

Non-Traditional Student Services
MID-FEBRUARY NEWSLETTER



Hey Non-Trads!
The time has come - are you ready for Mid-Terms?

Happy February Students! As Mid-Terms approach, remember – we've got your back! Our doors are always open, ready to support you through every step of the semester. Whether you need advice, a little help, or just someone to talk to, we're here for you. Drop by or reach out – let's keep up the good work!

**Included in this newsletter is a short poll about our newsletter! Please take the time to answer the ONE question at the end of this newsletter to help us out!*

HEADS UP T-BIRDS!

Southern Utah University Women's Basketball at Abilene Christian University

By **Athletics**

📅 Saturday, February 8, 2025 12pm to 2pm



Southern Utah University Men's Basketball vs Abilene Christian University

By **Athletics**

📅 Saturday, February 8, 2025 6:30pm to 8:30pm



Southern Utah University Women's Gymnastics vs Utah State University - Red Out- My Cause Meet

By **Athletics**

📅 Monday, February 10, 2025 6:30pm to 9:30pm



Southern Utah University Men's Basketball vs Utah Tech

By **Athletics**

📅 Thursday, February 13, 2025 6:30pm to 8:30pm



Southern Utah University Women's Gymnastics vs Stanford University - Sweethearts Night- Black Tie

By **Athletics**

📅 Friday, February 14, 2025 6:30pm to 9:30pm



Southern Utah University Men's Basketball vs Utah Valley University

By **Athletics**

📅 Saturday, February 15, 2025 6:30pm to 8:30pm



IMPORTANT DATES



Friday, February 14th

Valentine's Day - Classes, Campus Open.

Saturday, February 15th

Graduation Application Final Late Deadline.

Monday, February 17th

President's Day - No Classes, Campus Closed.

Thursday, February 20th

Last day to Withdraw from ALL Courses.

Friday, February 28th

Last Day to Add without Signature: 2nd & A8 Sessions

Friday, February 28th

Commenced Attendance DUE: 2nd Session.

RESOURCES FOR YOU

We're here to help you have a successful semester!

SUU Financial
Wellness

- Take control of your finances with [SUU's Financial Wellness Program!](#) Get expert advice on budgeting, saving, and managing student loans—plus, access to workshops and one-on-one counseling.
- The [SUU Health and Wellness Center](#) is here to support your physical and mental well-being. Whether you're looking for fitness resources or counseling services, we've got you covered. Take care of yourself while balancing college life.



Journals of Joy



SUU Journals of Joy

Join the fun at the
Student Center's
Ballroom for a
relaxed night with
tasty snacks,
creative activities,
journaling, and
more! Don't miss it!

February 25th
5pm-7pm

NON-TRAD STUDENT HIGHLIGHT

**We'd Love to
Highlight You!**

We are highlighting non-traditional
students in our newsletter! We love



Our student highlight this month :
Bryan Valiente

Major: Human Nutrition

About You: My name is Bryan Valiente. I was born and raised in Long Beach, CA. After serving in the Marines, I attended SUU to pursue a degree in aviation before transitioning into human nutrition. Along the way, I founded Odeya LLC, a cleaning company.

The Story of Odeya LLC

Leaving the military and adjusting to civilian life came with its challenges. While it felt like the world had moved on during my absence, I realized I wasn't alone. Many of my brothers faced the same struggle, feeling a loss of the camaraderie we once had. This inspired my mission to rebuild that sense of community by providing housing and jobs for veterans. Odeya LLC was born from this vision, offering not just employment but a renewed purpose. Together, we can apply the valuable skills the military taught us, starting with areas like cleaning to create new opportunities and build a brighter future

to see what our students are up to and would love to help you see some familiar faces on or off campus.

To be featured please fill out this form:

[Student Highlight](#)



Where to Find Community Events:

To stay up-to-date on all of the happenings around Cedar City please visit:

[Community Events](#)

Here you will be able to find information on festivals, farmer's markets, family events, and more!

Where to Find Campus Events:

To learn about what's going on on campus view the calendar here:

<https://www.suu.edu/events/>

Do you find this newsletter helpful?

Yes

Indifferent

No

SUU **Non-Traditional
Student Services**

351 W. University Blvd. ST172
Cedar City, UT 84720
435-865-8760

Reach Out
to Us!



#nontradstograde

SUU Non-Traditional Student Services | 351 W. University Blvd. ST172 | Cedar City, UT 84720 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!