



The Athletic Training Major is designed for those seeking a career as a Certified Athletic Trainer, and qualifies students to take the certification exam administered by the National Athletic Trainers Association Board of Certification. A student in athletic training will learn to apply knowledge of human anatomy, human physiology, exercise physiology, sport & exercise biomechanics, conditioning, strength training, nutrition and therapy in the prevention, evaluation, recognition, immediate care and rehabilitation of athletic injuries.



ALUMNI SPOTLIGHT



Name:

Rachael Butler

Graduated:

Southern Utah University
2005

Current Job:

Assistant Athletic Trainer
Adams State College

"I absolutely loved my time at SUU. I had great instructors in the athletic training program, and with such a variety of experiences in so many of the different sports, I really got a taste of "real world" athletic training. SUU was a great place to start my athletic training education!"

POINTS of DISTINCTION

- » 99 percent acceptance rate into graduate programs
- » Hands-on experience through discipline-specific service learning
- » High success rate on NATABC professional certification exam
- » Professionally qualified instructors with real world experience

POSSIBLE CAREERS

Career opportunities include work with athletic teams at all levels of competition, in sports medicine, clinical settings, or other allied health facilities and industries.

AVAILABLE RESOURCES

SUU's J.L. Sorenson Physical Education Building is one of the finest facilities of its type in the western United States. It houses a 50-meter Olympic-sized swimming pool, a fitness center, three basketball courts, an indoor track, a climbing wall, five racquetball courts, five "smart" classrooms and several specialized labs.

STUDENT INVOLVEMENT

- » SUU's athletic training program partners with Thunderbird Athletics to give students hands-on experience working with collegiate level athletes.
- » Ninety percent of the 2009 graduating class are working in the profession of Athletic Training or pursuing additional education.

CONTACT INFORMATION

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