

Non-Traditional Student Services
MID-MAY NEWSLETTER



Start Strong, Non-Trads!

The summer semester has officially started, and we're excited to have you along for the ride! Whether you're picking up where you left off or diving in for the first time, this newsletter is your go-to guide for important dates, campus events, resource highlights, and more. As a nontraditional student, you're already balancing a lot—work, family, and school—and that takes serious strength. Just know, you're not in this alone. We're here to support you every step of the way with tools, guidance, and a community that understands your unique journey.

**Included in this newsletter is a short poll about our newsletter! Please take the time to answer the ONE question at the end of this newsletter to help us out!*

THIS FRIDAY!

FREE FOOD FRIDAY



MAY 16th

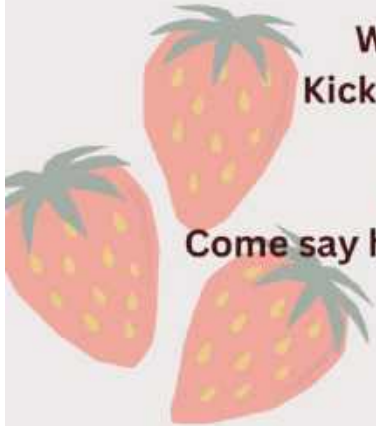
Welcome Back, Non-Trads! ☀

Kick off the summer season with us!

Where: ST 172

When: 11:30 AM – 1:30 PM

Come say hi, connect, and enjoy some free food



SUU
Non-Traditional
Student Services

IMPORTANT DATES



Monday, May 16th

Last Day to Add Without Signature 1st Session

Friday, May 19th

Commenced Attendance Due

Last Day to Add Without Signature

Thursday, May 22nd

100% Refund Deadline

Last Day to Drop Without W

Monday, May 26th

Memorial Day - No Classes, Campus Closed

Monday, June 2nd

100% Refund Deadline

Last Day to Add/Drop Without W Full Session

RESOURCES FOR YOU



Four Points health clinic located in the bennion building is FREE for students. No fees or insurance is required for treatment.



Summer Semester & Campus Breaks:

1:00 p.m. - 5:00 p.m.,

Monday-Friday

[Contact](#)

- Preventative Care
- Acute Care
- Chronic Care
- Basic Lab Services
- Medication/Prescription

NEED A BREAK?

CARDIO FUSE



PHYSICAL EDUCATION BUILDING (PEB), 3RD
FLOOR

EVERY WEDNESDAY 5:30PM-6:30PM

FULL-BODY BURN, HIGH-ENERGY MUSIC,
TONING & ABS

Summer Events!

About the Utah Summer Games

The Utah Summer Games is a sporting festival in Cedar City, Utah. Functioning as the official 'State Games,' the organization strives to create an atmosphere of competition that invokes the traditions of the Olympic Games, creating a sense of community and connection that can only be found through sports. All abilities and ages welcome [Sign up here](#)

[Read More](#)

NON-TRAD STUDENT HIGHLIGHT



**Our student highlight this month :
Camille Wilcox**

Major: Nursing

What Makes You a Non-Trad: Kids, gap, and married

About You:

Hi! I'm Camille Wilcox. I'm finally returning to school to pursue a career in nursing after a few too many gap years. I was born and raised on a small dairy farm in Southern Idaho, but have lived in Iron County since I was 12, so I consider Cedar City to be my hometown. This summer is my second semester at SUU, and I have

We'd Love to Highlight You!

We are highlighting non-traditional students in our newsletter! We love to see what our students are up to and would love to help you see some familiar faces on or off campus.

To be featured please fill out this form:

[Student Highlight](#)



absolutely relished being on campus. Being at SUU feels like coming home to myself after pouring so much of my life and identity into the work of raising my 6 living children for the last 23 years. Fun Fact: two of my own adult children are currently attending SUU with me!

I'm old enough to have worked at Blockbuster Video and I have had careers in massage therapy, medical assisting, midwifery, business management, and marketing. I have owned a small marketing agency since 2020, but my heart keeps pulling me back to healthcare, so that's why I'm here! In addition to my children, the loves of my life include a good cup of coffee, all things Disney, attending concerts, hunting, most Broadway musicals, and traveling with my best friend (who also happens to be my husband).



Where to Find Community Events:

To stay up-to-date on all of the happenings around Cedar City please visit:

[Community Events](#)

Here you will be able to find information on festivals, farmer's markets, family events, and more!

Where to Find Campus Events:

To learn about what's going on on campus view the calendar here:

<https://www.suu.edu/events/>

Do you find this newsletter helpful?

Yes

Indifferent

No

SUU **Non-Traditional
Student Services**

Reach Out
to Us!



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#nontradstograde

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