Learn to Board

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Outdoors Engagement

2013/Fall

EDGE PROJECT

Project Summary

During my project I taught two individuals how to snowboard. They started out knowing basically nothing about how to snowboard, so I taught them everything from sizing a board to going off jumps.

Brian Head Ski Resort was the resort that I taught them on. We started out small, on bunny hills, and eventually moved our way up to snow parks, and black diamond back country trails. The durations of the project took 6 weeks and was conducted over Christmas break, going to Brian Head every Saturday to teach the individuals.

Project Highlights

One of the best parts of my project was the fact that I got to be outside in the snow doing something I love to do. Knowing that it was helping other people learn to do something they enjoy and want to better themselves at is a great feeling.

At times it could become difficult because the two individuals learn at different paces and some techniques work well for one person but not for the other. However, in the end everyone was capable of riding down any hill on the mountain and going off smaller jumps.

One of my favorite highlights from my project was watching the individuals try to get off the ski lifts their first couple of times. It usually ended in them grabbing on to each other and everyone falling over. Then we would just sit there and laugh about it and try again until eventually they were able to get on and off the ski lifts with no problems.

From My Journal

"It was pretty funny to see everyone trying to jump and show off but it usually resulted in them falling down once they landed."

Colton learning to ride heel side down the mountain. He was switching stances between heel and toe side to better understand how to hold an edge and turn while riding.

Dylan practicing bunny hops down the mountain. He was riding and jumping off the ground to practice his landing, and to see how it feels to leave the ground while riding. This was to prepare him for going off of jumps.