

# Academic and Career Development in Housing

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# EDGE PROJECT

## Project Summary

By utilizing my position and resources as a Resident Assistant in University Housing, I put on a series of four programs emphasizing to my residents the importance of thinking about their futures, both academic and career, sooner rather than later.

The four programs were: goal setting, time management, study habits, and learning styles. I put on one program every Thursday for four weeks and provided the program information in my hall to be accessed by all residents.

## Project Highlights

- A major highlight that I did not expect was the building of more rapport with my residents. In talking about their goals and their future hopes, I feel we all came to know each other better than before.
- This project also got me out of my comfort zone and pushed me in new ways as an RA. I feel my advertising has greatly improved and my interpersonal skills have made strides as well!

Also, this project is perfect to give me a small taste of being a teacher, which is my ultimate career goal. Although the subject wasn't history, I still had the opportunity to teach my residents and help them succeed.

## From My Journal

"The real benefit of these programs I have found is that I am developing a better relationship with those residents that have been coming to these extra programs every week. If only for that reason, this has been a great experience for me. This has definitely pushed my abilities as both a leader and specifically as an RA."



This picture was taken during the learning styles program, which was one of my favorites! My residents also really enjoyed this program, and are wearing their learning style necklaces proudly. It was a fun night!



My roommate was very excited about her goal sheet she made for the goal setting program. She stuck it on the fridge and has already begun to check things off of it! It's fun to see that it's having a lasting impact for her.