

SQ3R Textbook Reading

Survey! Question! Read! Recite! Review!	
Before you read, <u>S</u>urvey the chapter:	- Title, headings, and subheadings. - Captions under pictures, charts, graphs, or maps. - Questions or teacher-made study guides. - Introductory and concluding paragraphs. - Summary.
<u>Q</u>uestion while you are surveying:	- Turn the title, headings, and/or subheadings into questions. - Read questions at the end of the chapters or after each subheading. - Ask yourself, "What did my instructor say about this chapter or subject when it was assigned?" - Ask yourself, "What do I already know about this subject?" Note: If it is helpful, write out these questions for consideration. This variation is called SQW3R.
When you begin to <u>R</u>ead:	- Look for answers to the questions you first raised, write them in your notes. - Answer questions at the beginning or end of chapters or study guides. - Reread captions under pictures, graphs, etc. and study graphic aids. - Note all the underlined, italicized, bold printed words or phrases. - Reduce your speed for difficult passages; reread parts that are unclear. - Read only a section at a time and recite after each section.
<u>R</u>ecite after you've read a section:	- Answer your questions orally. See if you can recall them from memory. - Summarize in your own words (orally) what you read. - The more senses you use the more likely you are to remember what you read. <u>Triple Strength Learning:</u> Seeing, saying, hearing <u>Quadruple Strength Learning:</u> Seeing, saying, hearing, writing!!!
<u>R</u>eview: an ongoing process:	- Rescan the reading selection and your notes. - Check your memory by reciting (again) the major points under each section. Do this from memory without looking at the text or your notes. - Periodically review the material depending on the difficulty and more often as an exam approaches.