

Non-Traditional Student Services
MARCH NEWSLETTER



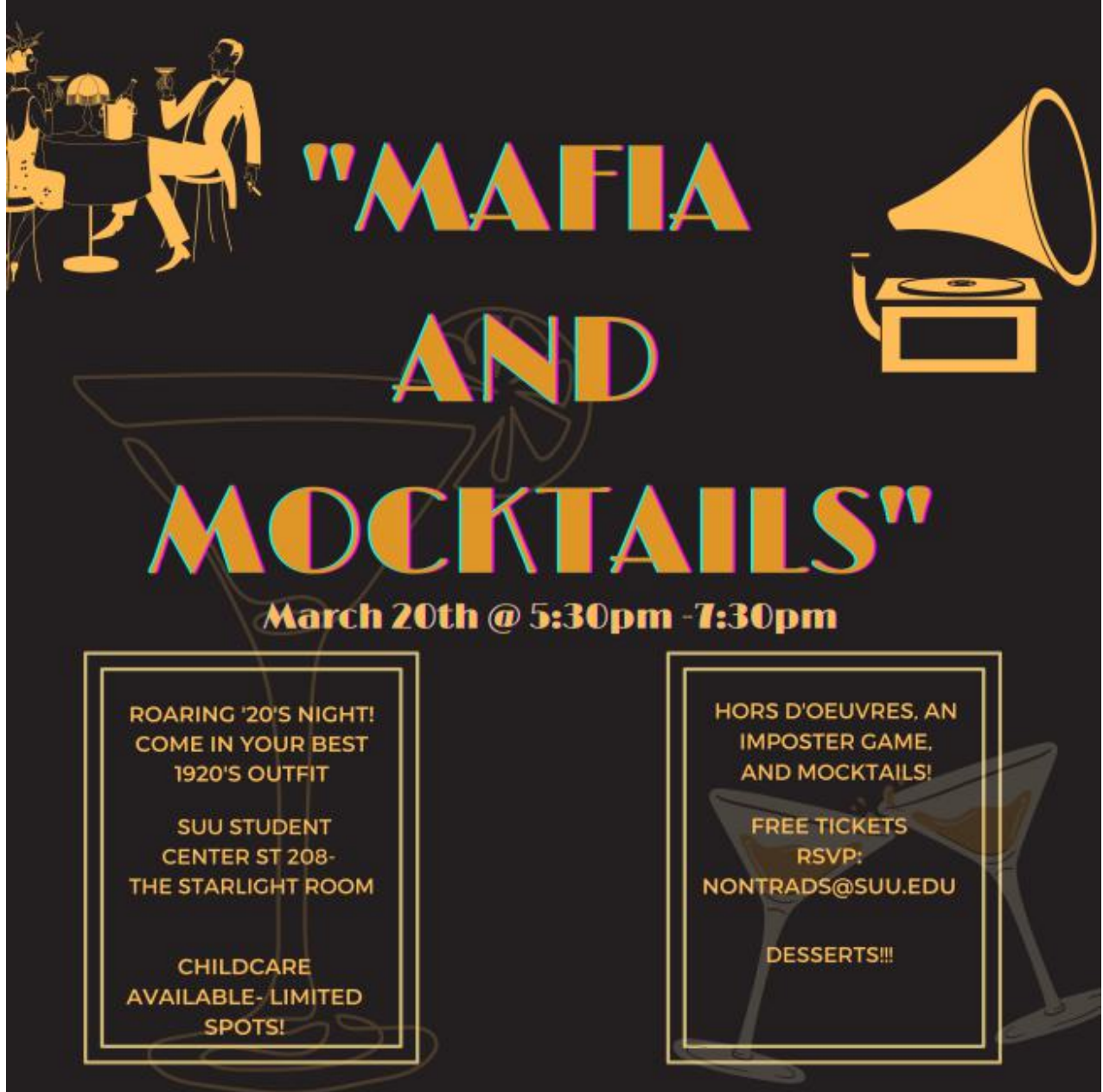
Keep it up, Non-Trads!

It's time to celebrate the arrival of spring! Whether you're recharging during break or gearing up for the next chapter, remember that our doors are always open. We're here to lend a hand with advice, offer support, or chat if you need it. As we step into this season of growth and renewal, know that we've got your back every step of the way.

Drop by or reach out; keep up the great work, Non-Trads!

**Included in this newsletter is a short poll about our newsletter! Please take the time to answer the ONE question at the end of this newsletter to help us out!*

NON-TRAD SPRING EVENT



[RSVP HERE](#)

IMPORTANT DATES



Thursday, March 6th

100% Refund Deadline, Commenced Attendance 2nd session,
Last day to Add/Drop Without W.

Wednesday, March 12th

Withdraw from individual full-session course with a W and no refund.

Monday-Sunday, March 10th-16th

Spring Break.
Campus Open 10th-13th.
Campus Closed 14th-16th.

RESOURCES FOR YOU

We're here to help you have a
successful semester!

Tutoring Center



- We are halfway through the semester. Get assistance with your classes through [SUU's Drop-In Tutoring!](#)
- Here are some helpful tips for studying!
- [Time Management Tips](#)
- [Find Out Your Learning Style](#)
- [Note-Taking Method PDF](#)



FOR THE FAMILY



WONDER WEDNESDAY

SUMA, artsFUSION

WEDNESDAY, MARCH 12TH

4PM-6PM

- 
- Families with children grades K-5
 - Hands-on, art-related activities for kids
 - 1st Wednesday of every month
 - Partners with SUMA, Cedar City Library, Frontier Museum, Frehner Museum
 - Location: Southern Utah Museum of Art
13 S. 300 W., Cedar City, UT 84720

BY SUMA & ARTSFUSION

CREATE PLAYDATE

FRIDAY, MARCH 14TH

10AM-10:45AM

@SOUTHERN UTAH MUSEUM OF ART

STORYTIME AND HANDS-ON
CREATIVE ACTIVITY

PLAYDATE IS 45MIN

AGES 3 TO 5
PARENTS WELCOME

BOOKREAD FOR WHOLE
FAMILY



EVENT WEBSITE

FOR THE LADIES



Move It, Mama is more than just a dance class, its a space to move, connect and reclaim your confidence while vibing to the best beats! Together we'll celebrate strength, style, and self-expression, one dance move at a time.

Location: Ignite Dance Company- 864 N 2475 W

Class Schedule: Fridays at 6:30pm

No dance experience required!

Move It, Mama

NON-TRAD STUDENT HIGHLIGHT

**We'd Love to
Highlight You!**

We are highlighting non-traditional students in our newsletter! We love to see what our students are up to



**Our student highlight this month :
Shae Nielson**

Major: Psychology

What Makes You a Non-Trad: I recently married my high school sweetheart, making me a part of the Non-Trad family.

About You: I grew up in a tiny town in Utah. My little town has influenced my love for being outdoors and spending time in the mountains. I love going for mountain drives and listening to country music. I plan to return to my hometown one day and work as an elementary school counselor. On top of that, I plan to attend grad school in the fall of 2026 and pursue a degree in school counseling. I currently work at an elementary school, and I love it! I also work at the non-trad office as a peer mentor. I love talking to all of the fantastic non-traditional students over the phone and in person when they come into the office. I love attending SUU. Through my college experience, I have made many friends, met amazing people, and tried new sports and activities. I love SUU, and I love being a non-trad. GO T-BIRDS!

and would love to help you see some familiar faces on or off campus.

To be featured please fill out this form:

[Student Highlight](#)



Where to Find Community Events:

To stay up-to-date on all of the happenings around Cedar City please visit:

[Community Events](#)

Here you will be able to find information on festivals, farmer's markets, family events, and more!

Where to Find Campus Events:

To learn about what's going on on campus view the calendar here:

<https://www.suu.edu/events/>

Do you find this newsletter helpful?

Yes

Indifferent

No

SUU **Non-Traditional
Student Services**

351 W. University Blvd. ST172
Cedar City, UT 84720
435-865-8760

Reach Out
to Us!



#nontradstograde

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