

A. Basic Information: Fill in the eight fields below.

- 1 Full Name: TH
- 2 SUU T#: Txxxxxxxx
- 3 Email: th@suumail.net
- 4 Phone: (801) xxx-xxxx
- 5 Major (& Minor): Nutrition (Pre-Dietetics) with minor in Psychology
- 6 Title of Project: University College Zealand; Student Exchange in Denmark
- 7 Expected Project Start Date (Month/Day/Year or Month/Year): Spring Semester 2016.
First day of semester is February 8, 2016
- 8 Expected Project End Date (Month/Day/Year or Month/Year): End of Spring Semester 2016. Last day of semester is in June.

Other Information: Fill in one or both of the fields below only if they apply to your project.

- 1 Project Advisor/Mentor: None
- 2 SUU students collaborating with you on this project: None
- 3 The organization you will be working with and a link to their website (such as SUU Study Abroad Summer Programs, International Language Programs, Global Volunteers, Rural Health Scholars, etc.): University College Zealand semester exchange program: <http://ucsj.dk/english/>

B. Project Abstract: In a paragraph of approximately 200 words, provide an overview (or abstract) of your proposed Global EDGE Project. Please include in your abstract the following items associated with your project: who, what, where, when, why, and how. For my Edge project I want to attend University College Zealand in Denmark for Spring semester next year. I want to take advantage of the great and affordable study abroad programs SUU offers while I'm in college. I think traveling is key to having a better education and a better life. While I'm in Denmark I will upload pictures and write about experiences I have on my travel blog I made for this class. I will upload something at least once a week on the blog. I am planning on taking science and psychology classes while I am there. I also plan on traveling outside of Denmark on some weekends to see other parts of Europe. My family is planning on visiting me for a week while I am there, which will be awesome to show them around the university and other places in Denmark. Overall, my edge project is spending a semester learning in another Country and trying to experience as much of the culture as I can while I am there.

C. Project Details: Provide responses to the five prompts below. If you are unsure how to respond adequately to any of the prompts, send me an e-mail (harrisk@suu.edu), and I will offer guidance.

1. Personal: In a paragraph of approximately 100 words, explain how your EDGE project is related to your personal motivations or how it will promote your career aspirations or both. What are your goals (personal and/or professional) in completing this project? What learning outcomes (new skills and/or knowledge) do you expect to achieve?

After completing this edge project I hope to be a more cultured and open-minded individual. I know that traveling will help me accomplish this goal by seeing how other cultures live and help me realize the world is much bigger than little Cedar City, Utah and myself. I also hope to make new friends that I will hopefully keep in contact with even after I leave. Also, I think spending a semester abroad will help me become more independent. I am pretty terrified to go to another country by myself, but I know it will help me grow as a person. I am also very excited about the learning opportunities I will have in Denmark. I can't wait to learn from new teachers and new friends.

2. Timeline: In a bullet-point list, provide a step-by-step timeline for completion of your project. This timeline should list the specific dates by which you plan to complete each step leading up to the project, the project itself, and the completion of the project. If your project involves travel, be sure to include your dates of travel. Please also include the semester you plan to take UNIV 4925 EDGE Program Completion. List each step as a bullet point. Below is a sample timeline with some items you might need to include in your own timeline. *Please include as many details as possible about the steps you need to take to prepare and complete your project.*

- December 2015: Complete UNIV 3925
- November, 2015: Apply for visa
- November, 2015: Buy plane tickets
- December, 2015: Confirm housing
- February 1, 2016: Fly to Denmark
- ...
- June 10, 2016: Fly back to the U.S.
- Fall 2016: Complete UNIV 4925

3. Budget: In the table below, provide a detailed budget with a breakdown of (A) the costs associated with your project and (B) the financial resources available to you to complete the project. Add and delete rows to the table as necessary for your project. Column B must be \geq column A; that is, your total resources must be greater than or equal to your total costs. The table below includes a few sample costs and resources that you might need to include in your budget; however, you will probably have some expenses other than those listed. *Please include as many details as possible about specific costs you will incur and the sources of money you will use to pay for them.*

A. Estimated costs	B. Financial resources available
Passport/ Visa: \$190	Parent contribution: \$3,150
Airfare (round-trip): \$800	Personal savings: \$1,000
Housing (4 months): \$1,400	Student loan: \$NA
Food: \$800 Books: \$200 Transportation: \$160 Recreational: \$600	Scholarship: I'm applying for it with my application. So hopefully my parents don't have to contribute as much.
TOTAL costs: \$4,150	TOTAL resources: \$4,150

4. Positive & Negative Influences: In a bullet-point list, provide a description of the following items as they relate to your project:

A. Your personal strengths

- Adapt to change well
- Responsible
- Pretty independent
- Value education and travel
- Hard worker
- Motivated

B. Outside assets (things that might help you complete your project)

- Parent and family financial and emotional support
- Teachers and Counselors
- The Global Engagement Center

C. Your personal weaknesses

- Procrastinator
- Not super outgoing (Shy)

D. Outside threats (things that might hinder you from completing your project)

- Not getting my project approved
- Not getting my recommendations in on time
- Financial issues

5. Documentation: In a paragraph of 50-100 words, explain how you plan to document your project as you present your work in UNIV 4925 and beyond. Will you keep a blog? A written journal? Will you store photos on Flickr? On your EDGE project website?

As I stated earlier, I will keep a blog of pictures and my experiences while I am in Denmark. I will upload something new to it at least once a week. I will also take UNIV 4925 the semester after I get back and reflect on my experience further.

D. Plan B: In a paragraph of approximately 50 words, provide a description of your Plan B project, or your back-up plan, in case something keeps you from completing the project you are proposing here. Note: if you are unable to complete the project that is approved, you must submit another proposal, which must be approved before you begin your project.

I definitely want to do some sort of study abroad for my EDGE project, so my backup plan would be to do the Nutrition in Japan study abroad for a couple weeks in the summer. I know I would learn a lot in Japan just like I would in Denmark. The only downside is that it is only for a couple weeks, as oppose to a whole semester.