Project Summary

In June of 2012 I travelled to Sri Lanka for a nursing internship. Sri Lanka is a country located below India. I travelled with a girl named Grace from Connecticut. While in Sri Lanka, I worked at one of the government hospitals. I worked in the men’s ward of general medicine my first two weeks. My last 2 weeks was spent on the pediatric unit.

My first week working, I followed the doctors on the unit. I learned about the common diseases and treatments for the diseases. The next week I followed the nurses and helped with the nursing tasks. When I went to the pediatric unit, I followed the nurses and the doctors when they came to the ward.

Project Highlights

On June 15th and 16th the medical internships got to meet together for a medical seminar and medical camp. The medical seminar was located in a hotel in Wadduwa. At the seminar a doctor from the country came and talked about tropical diseases. It was interesting to meet the different volunteers and learn about these diseases.

The next day we travelled to the medical camp in Ingiriya. This was a place up in the hills. While at the medical camp, we took blood pressure and blood glucose. After we wrote them down, they took the paper to the doctor. After seeing the doctor, they went to a room where they could receive medications. It was a very fun day.

From My Journal

“Today I made a friend in the pediatric ward! The child didn’t want to stay in bed. He was running around the ward trying to play. His mother is pregnant so I felt bad that she was chasing him around. I went and played with him next to his bed. He is such a cute kid!”