

Non-Traditional Student Services
MID-MARCH NEWSLETTER





Welcome back, Non-Trads!

Welcome back, non-traditional students, and happy spring! Whether you spent your break recharging or are ready to dive into the next chapter, we want you to know our doors are always open. We're here to offer advice, provide support, or just chat if you need it. As we embrace this season of growth and renewal, remember we've got your back every step of the way!

Drop by or reach out; keep up the great work, Non-Trads!

**Included in this newsletter is a short poll about our newsletter! Please take the time to answer the ONE question at the end of this newsletter to help us out!*

NON-TRAD SPRING EVENT



"MAFIA AND MOCKTAILS"

March 20th @ 5:30pm -7:30pm

ROARING '20'S NIGHT!
COME IN YOUR BEST
1920'S OUTFIT

SUU STUDENT
CENTER ST 208-
THE STARLIGHT ROOM

CHILDCARE
AVAILABLE- LIMITED
SPOTS!

HORS D'OEUVRES, AN
IMPOSTER GAME,
AND MOCKTAILS!

FREE TICKETS
RSVP:
NONTRADS@SUU.EDU

DESSERTS!!!

[RSVP HERE](#)

IMPORTANT DATES



Monday, March 31st

Last Day to Withdraw from Individual Courses with W for 2nd Session.

Tuesday, April 1st

Festival of Excellence- No Classes, Campus Open.

RESOURCES FOR YOU

We're here to help you have a
successful semester!



- Get 24/7 mental and emotional support through [timelycare](#)!
- Free online scheduled counseling for SUU students
- Get up to nine visits
- Health coaching
- Psychiatry

NEWS FOR YOU!

FREE STUDENT TAX SERVICES THROUGH VITA

Did you know that students often miss out on **thousands of dollars** of education tax credits?

STUDENT NIGHTS:

- Feb 10th & 24th
- Mar 3rd, 17th, 24th
& 31st
- Apr 7th

BUS 126

3:00pm-5:00pm

Scan to schedule



SUU DIXIE L. LEAVITT
**School of
Business**

Image of Free Student Tax Services Through VITA

Schedule Now

OPEN LATIN NIGHT

SUU PE
Building
Room 303
Mar 19th
8pm

Join us for a night
of latin dance!

30 mins of
instruction

Free Dance
Afterwards



Questions? Contact us!
ballroomdance@suu.edu
[@suuballroom](https://www.instagram.com/suuballroom) on Instagram



Participate in our study!

SOCIETY, MENTAL HEALTH, AND RELIGION

***SCAN THE QR CODE TO
TAKE THE SURVEY***



Researcher Contact: garrettstrosser@suu.edu
or ashh2814@gmail.com

SUU HEALTH QUESTIONNAIRE

PLEASE TAKE THIS SURVEY
FOR PSYCHOLOGY RESEARCH



For more information, please contact:
keeliestewart@suumail.net

SUU
DEPARTMENT OF
Psychology



As spring approaches, the farmers market can be a great way to spend your Saturday morning. Local vendors will be selling crafts, clothing, food, and other goods. Live music will also be provided.

NON-TRAD STUDENT HIGHLIGHT

**We'd Love to
Highlight You!**



**Our student highlight this month :
Cooper Loftus**

Major: English

What Makes You a Non-Trad: My wife and my son.

About You: My name is Cooper Loftus, and I have been attending SUU for over 3 years. I am an English major with an emphasis in rhetoric and writing and a minor in legal studies. I have recently been admitted to the MBA program, and after completion of that, I want to go to Law School and become a family law attorney. I have been married for over a year and a half and recently had our first son. I love my family and do everything I can to support them. I have two jobs: I work at the non-trad office here at SUU, and I work at the Home Depot. One fun fact about me is that I go by my middle name, and my first name is Donald. My hobbies include reading (classic English major), playing video games, weight lifting, and playing board games.

I love SUU and everything it has done for my family and me.

We are highlighting non-traditional students in our newsletter! We love to see what our students are up to and would love to help you see some familiar faces on or off campus.

To be featured please fill out this form:

[Student Highlight](#)



Where to Find Community Events:

To stay up-to-date on all of the happenings around Cedar City please visit:

[Community Events](#)

Here you will be able to find information on festivals, farmer's markets, family events, and more!

Where to Find Campus Events:

To learn about what's going on on campus view the calendar here:

<https://www.suu.edu/events/>

Do you find this newsletter helpful?

Yes

Indifferent

No

SUU Non-Traditional
Student Services

351 W. University Blvd. ST172
Cedar City, UT 84720
435-865-8760

Reach Out
to Us!



#nontradstograde

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