 2024-25 school year with the hope of placing students in internships or seasonal positions during the summer of 2025.



Turner House





Dr. Goonan reached for rainbow trout. Historic Catskill used to make charcoal.

Survey of National Park Visitors

Dr. Kelly Goonan (KOR) is collaborating with Dr. Sijun Liu (Department of Management and Hotel, Resort, and HM) on a project funded by the Utah Office of Tourism. The purpose of the project is to learn more about visitors to Utah's five national parks' trip characteristics and park experiences. Ten SUU students worked in teams to contact visitors at the "Mighty 5" (Arches, Canyonlands, Capitol Reef, Bryce Canyon, and Zion National Parks) during the first weekend in May and the Memorial Day Weekend holiday. The survey teams included CoHS students Kalysta Thomas (ORPT '24), Kate Abeyta (ORPT), and Hanna Maxfield (ExSci).



Right: Hanna Callis approaches a group of visitors.

Left: Students Hanna Callis (left) and Makayla DeSargant (right).



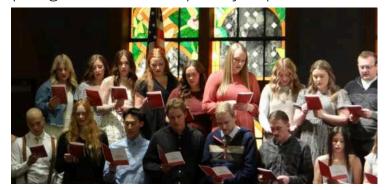
NURSING

The Nursing Department excels in providing exceptional mentoring for the incoming, current, and graduating Nursing students. Through the unwavering dedication of our faculty, staff, and students, the outstanding achievements of our department have been widely recognized by esteemed organizations.

Nursing Pledge Ceremony

On October 30th, forty new Nursing students participated in the Pledge Ceremony in the R. Haze Hunter Great Hall. Two student leaders along with **Prof. Shane Yardley** shared motivating advice during the ceremony. A musical number was also performed. **Prof. Donna Lister** expressed that, "The reason the Department of Nursing has pledge ceremonies is because involvement in the process of creating the ceremony and the pledge, and especially participating in recitation of the pledge, students frequently experience an

increased commitment to their role in the profession they have chosen." Nursing students are able to take the pledge in front of their family members, school leadership, and peers to acknowledge and recognize their primary (and future) professional obligation of caring for the patient.



Best Online Degree Programs

SUU Nursing has been recognized as one of the nation's best schools for online degrees and certificates in the healthcare field by EduMed. Only six percent of regionally accredited colleges and universities earned a ranked position in 2024. **SUU Nursing** was ranked #35 out of 747 for the Top 50 Most Affordable Online RN to BSN Programs available nationwide in 2024, which places the Online RN to BSN program in the top 4.7%. On another high note, the program ranked #41 in the Most Affordable Online Nursing Programs. The Nursing Department is honored to be recognized by EduMed.

College of Distinction

The College of Health Sciences Nursing Department at SUU is honored to accept and be recognized as a "College of Distinction" for the 5th year in a row. Overall **SUU Nursing** was the only school in Utah that was recognized in the categories of "College of Utah", "College of 2023-2024", "Affordable", and "Career Development". Other SUU departments that were also recognized included Business, Engineering, and Education.

3rd Quarter NCLEX Pass Rates hit 100%!

The NCLEX NCSBN report has been received from the Utah Department of Public Licensure (DOPL) for the 2023 third quarter. **SUU Nursing's** results had 15 of 15 first time NCLEX test takers (students) pass the exam, making this quarter a **100% pass rate** for the HP-to-BSN program. This is SUU's third group of HP to BSN nursing students to graduate and is a unique, one of a kind nursing program across the country. This program includes students from many different health professions and is three semesters long. It represents a "fast track" for those with already possess a healthcare license wanting to become a BSN nurse while receiving credit for their previous healthcare experience. In addition, SUU's RN to BSN online nursing program has been ranked as one of the best nursing programs by RNCareers.org, a well-known national company for ranking nursing programs. RNCareers.org ranked SUU's **RN-to-BSN online nursing program as #2** in the state of Utah naming personalized learning, experienced faculty, state-of-the-art resources, flexibility, affordability, and preparation for career advancement as the top key factors for this ranking. SUU Nursing is honored to be recognized by RNCareers.org.!

Recognition for RN-to-BSN Program

SUU's RN-to-BSN Nursing program has been recognized as one of the Best, Fastest, and Top online RN-to-BSN programs in Utah by RNTOMSN.org. The rankings consider affordability, program quality, reputation, admissions selectively, graduation rates, student debt and earnings. **SUU Nursing** is honored to be recognized by RNTOMSN.org and is committed to upholding the highest level of quality in their programs.







A Top Ranked Nursing Program in Utah

SUU Nursing Department has been ranked #2 in Utah for achieving the program goal of preparing students for professional nursing practice through quality, innovative education. SUU Nursing academic programs include the Bachelor of Science in Nursing, RN-to-BSN, and Master of Science in Nursing degrees, which focus on developing abilities in analysis, communication, critical thinking, problem solving, and ethical decision making.

Suzie Campbell Nationally Published

Suzie Campbell has been published in Nursing Education Perspectives. What was just a game she invented for her students to teach Social Determinants of Health turned into a successful innovative teaching method accepted for publication. Being able to create a successful game and making it not only for students to be able to learn from but also a game for other educators to use has been impactful. Campbell has made a significant impact not only on her students, but also to the Nursing education community Read more about the game Dr. Campbell invented in **Nursing Education Perspectives** (55th issue).



Suzie Campbell
Nursing Professor

Dr. Lister Receives Award of Excellence



Donna ListerNursing Professor

Dr. Donna Lister was awarded the 2023
Patient Experience - Award of Excellence by
Intermountain Health. Donna is part of a
distinguished group of Intermountain
physicians, advanced practice providers
(APPs), and her superior performance led to
more patients receiving preventive care,
condition management, and a positive patient
experience. Congratulations Donna for your
outstanding performance to earn this award!



Professors Receive SUU NSLS Awards



On Monday, April 8th Professor

Shane Yardley (right), and Suzie

Campbell (left) were honored with awards at the SUU National Society of Leadership and Success in the Great Hall of the Hunter Alumni Center.

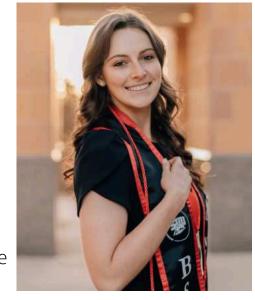
These professors were nominated by students to receive awards based on leadership characteristics and their positive impact on SUU Nursing students.



Nursing Student Publishes Research

Brooklyn Clayton, a nursing student who recently graduated in April, co-authored a study while she was a student in the Nursing Program here at SUU with her brother, **Colter Clayton**, who is a graduate at the University of Mississippi. Very few nurses ever publish, much less while they are still students, therefore this is a major achievement for **Brooklyn**.

Comparing perceived and actual diabetes knowledge among nurses: A rapid review. International Diabetes Nursing, 17 was published on July 5th, 2024. She and her brother started this research project at the beginning of 2023, and they originally created it to present a poster at the NSNA (National Student Nurses Association) convention held in Nashville, Tennessee in April 2023 which she was already attending as a member of the board on the USNA (Utah Student Nurses Association). Clayton's brother was a PHD student at Ole Miss University who regularly attends conferences and conducts research, which are a huge part of his degree and educatio. It was a perfect opportunity



for the two to collaborate and attend the convention together. They then made revisions and submitted the proposal to the journal. Congratulatons Brooklyn!

COLLEGE HIGHLIGHTS

COHS Receives 2023 RHAU Partner Award

The College of Health Sciences is honored to be recognized and awarded the prestigious "Rural Education Partner of the Year Award" from the Rural Health Association of Utah (RHAU) on November 8th, 2023. SUU participates as the host institution for the Utah Center for Rural Health (UCRH). Through SUU's support provided to the Utah Health Scholars program the Education for Community Health Workers initiative has been created by the RHAU to help create an innovative new Behavioral Health Technician Certificate



Dean Oliver accepting the RHAU Award.

program. SUU also takes the lead of the Utah Psychiatric Internship Consortium, which creates eight behavioral health interns in sites across rural Utah. Here at Southern Utah University we do our best to ensure that the RHAU succeeds in rural Utah!

COHS Student Holiday Party

The **COHS Student Advisory Committee's** goal is to host at least one event each semester to bring together COHS students from various departments to build relationships and community. The committee hosted a Holiday Party for students on November 29th in the Great Hall with activities such as making blankets, writing Holiday cards to senior center residents, decorating cookies, and participating in an interdepartmental food drive, which the **Nutrition & Agriculture Department won** for the second year in a row.







Students participating in activities

Ag & Nutrition Dept won food drive

COHS Scholarship Symposium

On December 8th, COHS & SPARC sponsored the inaugural Scholarship Symposium which included students from all three departments presenting research. The largest COHS event of the semester included 48 posters with over 100 student presenters.





"SUU On The Hill" at the Utah Capitol



On January 30th, COHS **Dean Tony Oliver** was able to travel to the Utah Capitol building in Salt Lake City with university representatives for the annual "SUU on The Hill" day. SUU reps met with legislators to discuss the excellent COHS programs, students, and faculty! It was positive publicity for COHS!



Spring 2024 Health Sciences Week

Week Events:

- Monday, March 18th: "Is Exercise Worth It?"
- Tuesday, March 19th: Lifeline Workshop & Tour
- Wednesday, March 20th: Wallyball with the Leaps Program!
- Thursday, March 21st: Test Kitchen with the Hope Pantry!
- Friday, March 22nd: Farm Friday!













COHS Annual Awards Banquet

On April 15th **COHS** hosted the annual awards banquet to recognize and celebrate the outstanding students, faculty, staff, and retirees in the college with over 100+ attendees!





























Academic Awards Ceremony

College of Health Sciences 2023-2024 Valedictorian

Bailey Jeppesen

Outstanding Students in Agriculture and Nutrition Science

Agriculture = Ashlin Gay Research in Agriculture = Gavin Spraker Nutrition = Carter Hugunin Service in Nutrition = Addisyn Mikkelson Dietetics Year One = Kaitlyn Peterson

Outstanding Students in Kinesiology and Outdoor Recreation

Exercise Science = Talon Thornton PE Teaching/Coaching = Taevey Davis-Robinson ORPT = Elizabeth Brown MAT = Kayla Horton MSSCP = LeighAnne T. Paulson

Outstanding Students in Nursing

Pre-licensure Nursing = Maleigh Kessler Health Professional to BSN = Trevor Sarkozy RN to BSN = Kevin Davis Nursing Level One = Jacob Layland Nursing Level Two = Camille Leavitt Nursing Level Three = Cassidy Chamberlain Nursing Student Nurse Association (SNA) = Macie Ostmann

Outstanding Faculty and Staff

Agriculture & Nutrition Science (AGNS) = Dean Winward Kinesiology & Outdoor Recreation (KOR) = Marcus Lawrence Nursing = Shane Yardley Staff = Morgan Christensen

COHS Hosts 5K "Fun Run" on April 20th

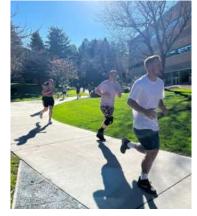
On Saturday, April 20th the **College of Health Sciences** hosted the 2nd Annual 5K "Fun Run" with over 140 participants to promote a healthy and active campus community. \$3,000 was raised to support student travel to professional conferences in AY 24-25. A sincere "Thank you!" to **Deseret Pain Specialists** and **SUU Student Association Senate** for sponsoring the event!











COHS hosts Spring 2024 Convocation

Southern Utah University's **College of Health Sciences Convocation Ceremony** was held on Friday April 26th at 1:30. Congratulations to over 300 COHS graduates!













Bailey Jeppesen named COHS Valedictorian for AY 23-24



Congratulations to Bailey Jeppesen for being named the COHS 2023-2024 Valedictorian! She is from Tooele, Utah majoring in Nursing with minors in Spanish and Nutrition. She has attended SUU all four years and knew it was the right place for her when she would visit her brother and noticed how much he loved the campus, the friendly atmosphere, and of course, the outstanding Nursing program. Cedar City offered Bailey the opportunity to do what she loves: camping, fishing, and backpacking. After graduating, she will be moving to Boise, Idaho and working at St. Luke's Medical Center in the Cardiology and ICU units. Although she is sad to leave Cedar City she has expressed how excited she is for a new adventure. Bailey knew she wanted to pursue nursing since she was in high school and worked as a medical assistant at a family practice working in pediatrics and with the elderly. "Nursing provides a lot of flexibility... you don't have to choose just one specialty. There is so much you can do in nursing."

COHS Students Study Europe

Over 40 students from a variety of majors across campus participated in the European Mindscape: Psychology, English and Music via Rome, Florence, Paris, and London. Students could earn 3-6 credit hours in Psychology, English, or Music. Three students were current, graduating, or alumni of Exercise Science/COHS. Makayla Pitcher, Alex Lacroix, and Ashlee Humphries. Visiting Rome, Pompei, Florence, and Pisa Italy; Paris, France; London, England, with the guidance of the directors: Dr. Grant Corser, Dean Jean Boreen, Dr. Danny Hatch, Dr. Nathan Slaughter, Dr. Britt Mace, Dr. Keith Bradshaw, Dr. Daniel Dubrasky, and Jamie Wysong.



(L-R): Ashlee Humphries, Jayden Back, Clancy Christensen, Kelsey Shields



Dr. Slaughter at soccer stadium in Paris, France.



(L-R): Amanda Wilcox, Britney Knudsen, Ashlee Humphries

COHS faculty provide significant leadership for SUU Faculty Senate



Kelly Goonan Associate Professor

Dr. Abigail Larson (Past-President) and Dr. Kelly Goonan (President) made significant contributions to the SUU Faculty Senate during the AY 23-24 academic year. Both were able to advocate on behalf of faculty and represent the faculty perspective in policy and governance decisions. Larson will roll off of her executive committee assignment while Goonan will serve as the Past-President during AY 2024-25.



Abigail LarsonAssociate Professor

New Faculty and Staff in AY 2023-2024



Dr. Temitope Ibiyemi is an Assistant Professor in the Department of Agriculture and Nutrition Science. He completed his Doctoral and Master's degrees in Nutrition Sciences at Texas Tech University, where he has also worked as an Instructor for over two years. Dr. Ibiyemi is originally from Lagos, Nigeria and states his favorite thing about his job is, "mentoring and guiding students in their pursuit of knowledge and professional growth."



Hannah Nickerson, former WIC Director in the Outer Banks of North Carolina, has transitioned into a position as a lecturer of Human Nutrition at SUU. A native of Cedar City, Nickerson relishes the opportunity to be back here at SUU. She enjoys teaching her students how the knowledge gained in class can be useful and applicable in their lives. Nickerson is proud to be a part of the Agriculture and Nutrition Science Department. During her leisure time, she enjoys baking, running, and reading.



Suzanne Young is a visiting Assistant Professor of Kinesiology who previously was a professor at New England College, in Henniker, NH. She enjoys teaching and collaborating with both students and colleagues the most here at SUU. Currently, Young is researching "Hydration During Exercise" and has been assessing endurance in athletes, particularly marathon runners. She loves all seasons because there is a beauty in each. When she is not researching, you can find her reading, cross country skiing, or watching some of her favorite professional sports teams.



Hayley Davis-Bartlett worked as a Registered Nurse in the ICU at Cedar City Hospital, and as a Nurse Practitioner at Cedar City WorkMed but has now transferred to an Assistant Professor position in the Department of Nursing. One aspect of her job that she delights in is "watching a student make a connection between theory and practice, and really come into their own as a nurse over the course of the program." Originally from Lehi, UT, Davis-Bartlett currently resides in Beaver, Utah. In her leisure time, she enjoys reading, crocheting, and tending to her goats.



Suzanne Affleck is the Administrative Assistant II who came from the Iron County School District as an Elementary Intervention Aide. She expresses how much she loves the atmosphere of SUU, including the students, staff, and faculty. Originally from Las Vegas, Nevada Affleck has lived in Cedar City since 2015. As a mother of five, she says, "most of my hobbies and free time revolve around doing things with them." She names different activities such as, gardening, reading, and taking care of her family and lots of animals.



Erin Bryan, originally from Yucaipa, CA has been here in Cedar City for the past two years. As Nursing Lab coordinator, she loves the opportunity to interact with all nursing students and help them in any way she can. Bryan admires the culture of SUU because of how welcoming and friendly it is here on campus. She also appreciates the activities SUU sponsors to connect with the community. Her favorite season is Fall and in her free time she enjoys spending time with friends and family, reading, and cooking.



Rachel Woodward is a Lead Student Success Advisor and has worked at SUU for 6 years, transferring from the College of Humanities in 2023. Woodward expresses, "I absolutely love working with students every day! Our students in COHS are amazing - they are inspiring and I love learning about their goals and dreams." Fall is her favorite season because of the change in the weather and how colorful this time of year can be. You can catch her hiking and being outside with her two kids in her free time.



Corrine Johnson is an Assistant Professor in the Nursing Department, coming from the University of Utah as a CNA Instructor and Nurse Clinical Instructor. She is from Kaysville and she enjoys running, hiking, and any outdoor adventure with friends or family. Johnson's favorite part of her job at SUU is to inspire and teach future nurses to become positive, patient-centered, and holistic nurses of tomorrow. A few of her favorite aspects so far are how welcoming the community is, and how supportive and helpful everyone has been. She is grateful to be part of SUU, COHS, and Nursing.



Cherisha Lister started in the Nursing Department in the Spring of 2024 as a Nursing Program Coordinator. She assists students enrolled in online programs. She attended and graduated from Southern Utah University (SUU) in 2017 with a Bachelors degree in Interdisciplinary Studies. She has experience in a variety of professional fields including sales, bookkeeping, forest service, and agriculture. She recently bought two highland cattle and helps on the family farm. She is hoping to make an impact at SUU in helping students achieve their goals as she was able to achieve hers at SUU.



Katie Murray is the COHS Business Manager and has been with SUU for almost 5 years and loves the community. Her favorite thing about her job are the people she works with while she looks forward to learning new systems and processes every day. She graduated from SUU with a Bachelors in Psychology and is currently a master's candidate in the MBA program here at SUU. Katie grew up in St. George, Utah and enjoys hiking, exercising, or coaching soccer in her free time.

COHS Faculty Earns Tenure!



Dr. Nathan Slaughter (KOR) was awarded tenure following the 2023-2024 academic year. Earning tenure is a significant career milestone for professors and researchers. Tenure is a permanent position awarded to faculty members after a probationary period (typically around 5-7 years) during which they demonstrate their teaching ability, conduct research, and engage in service to the university and academic community. To apply for tenure, faculty submit a portfolio demonstrating their teaching ability, the research that they have conducted, and the service that they have rendered

during the probationary period (which for me was 10 years because I started teaching while on a Non-tenure track position, but was then moved to a tenure-track position after the completion of the Doctorate). This portfolio is submitted to various committees and individuals at the department, college, and university levels to be vetted to ensure that the faculty member has met the standards set forth by the department and university. After vetting processes, the Provost puts forth the application to be approved by the University's Board of Trustees. When faculty are granted tenure it affects the department as a whole by providing more senior faculty members to serve on committees and to also help and assist junior faculty as they navigate the tenure process. Tenured faculty are recognized for their achievements with a banquet at the end of the academic year in which their tenure application is approved.

COHS Student Assessment Update

HP-to-BSN students achieve 94% pass rate on the NCLEX!

SUU's Nursing Program had their first pass rate on the National Council Licensure Exam (NCLEX) for the HP-to-BSN cohort during the 2023-2024 academic year = 37/39 students = 94%! Congratulations to all students in the cohort!



COHS is proud of our high-achieving faculty, staff, students, and alumni for their accomplishments this year! The future is bright and optimistic because of you!



Agriculture & Nutrition Science

Administrative Team







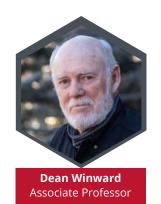


Agriculture











Associate Professor

Nutrition Science



Alyssa Davis Lecturer



Lizz Hill Lecturer



Temi Ibiyemi Assistant Professor



Celesta Lyman Assistant Professor



Hannah Nickerson Lecturer



Matt Schmidt Associate Professor

Kinesiology & Outdoor Recreation

Administrative Team







Kinesiology



Jeff Cowley Assistant Professor



Merrill Funk Associate Professor



Amanda HawkesAssistant Professor



Abigail LarsonAssociate Professor









Athletic Training





Outdoor Recreation













Student Success Advisors









Nursing

Administrative Team



Teresa Higbee
Program Manager





Faculty

























Corrine Johnson



Assistant Professor



Bree Rayburn



Amanda Roundy Assistant Professor



Mark Siemon



Kevin Tipton Associate Professor



Sandi Wood Assistant Professor



Shane Yardley Assistant Professor



COHS Administrative Staff



Katie Murray COHS Unit Business Manager



Caleb Paulson COHS Unit Business Manager



Makayla Mitchell COHS Office Assistant



Angelique Salazar COHS Office Assistant

Faculty/Staff Accomplishments

--- Scholarship Activities ---

*KOR

Dambacher L, Pritchett K, Pritchett R, **Larson A**. *Risk of Low Energy Availability, Disordered Eating, and Menstrual Dysfunction in Female Collegiate Runners*. J Athl Train. 2023 Dec 20. doi: 10.4085/1062-6050-0454.23. Epub ahead of print. PMID: 38116873.

Miles, Marissa; Pritchett, Kelly; Pritchett, Robert; **Larson, Abigail**. *Risk Of Low Energy Availability, Disordered Eating, And Menstrual Dysfunction In Female Recreational Runners*: 2336. Medicine & Science in Sports & Exercise 55(9S):p 776, September 2023. | DOI: 10.1249/01.mss.0000987136.51462.4c

Nwachukwu, O. I., DeBeliso, M., & **Lawrence**, **M**. (n.d.). *Effects of Supramaximal Anderson Quarter-squats as a Potentiating Stimulus on Discus Performance in Division I Throwers: A Pilot Study*. TopSCHOLAR®. https://digitalcommons.wku.edu/ijes/vol17/iss6/1/

Crawley, K., Adams, K. J., DeBeliso, M., & **Lawrence**, **M**. (2023). *Effect of Extreme Volume-Load Differences for a Single Unilateral Exercise During In-Season Resistance Training on Measures of Bilateral Strength, Power, and Speed in Collegiate American Football Players*. Journal of Strength and Conditioning Research, 38(1), 80–89. https://doi.org/10.1519/jsc.00000000000004592

*NURS

Clayton, C. K., & **Clayton, B.** (2024). *Comparing perceived and actual diabetes knowledge among nurses: A rapid review*. International Diabetes Nursing, 17. https://doi.org/10.57177/idn.v17.334

Campbell, S. (2024). "Healthy Points" Gaming to Teach Social Determinants of Health. Nursing Education Perspectives. https://doi.org/10.1097/01.nep.000000000001292

--- Service Activities ---

*AGNS

• **Professor Celesta Lyman** chaired the committee seeking candidacy for accreditation from ACEND for the new Master of Science in Nutrition and Dietetics 4+1 program. It was approved!

*KOR

- **Dr. Abigail Larson** served as Past-President of the Faculty Senate
- Dr. Kelly Goonan served as the President of the Faculty Senate
- **Dr. Merrill Funk** and **Dr. Marcus Lawrence** helped SUU maintain *Silver Level Status* for the Exercise is Medicine On Campus initiative through the American College of Sports Medicine for the second consecutive year.

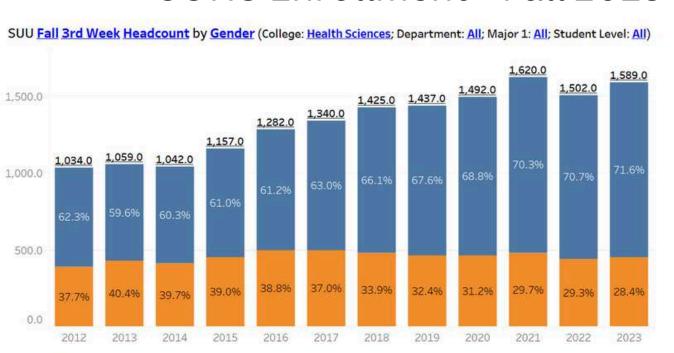
AY 2023-24 DATA



ENROLLMENT AND CLASS SIZE



COHS Enrollment - Fall 2023



Gender
Female
Male

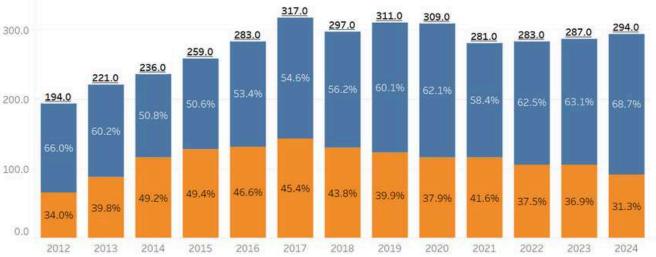
SUU Fall 3rd Week Headcount by Gender (College: Health Sciences; Department: All; Major 1: All; Student Level: All)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Female	644.0	631.0	628.0	706.0	784.0	844.0	942.0	971.0	1,026.0	1,139.0	1,062.0	1,137.0
Male	390.0	428.0	414.0	451.0	498.0	496.0	483.0	466.0	466.0	481.0	440.0	452.0
Grand Total	1,034.0	1,059.0	1,042.0	1,157.0	1,282.0	1,340.0	1,425.0	1,437.0	1,492.0	1,620.0	1,502.0	1,589.0

AGNS Enrollment - Spring 2024



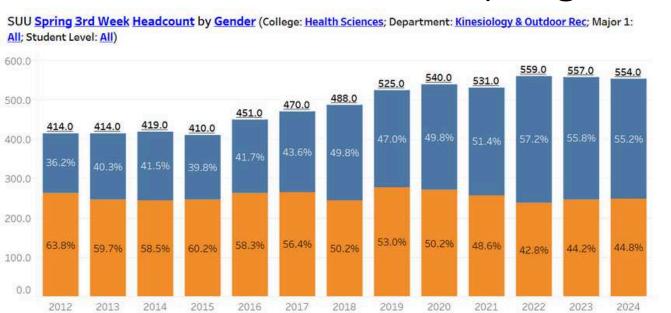




SUU Spring 3rd Week Headcount by Gende	(College: Health Sciences; Department: Agriculture Sciences)	i/Nutritonal Sci; Major 1: All; Student Level: All)
--	--	---

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Female	128.0	133.0	120.0	131.0	151.0	173.0	167.0	187.0	192.0	164.0	177.0	181.0	202.0
Male	66.0	88.0	116.0	128.0	132.0	144.0	130.0	124.0	117.0	117.0	106.0	106.0	92.0
Grand Total	194.0	221.0	236.0	259.0	283.0	317.0	297.0	311.0	309.0	281.0	283.0	287.0	294.0

KOR Enrollment - Spring 2024



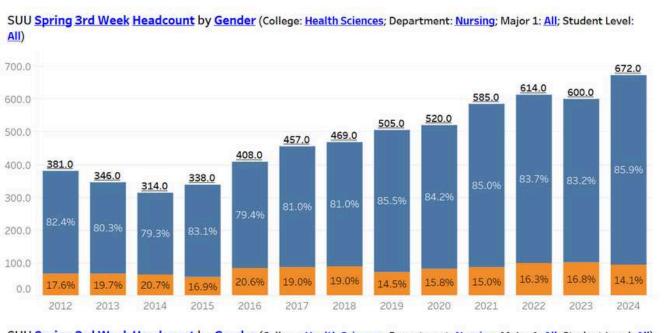
Female
Male

Gender

SUU Spring 3rd Week Headcount by G	ender (College: Health Sciences:	Department: Kinesiology & Outdoor F	Rec: Major 1: All: Student Level: All)
300 Spring Sid Week HeadCount by G	ender (Conede, nearth Sciences,	, Departifient, Killesiology & Outdoor i	et, Major 1. All, Student Level. All

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Female	150.0	167.0	174.0	163.0	188.0	205.0	243.0	247.0	269.0	273.0	320.0	311.0	306.0
Male	264.0	247.0	245.0	247.0	263.0	265.0	245.0	278.0	271.0	258.0	239.0	246.0	248.0
Grand Total	414.0	414.0	419.0	410.0	<u>451.0</u>	470.0	488.0	525.0	540.0	531.0	559.0	557.0	554.0

NURS Enrollment - Spring 2024



Gender Female

Male

SUU Spring 3rd Week Headcount by Gender (College: Health Sciences; Department: Nursing; Major 1: All; Student Level: All)

65.0	57.0	84.0	87.0	89.0	73.0	82.0	88.0	100.0	101.0	95.0
										672.0
										65.0 57.0 84.0 87.0 89.0 73.0 82.0 88.0 100.0 101.0 314.0 338.0 408.0 457.0 469.0 505.0 520.0 585.0 614.0 600.0

Seats Filled Per Course Section - COHS

Seats Filled per Course Section (as Actual Number) for All (End-of-Term) Terms by GE/Non-GE (Filters Used: College: Health Sciences; Deppartment: All; Course Subject: All; Course: All; GE/Non-GE: All; Course Level: All; Course Number Level: All; Instruction Type: All; Delivery Method: All; Budget Type: Budget-Related)

Grand Total	18.0	19.6	18.9	18.3	19.2	19.3	18.8	20.0	19.8	20.6
Non-GE	16.4	17.9	17.0	16.4	17.3	17.5	17.0	17.9	17.8	18.6
GE	42.5	44.5	42.0	46.5	42.9	43.4	45.3	41.2	40.3	39.9
	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	2021-22	2022-23	2023-24
					Acaden	nic Year				

Seats Filled Per Course Section - AGNS

Seats Filled per Course Section (as Actual Number) for All (End-of-Term) Terms by GE/Non-GE (Filters Used: College: Health Sciences; Deppartment: Agriculture Sci/Nutritonal Sci; Course Subject: All; Course: All; GE/Non-GE: All; Course Level: All; Course Number Level: All; Instruction Type: All; Delivery Method: All; Budget Type: Budget-Related)

					Acaden	nic Year				
9	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	2021-22	2022-23	2023-24
GE	47.1	47.5	46.6	53.6	48.7	48.1	48.5	44.1	43.1	42.3
Non-GE	14.1	14.6	14.6	15.2	14.9	15.9	15.3	15.1	14.8	15.1
Grand Total	20.1	21.1	21.6	22.7	22.1	22.9	22.4	22.9	22.6	22.8

Seats Filled Per Course Section - KOR

<u>Seats Filled per Course Section</u> (as <u>Actual Number</u>) for <u>All</u> (End-of-Term) Terms by <u>GE/Non-GE</u> (Filters Used: College: <u>Health Sciences</u>; Deppartment: <u>Kinesiology & Outdoor Rec</u>; Course Subject: <u>All</u>; Course: <u>All</u>; GE/Non-GE: <u>All</u>; Course Level: <u>All</u>; Course Number Level: <u>All</u>; Instruction Type: <u>All</u>; Delivery Method: <u>All</u>; Budget Type: <u>Budget-Related</u>)

					Acaden	nic Year				
	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	2021-22	2022-23	2023-24
GE	31.7	35.5	27.1	28.6	28.3	32.8	37.1	34.9	33.3	33.4
Non-GE	17.5	19.1	17.6	16.4	18.0	17.4	17.3	19.1	19.0	20.4
Grand Total	17.9	19.6	17.9	16.8	18.3	17.9	17.9	19.8	19.6	20.9

Seats Filled Per Course Section - NURS

Seats Filled per Course Section (as Actual Number) for All (End-of-Term) Terms by GE/Non-GE (Filters Used: College: Health Sciences; Deppartment: Nursing; Course Subject: All; Course: All; Course Level: All; Course Number Level: All; Instruction Type: All; Delivery Method: All; Budget Type: Budget-Related)

Academic Year

I					1.1000000000000000000000000000000000000	110 1001				
	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	2021-22	2022-23	2023-24
Non-GE	14.8	17.4	17.8	17.9	17.7	20.2	17.6	16.9	17.0	16.8
Grand Total	14.8	<u>17.4</u>	<u>17.8</u>	<u>17.9</u>	<u>17.7</u>	20.2	<u>17.6</u>	<u>16.9</u>	<u>17.0</u>	16.8

COHS MEETING AGENDAS



COHS ANNUAL REPORT ON SUU'S STRATEGIC PLAN



College of Health Sciences (COHS)

The mission of the College of Health Sciences is to offer students the knowledge and experience needed to build a healthier and sustainable tomorrow through dynamic, hands-on, and student-centered learning. Our vision is to empower students to change the world by promoting sustainability in health, wellness, and quality of life.

A. How has your College/School contributed to the 3 Ps?

1. People-Centric

In the College of Health Sciences, it is acknowledged that any success achieved during the 2022-2023 academic year (AY 22-23) was dependent on significant contributions by members of the COHS team = students, faculty, staff, and alumni. Being my first year in the Dean's chair, I intentionally hosted, sponsored, and/or constructed people-centric activities, initiatives, and/or structure to promote the establishment of positive and meaningful connections and relationships between colleagues of this still 'somewhat new' college. A primary and ongoing goal for both COHS and the COHS EDIB committee (Chair-Jake Manning) is to establish a sense of belonging and acceptance for all faculty, staff, and students. Some of the intentional activities included:

- 1) hosting a Fall Opening meeting to welcome back current faculty, and purposefully introduce new faculty that have joined our team
- 2) sponsoring a faculty/staff social each semester to bring colleagues together for relationship building and networking opportunities
- 3) establishing an inaugural college advisory board to create meaningful connections between discipline professionals (many who are SUU alumni) and academic program leaders
- 4) forming an inaugural college student advisory committee to help build and connect the students in each department of the college through activities
- 5) providing travel funding for faculty and students to attend and present at professional conferences
- 6) sponsoring student clubs and association activities to provide social, academic, leadership, service opportunities and learning experiences
- 7) supporting initiatives like "Exercise is Medicine" from the American College of Sports Medicine (ACSM) focused on the health and well-being of our people
- 8) co-sponsoring a university health fair with the Benefits Office, Department of Nursing, and Athletic Training program to promote wellness, healthy dietary and physical activity habits
- 9) including faculty and staff in monthly leadership meetings and in policy development
- 10) staying flexible with faculty/staff work schedules (and locations) based on their individual and/or family circumstances
- 11) departments hosting "majors meetings" = student-focused academic program-specific meetings to provide advice, guidance, and encouragement to students
- 12) providing high quality and consistent advising for COHS students to guide them on their academic course of study towards graduation.

2. Purpose-Driven

During AY 22-23, COHS faculty and staff provided comprehensive attention and care for COHS students, keeping in mind that many of them, especially first generation college students, may or may not have mentors and/or role models at home to help them navigate this new "frontier" known as higher education. Although the primary duty for faculty members is to provide excellence in teaching, I appreciate those COHS faculty who served as mentors and advisors to individual students and/or student groups. This investment helps to transform students into confident future leaders within their discipline. In addition, each of the three academic departments in COHS provide meaningful laboratory-based learning experiences to students (ex - Nursing Simulation Lab), as well as networking opportunities (Ex - KOR Career Panel w/experts) in their discipline, which represent building blocks for future career success.

The development, approval, and launching of new academic programs at the Master's degree level during AY 22-23, such as the Nutrition Didactic Program in Dietetics (MS-DPD) and/or the Nursing Leadership and Administration (MSN-L&A) provides new transformative educational opportunities that contribute to the strengthening of students, campus, and the communities in which we serve. Initiatives such as the annual health fair that COHS students were significant contributors of, serve as key building-blocks that impact community and transform students into leaders. Supporting student attendance and participation at professional conferences helps to transform students into future professionals and leaders.

3. Place-Empowered

The College of Health Sciences has established and resourced high-quality learning spaces, both classrooms and laboratories, where students learn, build relationships, and establish meaningful connections. Examples in the Agriculture and Nutrition Science department include the Valley Farm and the Food Science laboratory. Examples in the Kinesiology and Outdoor Recreation Department include the Biomechanics laboratory, the Athletic Training lab-classroom, the Exercise Physiology laboratory, the Motor Learning laboratory and the J.L.Sorenson (PEB) building with its activity and learning spaces and health-promoting amenities such as the multi-level climbing wall, olympic size pool, fitness facility, elevated track, and gymnasiums.

Examples in the Nursing Department include two simulation labs equipped with high-fidelity manikins and other essential forms of nursing education technology. With a deep reservoir of natural resources available so close to SUU campus, COHS is also able to extend the concept of 'place' to some of the most beautiful and unique 'classroom' locations in the world, yet remain very near to campus. These courses, such as climbing, canyoneering, skiing/snowboarding, bouldering, hiking, camping, and mountain biking and other field experiences are available to all SUU students, faculty, and staff so that they can learn, grow, and create unforgettable memories.

B. How has your College/School contributed to the 5 Opportunities?

1. Increase Access and Affordability

The College of Health Sciences (COHS) has contributed to the ongoing opportunity of "Increasing Access and Affordability" in the following ways during AY 2022-2023:

- 1) Each academic program has thoughtfully reviewed programs fees on an annual basis, and focused on minimal increases in program fees each year to maintain affordability of each academic program.
- 2) The new "accelerated" MS degree in Dietetics previously mentioned (MS-DPD) is 5 years in length rather than 6 years. It will allow students to earn both a bachelor's degree and a master's degree. It has been developed, approved, and launched by the Nutrition faculty. It will help the student interested in becoming a

Registered Dietitian Nutritionist save one year of tuition and fees while earning two degrees.

been developed, approved, and launched by the Nursing faculty. It condenses four semesters of coursework into three semesters by giving licensed health care specialists credit for previous coursework earned. Thus, it will help the student interested in earning a bachelor's degree in Nursing save one semester of tuition & fees.

3) A new "accelerated" Health Professions to Bachelor of Science Nursing (HP-to-BSN) degree pathway has

- 4) Numerous COHS are using open educational resources (OERs) in their courses rather than more expensive textbooks to help save students money on textbook expenses each semester. 5) Online degree programs offered by COHS (MSSCP, RN-to-BSN, RN-to-MSN, MSN: Leadership &
- Administration) are enhancing access to expanding educational opportunities and/or career advancement to working professionals and non-traditional students who may not live in Cedar City.

 2. Cultivate a Culture of Caring

The College of Health Sciences (COHS) has contributed to the ongoing opportunity of "Cultivating a

Culture of Caring" in the following ways during AY 2022-2023:

1) Offering smaller class sizes (often 12-25 students depending on the discipline and class variables), which

- promotes a more personalized learning environment where the instructor gets to know the student by name, not by number. 2) The formation of a COHS student advisory committee, along with department-level student clubs and
- associations, has helped to begin to create a culture of relationship-building and caring between administrators, faculty, and students.
- 3) COHS faculty advisors do an excellent job of proactively contacting students to make sure they register for classes for the upcoming semester, as well as keeping the students progressing in their course of study towards degree completion.
- 4) COHS faculty teaching research methods courses are doing an excellent job serving as research mentors to students who may be interested in developing a research agenda or line of scholarship inquiry that may lead them to graduate and/or professional schools.
- 5) COHS has served as primary sponsor (5K Fun Run) and/or co-sponsor (SUU Health Fair) of events that benefit all members of the campus community and enhance the culture of caring that is being developed within COHS, and across the greater SUU community.
- 6) COHS cares and values the faculty that teach within the college and acknowledges that the faculty are the most valuable intellectual asset that the organization has. This has led to the establishment of an annual factor of the control of the c

faculty award (Dr. Rick Lambson Teaching Excellence Award) to recognize excellence in teaching across the college, which reinforces the appreciation COHS has for its faculty.

3. Enrich the Academic Experience

The College of Health Sciences (COHS) has contributed to the ongoing opportunity of "Enriching the Academic Experience" in the following ways during AY 2022-2023:

- 1) Undergraduate and graduate research mentoring by faculty, which offers an initial scholarly learning experience for the student mentee.
- 2) College-level subsidies of travel expenses for students are provided opportunities to present at state, regional, and national conferences under the guidance of their faculty mentors.
- 3) Applied learning opportunities across courses and academic programs in the college, such as laboratories, creative projects, research mentorship, practicum, clinicals, and internships.
- 4) COHS students participated in study abroad programs (Brazil, Japan, Europe), which provided unique learning opportunities, broadened perspectives, and enriched the academic experience.
- 5) Interprofessional Mobile Wellness Initiative promoting interdisciplinary collaboration amongst student peers in health-related disciplines.
- 6) Industry professionals serving as guest speakers (ex panel discussions) and presenters in classes and at professional development events sponsored by student associations.
- 7) Student associations and clubs providing leadership, service, and professional development opportunities across academic departments.
- 8) Recruitment and hiring new faculty and staff in AY22-23 who embrace SUU's student-centric mission. COHS departments earn a perfect score on the quality of new colleagues that have immediately and positively enriched the academic experience.

4. Enhance Student Success

The College of Health Sciences (COHS) has contributed to the ongoing opportunity of "Enhancing Student Success" in the following ways during AY 2022-2023:

- Offering comprehensive academic advisement and support for students at the college, department, and/or program level.
- 2) Sponsoring graduate scholarship opportunities for thesis publication.
- 3) Developing a mutually beneficial relationship with SUU Career Services.
- 4) Offering nationally accredited programs that prepare students for successful academic outcomes (ex high pass rates on 1st time Nursing certification/licensure exams) and enhance their resume as a job applicant.
- 5) Establishing unique intradepartmental student-to-student mentoring programs (ex in Nursing)

5. Expand Alumni and Community Engagement

The College of Health Sciences (COHS) has contributed to the ongoing opportunity of "Expanding Alumni and Community Engagement" in the following ways during AY 2022-2023:

- 1) Campus and community outreach initiatives and/or events such as "Exercise is Medicine", annual Health Fair, and inaugural 5K Fun Run.
- 2) Establishment of the COHS Advisory Board in April 2023. The majority of board members are SUU alumni.
- 3) Creation and engagement of social media channels to better connect with alumni of COHS academic programs.
- 4) Hosted alums and friends of COHS in the Presidential suite during a home football game.
- 5) Participation by student associations & clubs in community events (parades, fundraisers, health fairs, etc.)
- 6) Hosted alums at the annual COHS Awards Dinner in April.

C. How has your College/School contributed to the 6 Metrics in the Strategic Plan?

1. Degrees Awarded (i.e., how have you helped students navigate requirements and graduate?)

COHS faculty and staff (*primarily COHS academic advisors) have adopted a student-centric approach to helping students establish a pathway to program completion, starting with the thorough evaluation of acceptable transfer credits (if any) upon admission to the university, followed by clear determination of which classes to take during each subsequent semester or term to form the most efficient pathway to eventual graduation. This is complemented with regular communication and follow-up between staff member and student.

2. Post-Graduation Success (i.e., how have you helped students pursue their post-graduation plans?)

- COHS faculty and staff have helped students pursue post-graduation plans by:
- 1) Incorporating student "mock" interviews into program curricula to enhance professional preparation.
- 2) Shared recruitment opportunities via email to students.
- 3) Invited recruiters to class sessions to present on internship and employment opportunities.
- 4) Encouraged students to prepare for, and attend, annual job/career fairs sponsored and hosted by the SUU Career Center.
- 5) Integrated post-graduate goal setting assignments in capstone courses.
- 6) Written letters of recommendation to support students applying for graduate programs and/or employment opportunities.
- 7) Provided occasional consultation with students to discuss post-graduation plans.

3. Student Enrollment (i.e., how have you helped students to enroll in the programs in your College/School?)

The COHS Dean attended three recruitment-focused SUU Open Houses during the 2022-2023 academic year (Provo/Utah County, Layton/Davis County, and Sandy/Salt Lake County) to inform and encourage student prospects to consider programs within the College of Health Sciences. COHS department and/or program leaders also hosted an introduction to COHS academic programs at a 'Thunder U' event in late August prior to the start of the Fall semester for incoming freshmen that had expressed an interest in a current COHS academic program. The event was attended by approximately 300 students. Academic advisors, program directors, and occasionally department chairs have met with students to make sure they know how to enroll (and in some cases, have even helped them to enroll). Faculty and program directors visited regional high schools and universities to recruit students for undergraduate and graduate programs.

4. Student Retention and Graduation Rates (i.e., how have you helped promote student success?)

COHS faculty and staff have helped promote student retention and graduation rates through student-centric academic instruction and advisement (both face-to-face and online). Faculty provide a safe and welcoming environment for all students and invite students to contact them any time. Faculty assess and measure student success on learning assignments in their classes and provide early intervention and remediation which help students stay successful and on the right track.

5. Culture and Climate (i.e., how have you helped to support a culture and climate to support the success of your College/School?)

- COHS has attempted to establish a supportive culture of acceptance and belonging in the following ways:
- 1) The establishment of a college-level Equity, Diversity, Inclusion, and Belonging committee to promote a welcoming culture and climate for everyone affiliated with the college.
- 2) The formation of a student advisory committee, consisting of student leaders from each academic department, to assist the COHS Dean with staying in tune with the needs and challenges of students across the diverse college.
- 3) Faculty and staff assist students both inside and outside of class (within the typical expectations and limits of their professional duties and schedules)
- 4) Creation of annual, friendly competitions between students/faculty of different program to support resource-raising for good causes (ex 2022 Food Insecurity Food Drive competition)
- 5) Annual Awards Dinner hosted by COHS each April to recognize and honor outstanding student and faculty performance.

6. Philanthropic Giving (i.e., what efforts have contributed to fundraising efforts?)

- COHS has participated in the following fundraising efforts to raise resources for the college:
- 1) The establishment of an annual, donor-funded, faculty teaching excellence award supported by Rick & Kat Lambson (Rick was former Physical Education department chair)
- 2) Commitment from Dr. Garth Fisher (SUU Alum) for financial support to subsidize travel costs for students presenting and/or participating at professional conferences
- 3) COHS hosted an inaugural 5K Fun Run in April 2023, raising \$2000+ to subsidize travel costs for students presenting and/or participating at professional conferences.
- 4) "Meet & Greets" with alums/potential donors, coordinated with the University Advancement team with a goal to reach out to potential donors to host crucial conversations about giving.
- 5) Hosted alumni and potential donors at SUU events such as football games, basketball games, and COHS annual awards banquet.
- 6) Worked with the University Advancement team to fundraise at program events such as the SUU Nursing Alumni day.
- 7) Coordinated with University Advancement to identify and visit potential donors who have a vested interest in a COHS academic program.

Please include any other opportunities you would like to profile (i.e., this might include initiatives or efforts you would like to pursue if you had additional resources -- faculty and staff positions, donor funds, or new E&G funding)

- 1) Full funding for the annual operation and maintenance of the Mobile Wellness Van initiative.
- 2) The development and funding for an Agriculture Research and Innovation Center at the SUU Valley Farm, preferably including a title sponsor or donor.
- 3) Development of a donor-funded account to provide mini partial scholarships to COHS students who participate in COHS-sponsored study abroad programs.
- 4) Development of a partnership with Four Points to allow Nursing students and faculty to contribute to the staffing of the new SUU Student Health Clinic.
- 5) Exploration and consideration of partnering with campus stakeholders of at least co-sponsoring a new iteration of the Semester in the Parks initiative, and potentially housing it in COHS.
- (iii) Please include any risks that may threaten your ability to achieve your goals as well as any efforts in place to manage these risks (i.e., losing specialized accreditation may be a risk, but you have identified people to lead such efforts; your College/School offers field-based experiential learning but you manage that risk through careful trip planning and ensuring waivers are signed)
- 1) Building future academic programs with the assumption that the funding will be in place to hire faculty to staff the programs, but in fact, the funding may or may not be available after the program has been developed and approved at all levels.
- 2) Losing faculty and staff who lead academic programs for whatever reason, especially the programs that these faculty may have been a lead developer of.
- 3) External factors that we have limited to no control over (ex travel risks, health/safety risks) that would cause even the best-develop plans and programs to have to be paused or terminated (ex COVID's impact on study abroad programs in 2020 & 2021).

COHS MEETING AGENDAS



COHS MEETING AGENDAS



2023 COHS FALL 'KICK-OFF' MEETING - SUU Mountain Center

*100 pm = Welcome Back!

- I. New Faculty & Staff introductions
- II. Reflecting on AY22-23 Achievements (2-3 per Unit = AGNS, KOR, NURS, Advisors, COHS)
- III. Mark your Calendar! (*COHS and SUU events)
- => Aug 25 Fri = (all day) = Department Meetings/Retreats
- => Aug 28 Mon = (11am) = New Student Induction Ceremony (10:40a at the Arena wear regalia)
- => Aug 28 Mon = (2pm-3pm) = COHS Thunder U meetings = PEB classrooms => need reps
- => Aug 30 Wed = Classes begin
- => Sep 09 Sat = (11am-12:30p) = SUU-BYU Tailgate prior to game in Provo, Utah
- => Sep 23 Sat = (11am-1pm) = FA23 COHS Advisory Board Meeting (*Homecoming Weekend)
- => Sep 26-28 = SUU Open Houses in Northern Utah Counties (Utah, Salt Lake, Davis) = update brochures+swag
- => Oct 12 FA23 Faculty & Staff Social = 530 pm Bristlecone 121 (*WVBall vs Seattle starts at 630 pm)
- => Oct 19 Thur = (11am-3pm) = SUU Health Fair University Ballroom (Lead = Suzie Campbell)
- => Dec 8 Fri = (11am-1pm) = Inaugural COHS Scholarship Symposium + Holiday Luncheon/Social

IV. *Reminders, Announcements, Committee Updates

- 1.COHS AY23-24 Faculty mentoring has started thank you mentors!
- 2. Please update your COHS, Dept, Program, and Faculty web pages
- 3. Proctorio = only use in online courses (*no F2F classes college/dept will be charged \$10 per student)
- 4. Curriculum Committee => Tony (share AY23-24 Curriculum Mtg schedule back page of agenda)
- 5. Promotion & Tenure Committee => Kelly Goonan
- 6. Equity, Diversity, & Inclusion Committee => Jake Manning
- 7. Faculty Scholarly Support Committee => Caleb Paulson
- 8. Advisors > Jared Wilcken
- 9. CTI rep = Shane Yardley
- 10.IPE-Mobile Wellness Committee Mark Siemon (updates + brief tour of Mobile Wellness van)
- ***** 10 minute break **** (drinks, granola bars)
- VI. *200 pm = Strategic Planning Activity (*Facilitators => Anne Smith, Mitch G., Shane Y., Rachel W., Jason B.)
- *FA23 Goal = Update the current COHS Strategic Plan to align with new SUU 2023-2028 Strategic plan
- VII. *430 pm = Dinner + Social = Invitation to "Eat & Greet" with COHS colleagues that you don't know
- *Musical entertainment provided by our very own Jason Burton! (KOR dept)
- *Thank you to those who contributed to the Dessert Bar!

COHS ADVISORY BOARD MEETING - SEP 23, 2023 - BRIAN HEAD ROOM

I. Agenda Items

- Welcome & Announcements = Paul Roelandt Advisory Board Chair
- Update on MSN FNP program proposal Dr. Selwyn Layton
- Academic program SWOT analysis updates = Dept chair and/or program director
- Update on COHS Strategic Planning process = Anne Smith Chair of COHS Strategic Planning task force
- Establishing a Philanthropic Objective for the COHS Advisory Board (?) = Tony Oliver & Paul Roelandt
- Group Discussion = "Ideas on how board members would like to become more engaged in 2024"
- Board Members offered complimentary registration (\$350) to One Utah Summit SUU campus October 2-4
- Interprofessional Mobile Wellness Van initiative (+ tour) = Dr. Mark Siemon Nursing

II. Upcoming COHS Events (+ Dates)

- *Sep 25 Mon = (500 pm) = COHS Student Advisory Committee (PEB Conference Room)
- *Oct 12 Thur = (530 pm) = COHS Faculty/Staff Pizza Social + Women's Volleyball (vs. Seattle U) Bristlecone 121
- *Oct 19 Thur = (11am-3pm) = SUU Health Fair University Ballroom (Nursing, MAT, COHS co-sponsoring)
- *Dec 8 Fri = (11am-1pm) = Inaugural COHS Scholarship Symposium + Holiday Luncheon/Social PEB gymnasiums

III. Dean's Report - Ongoing COHS Initiatives:

- FA.2023 Newsletter = please send 'good news' items to cohs@suu.edu throughout the semester (July 1 Dec 15)
- Student Advisory Committee (*repopulated for FA23 first meeting on Monday, September 25)
- COHS Advisory Board = (*Fall Advisory Board Meeting Homecoming Sat Sep 23 meeting + lunch)
- Donor-Funded Faculty Awards (*Finalize Lambson Teaching Excellence Award wording <Tony> awarded in SP24)
- Integrative Health Sciences B.S. (Mark S. will author R401 + new course proposals)
- IPE Wellness Committee (*Mark S. chairing IPE committee exploring options for annual operating expenses funding)
- Inaugural COHS Scholarship Symposium = Friday December 8 11am to 1 pm (w/COHS Holiday Social)
- AY22-23 Annual Report ('Yearbook of Celebration') = finalized available online

IV. Next Meeting = *Monday April 15, 2024 @4pm - prior to the annual COHS Awards Dinner

COHS ADVISORY BOARD MEETING - APR 15, 2024 - SUU VALLEY FARM

I. *Theme = Getting to Know the College of Health Sciences (COHS)

Meeting Schedule

- 300pm = Tour the *<u>SUU Valley Farm</u>* meet at AG classroom at farm (*by Chad Gasser Ag & Nutrition Dept Chair)
- 345pm = Tour of the *J<u>.L. Sorenson Building</u>* (PEB) (*by Cody Bremner Kinesiology & Outdoor Rec. Department Chair)
- Park in the <u>General Parking lot</u> directly east of the PEB (*Note no parking permit required)
- 430pm = Tour Nursing Simulation Labs in *Skaggs Health Center* (SCA) (*by Selwyn Layton Nursing Dept. Chair)
- 500pm = COHS Updates and Announcements < Nursing Conference Room>
- COHS Updates => *J. Tony Oliver (ex Updated COHS Strategic Plan AY 24-30)
- New majors, minors, certificates, emphases => (*brief comments from department chairs)
- Student accomplishments => (*brief comments from department chairs) Advancement Updates => (*Katie Kamachi COHS Director of Development)
- 5:15pm = adjourn the meeting => (*Chair Paul Roelandt)
- 6:00pm = COHS Awards Dinner in Great Hall of *Hunter Conference Center

II.Upcoming COHS Events (+ Dates)

- * Apr 20 => Sat COHS 5K Fun Run SUU Arena West Entrance (start/finish line) (900am)
- * Apr 25 => Thur <u>SUU Commencement Ceremony</u> (7 pm line up in regalia at upper Quad at 6 pm)
- * Apr 26 => Fri COHS College Convocation (1:30 pm line up in regalia by the Arena tunnel at 12:30 pm)

III.Dean's Report - Ongoing COHS Initiatives:

- -SP.2024 Newsletter => send 'good news' items to cohs@suu.edu throughout the semester (Jan 01 April 30)
- -Student AdvisoryCommittee => Brooklyn Henderson has done an excellent job leading committee this year
- COHSAdvisory Board => Scholarship established, Advisory Board members invited to make modest contribution
- -Donor-Funded FacultyAwards => Dr. Rick Lambson Teaching Excellence Award awarded at COHS Awards Dinner
- -Integrative HealthSciences Bachelor's Degree => R401 making its way through curriculum approval process
- -IPE Mobile Wellness Committee => Exploring programming and funding options for Mobile Wellness Van
- -Inaugural COHS Scholarship Symposium=> was FridayDecember 8 (w/COHSHoliday Social) = Success!
- -AY22-23 AnnualReport ('Yearbook of Celebration') => finalized available online

*Saturday, October 12, 2024 during *SUU Homecoming* (before home football game)* IV.Next Meeting =

COHS ADVISORY BOARD STUDENT SCHOLARSHIP

Announcement:

The College of Health Sciences is pleased to announce the establishment of the annual COHS Advisory Board Student Scholarship. COHS students who are majoring in a COHS undergraduate academic program are encouraged to apply.

- " Agriculture
- Exercise Science
- " Nursing
- " Nutrition
- " Outdoor Recreation
- " Physical Education

Eligibility:

Full-time undergraduate students enrolled in a COHS academic program who have completed 90 or more credit hours and have maintained a cumulative 3.50 GPA or higher are eligible. First generation college students demonstrating financial need based on FAFSA (EFC) will receive preference.

Deadline: March 1 of each year

Amount: Award amounts vary each year.

Application:

For consideration, please apply via the SUU Scholarship Portal. The following electronic documents must be submitted (uploaded) at the time of application:

- 1) a current resume
- 2) a statement of professional goals (*no longer than two DB spaced pages)
- 3) a support letter from a SUU faculty member who mentored you in a recent class

Selection:

The College of Health Sciences Advisory Board will finalize scholarship recipients at their annual April meeting. The recipient(s) will be notified of their selection and invited to the Advisory Board's annual Fall meeting.

