



**T**he Master of Science Sports Conditioning and Performance degree is an innovative approach to meet the needs of coaches, physical educators, personal trainers, strength and conditioning coaches, physical therapists, athletic trainers and other fitness professionals. This degree can be completed on-line with 2 weeks of on-campus classes and training during the summer session.

## ALUMNI SPOTLIGHT



**Name:**  
Jennie J. McBride

**Graduated:**  
Southern Utah University  
2009

**Current Job:**  
Personal Coach

*"I loved that I was able to study online at my own convenience while still receiving individual help from professors via email, telephone or even in person. I am grateful that the professors in this program shared their years of experience, knowledge and expertise with me."*

## POINTS of DISTINCTION

- » One of very few programs world wide to emphasize sports conditioning
- » All courses taught by highly qualified and experienced terminaly-degreed faculty
- » Offers the convenience of an on-line course of study with only 2 weeks of required on-campus workshops
- » SUU's Sports Conditioning and Performance graduate program offers a curriculum that is unique among colleges and universities
- » SUU graduate students experience a 99 percent job placement rate

## POSSIBLE CAREERS

This degree prepares individuals to pass national certification programs in strength and conditioning, personal training, and other fitness/conditioning leadership programs. Coaches at public and private institutions will find this program particularly valuable, as it will not only increase their expertise, but enable them to advance to a higher pay scale.

## AVAILABLE RESOURCES

The Sorenson Physical Education Building is one of the finest facilities of its type in the western United States. It houses a 50-meter Olympic-sized swimming pool, a fitness center, three basketball courts, an indoor track, a climbing wall, five racquetball courts, five "smart" classrooms, and several specialized labs.

## STUDENT INVOLVEMENT

Two-weeks of on-campus classes and training during the summer session.

## CONTACT INFORMATION

**Department Name:** Department of Physical Education & Human Performance  
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